



COMMUNITY CALENDAR

Aug 20 – Aug 26, 2010

This week will be incredibly busy as all students make their way to Bloomington and get settled in the IU dorms or apartments in the area. The word of the week is “**patience**”. There will be long lines at the grocery, restaurants, big box stores like Walmart and Target and just about anywhere else you plan to go to in the area.

Also slowing you down in your travels will be the construction along the 45/46 bypass so be sure to allow extra time for travel to your appointments.

An alternate route that you may want to consider instead of traveling on 45/46 Bypass: Take N. Walnut Street to Glendora Drive (just past McDonald's), turn right on Glendora Drive, turn left on Dunn Street, right on Tamarack Trail (this will take you past Jill's House), follow Tamarack through Meadowood Retirement Center to MPRI.

Indianapolis Colts tickets - We have received tickets for the **Indianapolis Colts vs. Cincinnati Bengals game, Thursday, September 2, 7:00 pm**. These will be available to patients and their families.

If you would like to have your name included in a drawing for these tickets, please contact Nancy by **noon on Wednesday, August 25**. The winner of the drawing will be notified that afternoon and arrangements will be made to pick up the tickets.

Special event for all MPRI patients and their families - Potluck Dinner at Jill's House -

Wednesday, August 25, 5:00 pm - If you plan to attend, call 339-5455 to RSVP. Each person will be asked to contribute \$2 to cover the entrée (Pulled Pork Sandwiches from Smokin' Jacks), plus bring a side dish, salad, appetizer or dessert of your choice. For those who haven't had a chance to visit Jill's House, this would be a great time to see it and socialize with others. If you have questions, call Nancy at 349-2153.

Registered Dietician available to patients - The dietician was scheduled to begin regular office hours on August 20. Due to unforeseen circumstances, there will be a delay with this. If you would like to speak with the dietician, Melissa Mercer, you are welcome to call her at 812-353-5663.

MPRI Hats - Upon completion of treatment at MPRI, patients receive an MPRI hat with the signatures of staff members. We have had many requests from our guests to purchase additional MPRI hats that can be worn for every day use and these hats are now available to anyone interested. They are available at the Patient Resource Center for \$15 each and cash or checks, payable to MPRI, are accepted.

For incoming patients and their families - For information about the area, access to the YMCA, Monroe County Public Library, golf discounts, children's admission tickets to Wonderlab Science Museum and more, please take a moment to stop by. You are welcome to do your laundry, work on the computer or just sit and relax.

I am generally at the Patient Center from 8:00 - 5:00 Monday - Friday. Please take a moment to stop by. I look forward to meeting you and helping you during your stay in Bloomington.

Nancy Slough, Patient Concierge - 812-349-2153 or nslough@mpri.org

Activities at the Patient Resource Center:

The Patient Resource Center is available for use by all patients and their families. It is a relaxing environment that offers a very nice play space for children and great outdoor space. You are welcome anytime Monday - Friday between 8:00 - 5:00 pm.

Meet & Greet - Tuesdays, 4:00 - 5:15 pm, all patients and their families are invited to attend. This is an opportunity for sharing, socializing and supporting one another.

FRIDAY, August 20, 2010

BINGO – Moose Lodge, 1580 W. Bloomfield Road, 12:30 pm, open to the public.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

Indiana State Fair - for complete information, visit www.indianastatefair.com

Movies in the Park - “Raiders of the Lost Ark” (1981 - PG) - Bryan Park, 1100 S. Henderson, 9:00 pm, free. Bring a blanket and your cooler and enjoy the show.

Jeff Day’s Band ‘Someday’ - On the Terrace at Eagle Pointe Golf Resort, 2250 E Pointe Road, 9:00 pm, no cover charge.

“Toy Story 3” and “The Other Guys” - Starlite Drive-In Movie Theater, on 7630 S. Old 37, go to www.starlitebloomington.com for directions, adults \$7, kids 6 - 12 \$4, 5 and under free.

“Heartbreak Hotel - A Salute to Young Elvis” - RedBarn Jamboree, 71 Parkview Road, Nashville, 8:00 pm, \$10 - \$18, tickets at 888-71-tickets or www.RedBarnJamboree.com.

Brown County Bandstand! - Coachlight Musical Theater, 227 S. Van Buren, 7:00 pm. Tickets are \$18 adults, \$16 for 60 and up, \$10 for children 12 and are available online at www.coachlightmusicals.com.

Comedian, Jasper Redd- Comedy Attic, Fourth & Walnut, 8:00 and 10:30 pm, \$10.

“The Last Night of Ballyhoo” - Brown County Playhouse, 70 S. Van Buren Street, Nashville (about a half hour east on Highway 46), 8:00 pm, tickets \$22 at IU Auditorium Box Office at 1201 E. 7th Street or 812-855-1103. Atlanta, December 1939, Hitler has invaded Poland. But the biggest concern of the Freitag family is finding a socially suitable date for their daughter. This is a Tony-Award winning comedy.

Oliver Winery Concert Series, “Tunes on the Terrace” featuring Jenn Cristy - Oliver Winery, 8024 N. Hwy 37, doors open at 6:30 pm, concert at 7:30 pm, for tickets call 812-876-5800. For more information, visit www.oliverwinery.com/tunes.

Friday Night Races - Bloomington Speedway, 5185 S. Fairfax Road, Pit Gates Open 4:30 pm
Grandstands Open 5:30 pm Hot Laps 6:30 pm Racing 7:30 pm, admission \$12 – Pits \$25
Coolers allowed, but no glass! ~ Lawn Chairs Welcome

Dave Schwandt - Piano Jazz - Grazie! Italian Eatery, 106 W. Sixth Street, 6:00 pm. Spend an evening in the piano lounge and enjoy some great food.

SATURDAY, August 21, 2010

Bloomington Community Farmers' Market - City Hall, 401 N. Morton, 8:00 am - 12:00 pm. There will be musical entertainment from 9:00 - 12:30 pm, with fresh-from-the-farm products, perennial plants and more.

Bloomingfoods Saturday Market - Bloomingfoods East, 3220 E. 3rd, 8:00 - Noon.

Indianapolis Indians vs. Louisville Bats - Victory Field, downtown Indianapolis, 7:00 pm, tickets \$9 - \$14 adults and \$8 - \$13 children. For more information, visit www.indyindians.com.

Live Bear Cub Exhibit - Across from the entrance to McCormick's Creek State Park on Highway 46 west (about 12 miles), 9:00 - 6:00 pm, \$3. BJ the bear cub is a brown bear and his trainer is on site to answer your questions. The exhibit has a small swimming pool and some natural shade to keep BJ cool.

Indiana State Fair - for complete information, visit www.indianastatefair.com

Junk in the Trunk - Bryan Park, 1001 S. Henderson, 8:00 - Noon, free admission. Find everything you are looking for at the third annual Junk in the Trunk community rummage sale. Recycle, reuse, barter, or trade from this convenient one-location, multi-person sale.

Hoosier to Hoosier Community Sale - IU Memorial Stadium on E. 17th Street, 7:30 am - 3:00 pm, \$5 to get in as an "early bird", free after 9:00 am, this is a **cash only sale**. The sale is an effort to prevent nice, reusable items from ending up in the landfill, and to sell them to raise funds for local charities. All items have been donated by IU students during move-out, and include electronics, clothing, bookshelves, household items and more. Bands, food and lots of great deals.

Upland Brewing Company Tours - 350 W. 11th Street, 3:00 - 5:00 pm, free. Located just a few blocks north of the downtown square in Bloomington, we have been brewing beer here since 1998.

Touch a Truck - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 8:00 am, \$1 per person. For kids of all ages, come on over and check out the trucks, buses, motorcycles, limos, tractors and more.

"Toy Story 3" and "The Other Guys" - Starlite Drive-In Movie Theater, on 7630 S. Old 37, go to www.starlitebloomington.com for directions, adults \$7, kids 6 - 12 \$4, 5 and under free.

Comedian, Jasper Redd - Comedy Attic, Fourth & Walnut, 8:00 and 10:30 pm, \$10.

"Heartbreak Hotel - A Salute to Young Elvis" - RedBarn Jamboree, 71 Parkview Road, Nashville, 5:00 pm, \$10 - \$18, tickets at 888-71-tickets or www.RedBarnJamboree.com.

"Man in Black - The Music of Johnny Cash" - RedBarn Jamboree, 71 Parkview Road, Nashville, 8:00 pm, \$10 - \$18, tickets at 888-71-tickets or www.RedBarnJamboree.com.

"The Last Night of Ballyhoo" - Brown County Playhouse, 70 S. Van Buren Street, Nashville (about a half hour east on Highway 46), 3:00 and 8:00 pm, tickets \$22 at IU Auditorium Box Office at 1201 E. 7th Street or 812-855-1103. Atlanta, December 1939, Hitler has invaded Poland. But the biggest concern of the Freitag family is finding a socially suitable date for their daughter. This is a Tony-Award winning comedy.

Brown County Bandstand! - Coachlight Musical Theater, 227 S. Van Buren, 7:00 pm. Tickets are \$18 adults, \$16 for 60 and up, \$10 for children 12 and are available online at www.coachlightmusicals.com.

Dave Schwandt - Piano Jazz - Grazie! Italian Eatery, 106 W. Sixth Street, 6:00 pm. Spend an evening in the piano lounge and enjoy some great food.

Fiber Jewelry Workshop - Traditional Arts Building, 46 E. Gould Street, Nashville, 10:00 am, \$55, pre-register at 812-988-4519. Design and weave a unique necklace using fiber, beads and inspiration. No experience necessary.

SUNDAY, August 22, 2010

Faith-Based All Cancer Support Group - St. Paul Catholic Center, 1413 E. 17th Street, 3:00 pm. All denominations are welcome to attend this support group.

Performing Arts Series presents Jason Fickel and His Band - Bryan Park, 1001 S. Henderson, 6:30 - 8:00 pm, free, bring a blanket and enjoy the music.

“Toy Story 3” and “The Other Guys” - Starlite Drive-In Movie Theater, on 7630 S. Old 37, go to www.starlitebloomington.com for directions, adults \$7, kids 6 - 12 \$4, 5 and under free.

BINGO – American Legion, 1800 W. 3rd, 1:00 pm, open to the public

Live Bear Cub Exhibit - Across from the entrance to McCormick’s Creek State Park on Highway 46 west (about 12 miles), 9:00 - 6:00 pm, \$3. BJ the bear cub is a brown bear and his trainer is on site to answer your questions. The exhibit has a small swimming pool and some natural shade to keep BJ cool.

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Indianapolis Indians vs. Louisville Bats - Victory Field, downtown Indianapolis, 2:00 pm, tickets \$9 - \$14 adults and \$8 - \$13 children. For more information, visit www.indyindians.com.

Men’s Soccer - IU vs. Xavier - Armstrong Stadium, at the corner E. 17th and Fee Lane, turn onto the lane just north of the IU Pool, 7:30 pm, admission \$5.

Indiana State Fair - for complete information, visit www.indianastatefair.com

MONDAY, August 23, 2010

BINGO - Moose Lodge, 1580 W. Bloomfield Road, 6:30 pm, open to the public.

BINGO - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:00 pm, free.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

All Cancer Support Group - Olcott Center for Cancer Education, 619 W. First Street, 3:00 - 5:00 pm, open to all who have or have had a cancer diagnosis. For more information, call 812-353-5669.

Indianapolis Indians vs. Louisville Bats - Victory Field, downtown Indianapolis, 7:00 pm, tickets \$9 - \$14 adults and \$8 - \$13 children. For more information, visit www.indyindians.com.

“Cowboy Sweethearts” - Coachlight Musical Theater, 227 S. Van Buren, Nashville, 7:00 pm. Tickets are \$18 adults, \$16 for 60 and up, \$10 for children 12 and are available online at www.coachlightmusicals.com. This will be an evening of music and fun with the darlings of the Nashville Sound. The ladies of Coachlight take on the music and lives of Brenda Lee, Loretta Lynn and Patsy Cline for a great evening of music you'll be singing all the way home!

TUESDAY, August 24, 2010

Meet & Greet for all patients and their families - MPRI Patient Resource Center, 4:00 - 5:30 pm. This is an opportunity to get to know others who are receiving treatment, ask questions, and share experiences.

BINGO – American Legion, 1800 W. 3rd, 7:00 pm, open to the public, food available for purchase.

Tuesday Lunch Concert Series featuring Kid Kazooey & The Ballroom Roustabouts (story singing, dance music for young and young at heart) - People's Park, corner of Dunn and E. Kirkwood, 11:30 pm, free and open to the public, bring your lunch!

Tuesday Farmer's Market - Bloomingfoods West, 316 W. 6th, 4:00 - 7:00 pm. Musical guest is Cathi Norton, singer/songwriter.

All Cancer Support Group - Olcott Center for Cancer Education, 619 W. First Street, 6:30 - 8:30, free and open to anyone with a cancer diagnosis or their family members. This event will also include a speaker.

Tuesday Tales - Monroe County Public Library, 303 E. Kirkwood, 10:00 am, free, no registration needed. Drop in for a mixed bag of stories, songs, finger plays and more, geared toward preschool and early school age children.

Crafty Creations - Monroe County Public Library, 303 E. Kirkwood, 10:45 am, free, no registration needed. Use your hands! Use your eyes! Join us after Tuesday Tales for a special crafting experience. Dress to mess! These activities need the active participation of caregivers with children, so come prepared to learn and create with your child.

“The Ancient Art of Bamboo Brush Painting” - Venue Fine Art & Gifts, 114 S. Grant, 5:30 pm, free and open to the public. A demonstration of Sumi-E, Japanese bamboo brush painting by artist and educator Mary Connors.

WEDNESDAY, August 25, 2010

Potluck at Jill's House for all MPRI patients and their families - Jill's House, 751 E. Tamarack Trail, 5:00, please RSVP at 339-5455, \$2 per person to cover the entrée (pulled pork sandwiches), please bring a side dish, appetizer or dessert to share.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

Living With Cancer Support Group - First United Methodist Church, 219 E. Fourth Street, 7:00 - 8:00 pm. “We welcome the opportunity to help one another as we walk this journey together.”

Wednesday Farmer's Market - Bloomingfoods East, 3220 E. 3rd Street, 7:00 - Noon.

Wine-down Wednesdays with Guitarist Jeff Foster - Scenic View Restaurant, five miles south of E. Third Street on Ind. 446, 6:00 pm, come on out and enjoy dinner or appetizers, great music and an awesome view of Lake Monroe.

Just Around the Corner Film Series - "Paper Moon" (1973) - Monroe County Public Library, 303 E. Kirkwood, 6:30 pm, free, no registration needed. This film stars Ryan O'Neal, Tatum O'Neal and Madeline Kahn.

"The Last Night of Ballyhoo" - Brown County Playhouse, 70 S. Van Buren Street, Nashville (about a half hour east on Highway 46), 8:00 pm, tickets \$22 at IU Auditorium Box Office at 1201 E. 7th Street or 812-855-1103. Atlanta, December 1939, Hitler has invaded Poland. But the biggest concern of the Freitag family is finding a socially suitable date for their daughter. This is a Tony-Award winning comedy.

Kirkwood Observatory Public Open House - Located at the edge of campus between the woods and where Indiana Avenue meets 4th Street, 9:30 - 11:00 pm, free. This facility houses a 0.3 meter (12 inch) refracting telescope which is staffed for free public viewing each Wednesday.

Storyhour Extravaganza: Dog Days - Monroe County Public Library, 303 E. Kirkwood, 9:30 am, free, to register, call 349-3100. Stories, songs, films and more on the dog days of summer theme.

THURSDAY, August 26, 2010

BINGO – Eagles Lodge, 3100 S. Walnut Street, doors open at 5:30 pm. Open to the public, food will be available for purchase.

CultureFest - IU Auditorium and Fine Arts Plaza, 1100 E. 7th Street, 4:30 - 7:30 pm. CultureFest is an exciting and enriching celebration of the cultural diversity represented at IU. There will be live music, great food, salsa lessons, henna tattoos, and more in this celebration. Non-students may purchase tickets for food for a small cost. After CultureFest, to cap off the evening, the IU Art Museum will be open for a free "After Party" with coffee, chocolate and music.

Brown County Bandstand! - Coachlight Musical Theater, 227 S. Van Buren, 7:00 pm. Tickets are \$18 adults, \$16 for 60 and up, \$10 for children 12 and are available online at www.coachlightmusicals.com.

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Indianapolis Indians vs. Toledo Mud Hens - Victory Field, downtown Indianapolis, 7:00 pm, tickets \$9 - \$14 adults and \$8 - \$13 children. For more information, visit www.indyindians.com.

COMING SOON

Proton Therapy System (PTS) Tour (formerly called the IU Cyclotron Tour) - Sunday, September 19, 10:00 - Noon. To RSVP for this tour, contact Nancy at 812-349-2153. The tour is open to patients and staff and their families and friends. Participants must be at least 13 years of age, may not be pregnant or require the use of a pacemaker. This is not an accessible tour and comfortable, close-toed shoes are required

MPRI Patient Tour of the IU Basketball and Football Facilities - Thursday, September 9, 1:00 - 3:00 pm. This tour is free and is open to all MPRI patients and their families. Please RSVP to Nancy at 349-2153.

Hoosiers Outrun Cancer - MPRI will have a team participating in this event to be held on Saturday, September 18, 10:00 am, \$25 per entry (children under 6 are free). This is the 11th year for this event which is the major fundraising event supporting the Olcott Center for Cancer Education, which offers free massages to those undergoing treatment, a resource library and many other cancer-related services. Events include a 5K run, 5K walk, 1 mile kid's run and a 1 mile family walk. If you would like to support the Olcott Center without actually participating in one of the events, you can register as a "Spirit Runner". Everyone is invited to join in. To register and be a part of the MPRI team, go to www.hoosiersoutruncancer.org. The deadline to join the MPRI team is September 11. Call Nancy if you have questions.

4th Street Festival - Labor Day weekend - This is an annual event that draws many to the Bloomington area for one of the top rated festivals in the country, www.4thstreet.org.

FREE TICKETS - Free tickets are available to MPRI patients and their families for the IU sporting events listed below. The deadline for requesting tickets is two days prior to the event. Call Nancy to submit your request for tickets.

9/3/10 - Women's Volleyball vs. Arkansas State, 7:00 pm

9/3/10 - Men's Soccer vs. Univ. of California, 7:30 pm

9/4/10 - Women's Volleyball vs. Illinois State and N. Carolina State, Noon & 7:30 pm

9/5/10 - Men's Soccer vs. UCLA

IU Football tickets are also available at reduced costs. See Nancy to order tickets. The deadline for ordering tickets for the 9/2/10 game is Tuesday, August 31.

9/2/10 - Towson - \$15

9/25/10 - Akron - \$15

10/2/10 - Michigan - \$20

10/16/10 - Arkansas State - \$15

10/30/10 - Northwestern - \$20

11/6/10 - Iowa - \$20

THINGS TO DO

French Lick located about an hour and 15 minutes south of Bloomington has a wide variety of activities for all ages. The French Lick Resort and Casino is nearby along with the West Baden Hotel. This hotel was once dubbed the "Eighth Wonder of the World" because of its unique architecture. It has been completely restored and is a must-see if you are in the area. There is also the French Lick Scenic Railway with trains taking you on a 20-mile round trip through parts of the Hoosier National Forest, through a 2200 foot tunnel and past other points of interest. This would make a nice day-trip.

Local Movie Theaters - The price for all movies, all day, any time Monday through Thursday (except for holidays) is \$5. On weekends (Friday, Saturday and Sunday and some holidays) before noon, you will also be able to see \$5 movies at most theaters.

AMC Bloomington 12 - 2929 W. Third Street - www.amcentertainment.com/bloomington12

AMC Bloomington 11 - 1351 S. College Mall Road - www.amcentertainment.com/bloomington11

Bluespring Caverns - Located about 40 minutes south of Bloomington in Bedford, IN - Tour guides pilot custom tour boats along the course of a subterranean river for over a mile, pointing out native rare blind fish and crayfish in their natural setting and explaining the natural forces that are yet at work creating great chambers below the rolling hills. For more information, visit www.bluespringcaverns.com.

The Farmhouse Café & Tea Room - Highway 46 East to Nashville, 135 North about 5 miles to Bean Blossom, turn right on Gatesville Road (go 3 miles), turn left on Bean Blossom Road, Café is on right. Open for lunch every day from 11:00 - 4:00, dinner Tuesday - Saturday, 5:00 - 8:00 pm. Homemade soups, sandwiches, fresh salads, fruit salads, scrumptious desserts, flavored iced teas, fruit fizzes, kiwi & mango coolers, sassafras tea, iced creamy mochas, homemade cheesecake, strawberry shortcake, steaks, chops and salmon and chicken. Check us out! It's worth the drive.

IU Football Practice Sessions - Most practice sessions are open to the public. Practices take place at the IU Memorial Football Stadium at 1001 E. 17th Street. Stop by the Patient Resource Center for a schedule of practices.

RESTAURANT REVIEW

The following restaurants have been visited by our guests and received a rating according to a "balloon rating system" (per the prostate patients who attend Meet & Greet). The rankings are 1 - 5 balloons, with 5 being the best.

- Five Guys - 1199 S. College Mall Road - Five Guys serves burgers, hot dogs, grilled cheese, veggie sandwiches and French fries. The restaurant uses only freshly ground beef and all items are available with an extensive list of toppings, which are added free of charge. The menu can be viewed at www.fiveguys.com/menu.aspx - **5 balloons**
- The Overlook - Leavenworth, IN - Positioned uniquely on a bluff, the Overlook Restaurant offers a 20 mile panoramic vista of the Ohio River - **5 balloons**
- The Farmhouse Café & Tea Room - Bean Blossom in Brown County - **5 balloons**
Highway 46 East to Nashville, 135 North about 5 miles to Bean Blossom, turn right on Gatesville Road (go 3 miles), turn left on Bean Blossom Road, Café is on right.
Open for lunch every day from 11:00 - 4:00, dinner Tuesday - Saturday, 5:00 - 8:00 pm.
Homemade soups, sandwiches, fresh salads, fruit salads, scrumptious desserts, flavored iced teas, fruit fizzes, kiwi & mango coolers, sassafras tea, iced creamy mochas, homemade cheesecake, strawberry shortcake, steaks, chops and salmon and chicken. Check us out! It's worth the drive.
- Smokin' Jacks Rib Shack - 505 W. 17th - **4.5 balloons**
- Hobnob Restaurant - 17 W. Main Street, Nashville - **4.5 balloons**
- Smokin' Jacks Rib Shack - 505 W. 17th Street - **4 balloons**
- Siam House - 430 E. 4th Street - **4 balloons**
- Bobbie's Pub & Grill - 101 W. Kirkwood - **4 balloons**
- Scenic View Restaurant - 4600 S. St. Rd. 446 - **3.5 balloons**
- Basil Leaf - 404 E. 4th - **3.5 balloons**
- Anatolia - 405 E. 4th - **3.5 balloons**

Others that were mentioned but did not receive a rating are:

- Lennies - 1795 E. 10th
- Sweet Grass - 405 W. Patterson Drive
- Soups On - 108 S. Rogers
- Irish Lion - 212 W. Kirkwood
- FarmBloomington - 108 E. Kirkwood
- Eagle Pointe/Talons Restaurant - 2250 E. Pointe Road - 812-824-4040 for menu options.

Enjoy casual dining seven days a week in the clubhouse. Menu items include appetizers, soups, salads, sandwiches, wraps, pizza, pasta and full dinner entrees.