

The following restaurants have been visited by our guests and received a rating according to a “balloon rating system” (per the prostate patients who attend Meet & Greet). The rankings are 1 - 5 balloons, with 5 being the best. The highlighted restaurants are new this week or have additional information.

Restaurant Review

- The Overlook - Leavenworth, IN - Positioned uniquely on a bluff, the Overlook Restaurant offers a 20 mile panoramic vista of the Ohio River - **5 balloons**
- The Farmhouse Café & Tea Room - Bean Blossom in Brown County - **5 balloons**
Highway 46 East to Nashville, 135 North about 5 miles to Bean Blossom, turn right on Gatesville Road (go 3 miles), turn left on Bean Blossom Road, Café is on right.
Open for lunch every day from 11:00 - 4:00, dinner Tuesday - Saturday, 5:00 - 8:00 pm.
Homemade soups, sandwiches, fresh salads, fruit salads, scrumptious desserts, flavored iced teas, fruit fizzes, kiwi & mango coolers, sassafras tea, iced creamy mochas, homemade cheesecake, strawberry shortcake, steaks, chops and salmon and chicken. Check us out! It's worth the drive.
- Hobnob Restaurant - 17 W. Main Street, Nashville - **4.5 balloons**
- Smokin' Jacks Rib Shack - 505 W. 17th Street - **4 balloons**
- Siam House - 430 E. 4th Street - **4 balloons**
- Bobbie's Pub & Grill - 101 W. Kirkwood - **4 balloons**
- Scenic View Restaurant - 4600 S. St. Rd. 446 - **3.5 balloons**
- Vietnam Bistro - 404 E. 4th - **3.5 balloons**
- Anatolia - 405 E. 4th - **3.5 balloons**

Others that were mentioned but did not receive a rating are:

- Lennies - 1795 E. 10th
- Soups On - 108 S. Rogers
- Irish Lion - 212 W. Kirkwood
- FarmBloomington - 108 E. Kirkwood
- Eagle Pointe/Talons Restaurant - 2250 E. Pointe Road - 812-824-4040 for menu options.
Enjoy casual dining seven days a week in the clubhouse. Menu items include appetizers, soups, salads, sandwiches, wraps, pizza, pasta and full dinner entrees.
Daily specials include:
 - Monday - AYCE Taco Bar - \$7.95
 - Tuesday - Chef's Pasta Station - \$7.95
 - Wednesday - AYCE Fried Chicken - \$7.95
 - Thursday - Half rack of ribs - \$9.95
 - Friday - Prime Rib - \$19.95
 - Saturday - Chef's Special - price varies
 - Sunday - Signature Sandwiches - \$6

Here's a brand new option: Five Guys Burgers
1199 S. College Mall Road

Five Guys serves burgers, hot dogs, grilled cheese, veggie sandwiches and French fries. The restaurant uses only freshly ground beef and all items are available with an extensive list of toppings, which are added free of charge. The menu can be viewed at www.fiveguys.com/menu.aspx.

If you'd like to add your favorites to this list, please contact Nancy at 349-2153.

The Coachlight Musical Theater in Nashville also comes highly recommended from several guests who have attended their shows. The Coachlight offers a variety of shows that are guaranteed to please all audiences. For more information, visit www.coachlightmusicals.com.

MPRI Hats - Upon completion of treatment at MPRI, patients receive an MPRI hat with the signatures of staff members. We have had many requests from our guests to purchase additional MPRI hats that can be worn for every day use and these hats are now available to anyone interested. They are available at the Patient Resource Center for \$15 each and cash or checks, payable to MPRI, are accepted.

For incoming patients and their families - For information about the area, access to the YMCA, Monroe County Public Library, golf discounts, children's admission tickets to Wonderlab Science Museum and more, please take a moment to stop by.

The Patient Resource Center has much to offer to patients and their families. We have a nice play area for children with lots of toys, games, Wii and Wii fit, along with DVD's and books that can be checked out. We also have a computer/printer and a washer and dryer available for your use.

I am generally at the Patient Center from 8:00 - 5:00 Monday - Friday. Please take a moment to stop by. I look forward to meeting you and helping you during your stay in Bloomington.

Nancy Slough, Patient Concierge - 812-349-2153 or nslough@mpri.org

Activities at the Patient Resource Center:

The Patient Resource Center is available for use by all patients and their families. It is a relaxing environment that offers a very nice play space for children and great outdoor space. You are welcome anytime Monday - Friday between 8:00 - 5:00 pm.

Meet & Greet - Tuesdays, 4:00 - 5:15 pm, all patients and their families are invited to attend. This is an opportunity for sharing, socializing and supporting one another. **Our speaker this week will be MPRI's newest physician, Dr. Buchsbaum.**

Massages - Wednesdays, 11:00 - 1:00 pm - Massage therapist, Karen Marshall will be here. To schedule a massage, call Nancy at 349-2153.

Monthly Nutrition Group - Wednesday, August 4, 1:00 - 2:00 pm - Registered Dietician, Melissa Mercer will be here to share information about nutrition and issues related to treatment. She will also address your individual concerns about side effects you may be experiencing. Melissa is also available for one-on-one consultation. You can reach her at 812-353-5663.

FRIDAY, July 30, 2010

BINGO – Moose Lodge, 1580 W. Bloomfield Road, 12:30 pm, open to the public.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

Friday Film, “The Little Mermaid” - Monroe County Public Library, 303 E. Kirkwood, 2:00 pm, free, no registration required.

Doctoral Recital, Cello - IU Ford-Crawford Hall in the Simon Building at Third and Jordan, 5:00 pm, free and open to the public.

Doctoral Recital, Voice - IU Recital Hall, 1201 E. 3rd, 5:00 pm, free and open to the public.

Dave Schwandt, Piano - Grazie! Italian Eatery, 106 W. Sixth Street, beginning at 6:00 pm, spend and evening in the piano lounge with Dave.

A Breath of Fresh Indiana Air - Venue Fine Art & Gifts, 114 S. Grant, 6:00 pm, open to the public. Meet distinguished Indiana artist, Jeanne McLeish at this art reception. Jeanne’s vibrant paintings exhibit Indiana landscapes.

Jazz in July - Jazz Fables Jazz Quartet - IU Art Museum, 1100 E. 7th Street, 5:30 pm, free, family-friendly. The IU Art Museum is celebrating their annual Jazz in July summer concert series. Seating is limited so come early. The concerts are held on the outdoor Sculpture Terrace on the second floor of the museum. While there, you can also visit the Gallery of Art of the Western World on the first floor.

Musician, Jesse Brown - On the Terrace at Eagle Pointe Golf Resort, 2250 E Pointe Road, 9:00 pm, no cover charge.

Monroe County Fair - Carnival Bargain Day (all rides \$1.50) - Monroe County Fairgrounds, 5700 W. Airport Road, for a complete listing of activities, visit www.monroecountyfairgrounds.org.

Dave Schwandt, Piano - Grazie! Italian Eatery, 106 W. Sixth, 6:00 pm, spend an evening in the piano lounge.

Wine Dinner at Story - The Story Inn, 6404 St. Rd. 135, Nashville, 7:00 pm, \$75 per person, reservations required, call 800-881-1183 or visit www.storyinn.com. The dinners are four to five courses each paired with a wine selection to highlight a region, winemaker or special occasion. Because this is a dinner and not a tasting we do recommend planning ahead to stay in our overnight accommodations or designating a driver. Dinners are limited to 30 guests so be sure to call for your reservation! The cost is \$75 a person, which includes dinner, wine, tax and gratuity.

“Despicable Me” and “Grown Ups” - Starlite Drive-In Movie Theater, on 7630 S. Old 37, go to www.starlitebloomington.com for directions, adults \$7, kids 6 - 12 \$4, 5 and under free.

The Dixie Bee-Liners with the Not Too Bad Bluegrass Band - Buskirk-Chumley Theater, 114 E. Kirkwood, 8:00 pm, \$15 general admission. These are two great local bands who have done quite a bit of touring.

Bloomington Community Band - Third Street Park, 331 S. Washington, 7:00 pm, free, bring a picnic and a blanket for the performance.

“Heartbreak Hotel - A Salute to Young Elvis” - RedBarn Jamboree, 71 Parkview Road, Nashville, 8:00 pm, \$10 - \$18, tickets at 888-71-tickets or www.RedBarnJamboree.com.

“Cowboy Sweethearts” - Coachlight Musical Theater, 227 S. Van Buren, Nashville, 7:00 pm. Tickets are \$18 adults, \$16 for 60 and up, \$10 for children 12 and are available online at www.coachlightmusicals.com. It will be an evening of music and fun with the darlings of the Nashville Sound. The ladies of Coachlight take on the music and lives of Brenda Lee, Loretta Lynn and Patsy Cline for a great evening of music you'll be singing all the way home!

“The Man Who Came to Dinner” - Shawnee Theatre, located just south of Bloomfield, IN about a 45 minute drive from Bloomington, 8:00 pm, adults \$16, children \$8, for tickets and directions call 812-384-3559 or visit www.shawneetheatre.org. This is an action-packed mystery. Also, a great place to grab a bite to eat in Bloomfield is the Pepperoni Grill located on the north side of the downtown square. This is the last production of the summer for this theater.

“The Nerd” - Brown County Playhouse, 70 S. Van Buren Street, Nashville (about a half hour east on Highway 46), 8:00 pm, tickets \$22 at IU Auditorium Box Office at 1201 E. 7th Street or 812-855-1103. This inventive, side-splitting comedy (set in Terre Haute, IN) centers on the hilarious dilemma of a young architect who is visited by a hopelessly inept “nerd” he’s never met before - but who happened to save his life.

Comedian, Mike MacRae - Comedy Attic, Fourth & Walnut, 8:00 and 10:30 pm, \$10.

SATURDAY, July 31, 2010

Bloomington Community Farmers’ Market - City Hall, 401 N. Morton, 8:00 am - 12:00 pm. There will be musical entertainment from 9:00 - 12:30 pm, with fresh-from-the-farm products, perennial plants and more.

Bloomingfoods Saturday Market - Bloomingfoods East, 3220 E. 3rd, 8:00 - Noon.

Solo Guitar Music - Melody Music, 402 W. Sixth, 2:00 pm, free. Erol Ozsever presents music from Spain and Latin America.

White Iron Band - Upland Brewing Company, 350 W. 11th Street, 5:00 pm, \$5. The Upland Brewing Company has a nice variety of food and brew.

Monroe County Fair - Carnival Dollar Day (all rides \$1.00) - Monroe County Fairgrounds, 5700 W. Airport Road, for a complete listing of activities, visit www.monroecountyfairgrounds.org.

White River Jet Boat Rides - Lost River Jet Boats, on Highway 46 West across from McCormick’s Creek State Park, go 1 mile down Old River Road, 11:00 - 2:00 pm, \$30, kids under age 11 free with adult. The boat ride will last one hour with a ride up the White River.

Live Bear Cub Exhibit - Across from the entrance to McCormick’s Creek State Park on Highway 46 west (about 12 miles), 9:00 - 6:00 pm, \$3. BJ the bear cub is a brown bear and his trainer is on site to answer your questions. The exhibit has a small swimming pool and some natural shade to keep BJ cool.

“Tumbleweed - a Rootin’ Tootin’ Spoof of the Old West” - Coachlight Musical Theater, 227 S. Van Buren, Nashville, 7:00 pm. Tickets are \$18 adults, \$16 for 60 and up, \$10 for children 12 and are available online at www.coachlightmusicals.com. During this fast-paced and fun show, you’ll meet the good (and not so good) folks of Tumbleweed, Arizona. Enjoy a night of rootin’-tootin’ romance, comedy and song!

Upland Brewing Company Tours - 350 W. 11th Street, 3:00 - 5:00 pm, free. Located just a few blocks north of the downtown square in Bloomington, we have been brewing beer here since 1998.

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“Despicable Me” and “Grown Ups” - Starlite Drive-In Movie Theater, on 7630 S. Old 37, go to www.starlitebloomington.com for directions, adults \$7, kids 6 - 12 \$4, 5 and under free.

“The Man Who Came to Dinner” - Shawnee Theatre, located just south of Bloomfield, IN about a 45 minute drive from Bloomington, 8:00 pm, adults \$16, children \$8, for tickets and directions call 812-384-3559 or visit www.shawneetheatre.org. This is an action-packed mystery. You can also grab a bite to eat at the Pepperoni Grill located on the north side of the downtown square in Bloomfield. This is the last production of the summer for this theater.

Summer Bounty Vegan Cooking - Bloomington Cooking School, 115 N. College, 11:00 - 1:00 pm, \$45, register at www.bloomingtoncookingschool.com. Chef Goodman focuses on healthy cooking by proving that vegan is more than a fad. This time focusing on Thai cuisine, he’ll bring his culinary skills and true passion for healthy cooking to our kitchen to help you create a Thai lunch that will excite your palate. As always, come hungry!

“Heartbreak Hotel - A Salute to Young Elvis” - RedBarn Jamboree, 71 Parkview Road, Nashville, 5:00 pm, \$10 - \$18, tickets at 888-71-tickets or www.RedBarnJamboree.com.

“Man in Black - The Music of Johnny Cash” - RedBarn Jamboree, 71 Parkview Road, Nashville, 8:00 pm, \$10 - \$18, tickets at 888-71-tickets or www.RedBarnJamboree.com.

Master Recital, Piano - IU Auer Hall in the Simon Building at Third and Jordan, 2:00 pm, free and open to the public.

Senior Recital, Voice - IU Recital Hall, 1201 E. Third, 7:00 pm, free and open to the public.

Comedian, Mike MacRae - Comedy Attic, Fourth & Walnut, 8:00 and 10:30 pm, \$10.

Sculpture Trails Outdoor Museum and the Old Tobacco Barn - Sculpture Trails Outdoor Museum located in the rolling hills of Solsberry, Indiana is dedicated to bringing fine art and art education to the community in a non-intimidating, natural environment and through various hands on workshops.

Even if you are not an avid art enthusiast, the natural trails offer something beautiful for everyone to discover. We hope you enjoy yourself on the trails and come away with an understanding of the importance of art in the community and an appreciation of how art contributes to our culture. For more information and directions, visit www.sculpturetrails.com. This is a very unique attraction and a great way to enjoy a weekend afternoon.

Biggest Block Party Ever! - Columbus (about an hour east on Highway 46) on Washington Street between 3rd and 4th Streets, 5:30 - midnight, admission \$6. This is a fundraiser for the Arts Council with two stages, eight bands, kids’ activities, downtown restaurants with special menus, beer and wine.

SUNDAY, August 1, 2010

Faith-Based All Cancer Support Group - St. Paul Catholic Center, 1413 E. 17th Street, 3:00 pm. All denominations are welcome to attend this support group.

Performing Arts Series presents Krista Deter - Bryan Park, 1001 S. Henderson, 6:30 - 8:00 pm, free, bring a blanket and enjoy the music. Krista is well-known for her jaw-dropping folk music.

Bruster's Ice Cream celebrates Customer Appreciation Day - Bruster's is located at 4531 E. Third and on the west side at 350 S. Liberty Drive. Throughout the day, a **free** second scoop on any cone or sundae will be offered. Yummy!

"Despicable Me" and "Grown Ups" - Starlite Drive-In Movie Theater, on 7630 S. Old 37, go to www.starlitebloomington.com for directions, adults \$7, kids 6 - 12 \$4, 5 and under free.

"The Man Who Came to Dinner" - Shawnee Theatre, located just south of Bloomfield, IN about a 45 minute drive from Bloomington, 2:00 pm, adults \$16, children \$8, for tickets and directions call 812-384-3559 or visit www.shawneetheatre.org. This is an action-packed mystery. Also a great place to eat in Bloomfield is the Pepperoni Grill located on the north side of the downtown square. This is the last show of the summer for this theater.

BINGO – American Legion, 1800 W. 3rd, 1:00 pm, open to the public

Live Bear Cub Exhibit - Across from the entrance to McCormick's Creek State Park on Highway 46 west (about 12 miles), 9:00 - 6:00 pm, \$3. BJ the bear cub is a brown bear and his trainer is on site to answer your questions. The exhibit has a small swimming pool and some natural shade to keep BJ cool.

"The Nerd" - Brown County Playhouse, 70 S. Van Buren Street, Nashville (about a half hour east on Highway 46), 3:00 pm, tickets \$22 at IU Auditorium Box Office at 1201 E. 7th Street or 812-855-1103. This inventive, side-splitting comedy (set in Terre Haute, IN) centers on the hilarious dilemma of a young architect who is visited by a hopelessly inept "nerd" he's never met before - but who happened to save his life.

MONDAY, August 2, 2010

BINGO - Moose Lodge, 1580 W. Bloomfield Road, 6:30 pm, open to the public.

BINGO - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:00 pm, free.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

All Cancer Support Group - Olcott Center for Cancer Education, 619 W. First Street, 3:00 - 5:00 pm, open to all who have or have had a cancer diagnosis. For more information, call 812-353-5669.

Performer Diploma Recital - Trombone - IU Auer Hall in the Simon Building at the corner of Third and Jordan, 8:00 pm, free and open to the public.

TUESDAY, August 3, 2010

Meet & Greet for all patients and their families - MPRI Patient Resource Center, 4:00 - 5:30 pm. This is an opportunity to get to know others who are receiving treatment, ask questions, and share experiences. **This week's guest speaker will be MPRI's newest physician, Dr. Buchsbaum.**

BINGO – American Legion, 1800 W. 3rd, 7:00 pm, open to the public, food available for purchase.

Tuesday Lunch Concert Series featuring Bobbie Lancaster (original singer/songwriter) - People's Park, corner of Dunn and E. Kirkwood, 11:30 pm, free and open to the public, bring your lunch!

Tuesday Farmer's Market - Bloomingfoods West, 316 W. 6th, 4:00 - 7:00 pm.

All Cancer Support Group - Olcott Center for Cancer Education, 619 W. First Street, 6:30 - 8:30, free and open to anyone with a cancer diagnosis or their family members. This event will also include a speaker.

Tuesday Tales - Monroe County Public Library, 303 E. Kirkwood, 10:00 am, free, no registration needed. Drop in for a mixed bag of stories, songs, finger plays and more, geared toward preschool and early school age children.

Crafty Creations - Monroe County Public Library, 303 E. Kirkwood, 10:45 am, free, no registration needed. Use your hands! Use your eyes! Join us after Tuesday Tales for a special crafting experience. Dress to mess! These activities need the active participation of caregivers with children, so come prepared to learn and create with your child.

Library Carnival - Monroe County Public Library, 303 E. Kirkwood, 6:00 pm, free, for children 2 - 12 and their families. Play games! Win prizes! Have fun and celebrate the end of an extraordinary summer.

Duct Tape Mania - Monroe County Public Library, 303 E. Kirkwood, 1:00 pm and 4:00 pm, free. Make a wallet, belt or cell phone/mp3 player case using only colored duct tape and permanent markers - fast and fun!

The Art of Poetry - Venue Fine Art & Gifts, 114 S. Grant, 5:30 pm, free. This will be an evening of poetry readings by local artists.

Performer Diploma Recital - Violin - IU Ford-Crawford Hall in the Simon Building at the corner of East Third and Jordan, 8:30 pm, free and open to the public.

WEDNESDAY, August 4, 2010

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

Living With Cancer Support Group - First United Methodist Church, 219 E. Fourth Street, 7:00 - 8:00 pm. "We welcome the opportunity to help one another as we walk this journey together."

Wednesday Farmer's Market - Bloomingfoods East, 3220 E. 3rd Street, 7:00 - Noon.

Wine-down Wednesdays with Guitarist Jeff Foster - Scenic View Restaurant, five miles south of E. Third Street on Ind. 446, 6:00 pm, come on out and enjoy dinner or appetizers, great music and an awesome view of Lake Monroe.

Just Around the Corner Film Series - "Gold Diggers of 1933" - Monroe County Public Library, 303 E. Kirkwood, 6:30 pm, free, no registration needed.

"The Nerd" - Brown County Playhouse, 70 S. Van Buren Street, Nashville (about a half hour east on Highway 46), 8:00 pm, tickets \$22 at IU Auditorium Box Office at 1201 E. 7th Street or 812-855-1103. This inventive, side-splitting comedy (set in Terre Haute, IN) centers on the hilarious dilemma of a young architect who is visited by a hopelessly inept "nerd" he's never met before - but who happened to save his life.

Teen Game Night - Monroe County Public Library, 303 E. Kirkwood, 6:00 pm, no registration needed.

Classical Guitar Recital by George McCarter - Unitarian Universalist Church, 2120 N. Fee Lane, 7:00 pm, free and open to the public.

THURSDAY, August 5, 2010

BINGO – Eagles Lodge, 3100 S. Walnut Street, doors open at 5:30 pm. Open to the public, food will be available for purchase.

Summer Music Festival - Festival Orchestra - IU Musical Arts Center, near the corner of E. Third and Jordan, 8:00 pm,

“Cowboy Sweethearts” - Coachlight Musical Theater, 227 S. Van Buren, Nashville, 7:00 pm. Tickets are \$18 adults, \$16 for 60 and up, \$10 for children 12 and are available online at www.coachlightmusicals.com. It will be an evening of music and fun with the darlings of the Nashville Sound. The ladies of Coachlight take on the music and lives of Brenda Lee, Loretta Lynn and Patsy Cline for a great evening of music you'll be singing all the way home!

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Jazz in July presents - Bill Lancton Coalition - IU Art Museum, 1133 E. 7th Street, 6:30 pm, free. This is the 20th anniversary of the annual Jazz in July summer concert series. These family-friendly concerts feature some of the hottest jazz talent in the Midwest. Be sure to visit the Gallery of Art of the Western World, on the museum’s first floor, during the special evening hours of 5:00 - 8:00 pm each Friday in July.

Tart Class - Bloomington Cooking School, 115 N. College, 6:00 - 8:00 pm, \$45, register at www.bloomingtoncookingschool.com. Learn to make elegant, easy tarts starting with a simple crust, and a few basic techniques and tricks of the trade. Chef O’Neill can show you how to put together an elegant tart for any occasion. If you have a tart pan, bring it along with you so you can take one home to the family.

COMING SOON

IU Cyclotron Tour - Sunday, August 8, 10:00 - Noon. Reservations are closed for this tour. Watch the calendar for upcoming tour dates.

Indiana State Fair - Indianapolis, August 6 - 15, for more information, visit www.in.gov/statefair/fair.

2010 USA/ASA Girls Class A 12 and under Fast Pitch National Softball Tournament - August 2 - 7. This is a great spectator sport and there will be games taking place each day and evening at three area sports parks. The parks are:

- Twin Lakes Sports Park - 1700 W. Bloomfield Road
- Winslow Sports Park - 2800 S. Highland Avenue
- Lower Cascades Park - 2851 N. Old State Road 37

Drum Corps International World Championship - Lucas Oil Stadium, Indianapolis, August 12 - 14, for tickets and information, visit www.dci.org.

THINGS TO DO

2010 IU Summer Music Festival - June 19 - August 10, more than 50 events beginning June 19, for a complete list of events and ticket information, visit www.music.indiana.edu/summer.

Sight-seeing tours - A Van About Town - www.CustomVanTours.com, 812-339-0052 - The tours are small (1 - 5 people), private, interactive, educational and fun! Check it out!

Visit French Lick - Located about a half and a half south of Bloomington, this quaint little town has lots of things to see and do.

You can climb aboard the French Lick Scenic Railway and ride in authentic railcars. This is a 20-mile round trip through parts of the Hoosier National Forest, past basketball legend Larry Bird's boyhood home, through a 2200 foot tunnel and more.

Big Splash Adventure is an indoor water park that is great for families and kids. There's also indoor go-karts close by.

A trip to French Lick would be incomplete without a stroll through the French Lick Resort hotel and casino and the West Baden Springs Hotel. The West Baden Springs Hotel is anything but ordinary—it is an extraordinary experience. You will be captivated once you step foot inside this National Historic Landmark (NHL) built in 1902. With its one-of-a-kind domed atrium spanning 200 feet, it has been called the "Eighth Wonder of the World." Rooms rise in six tiers around the dome, and balcony rooms provide a panoramic view of the atrium. Self-guided tours are available anytime.

You should also plan to visit the French Lick Winery, which also houses The Vintage Café and a gift shop. The Vintage Café offers pizza, spaghetti, and a selection of raviolis. This is a great weekend trip.

Sock Factory Tours - *For Bare Feet*, located just north of Nashville on State Highway 135 North - Tours take place Monday - Friday, 10:00 and 1:00 pm, adults \$6, children \$4 and includes a pair of socks, reservations needed, call 800-669-0674, ext. 8371.

Zaharakos Ice Cream Parlor and Museum - 329 Washington Street, Columbus, IN, about an hour's drive east on Highway 46. This shop underwent nearly two years of renovation to restore it back to its early 1900 elegance. The soda fountain came from the 1904 World's Fair and features two Mexican onyx soda fountains. There is also a 1908 Welte orchestrion, a rare self-playing organ. This instrument has been completely restored. A nostalgic menu includes ice cream parlor treats, lunch and dinner items, sandwiches and more. To check out photos, visit www.zaharakos.com.

RESOURCES

Monroe County Visitor's Center - 2855 N. Walnut Street - The visitor's center is a great place to learn more about Bloomington and Indiana. You'll find a wide variety of information about attractions and activities around the state. If you are looking for a specific activity or weekend destination, check out the Visitor's Center.

Olcott Center for Cancer Education - 619 W. First Street, open 8:00 - 5:00 pm, Monday - Friday, 353-5669. The Olcott Center has a large lending library of materials available on all types of cancer, diet and nutrition, medical terminology, inspirational testimonials, as well as literature for children with cancer or for dealing with a parent's diagnosis. Don't forget -- the Olcott Center offers **two free massages to anyone undergoing treatment**. To schedule, call 353-5669.

YMCA W.I.S.E Program - Working Out to Increase Strength and Endurance - this program is designed specifically for those who are undergoing treatment for cancer. The cost is just \$15 per month and includes a wide variety of class times, making it very convenient for MPRI patients. Before each class, participants are weighed in; have their resting EKG, heart rate, and blood pressure taken. The session begins with group stretching and moves into an individual aerobic session. Participants may swim, walk, jog, bicycle, row or use the weight room equipment depending on the individual prescription written by the Exercise Specialist or Nurse at the YMCA and approved by the Medical Directors. The sessions end with a slower paced cool-down. Spouses or other interested family members are encouraged to participate with you. For more information, contact Margie Kobow at the YMCA at 812-322-5555, ext. 221.

AREA WALKING/BIKING TRAILS

Bloomington Rail Trail - This gravel trail is located on West Country Club Drive between S. Rogers and S. Walnut Street. The trail is 2.0 miles long and connects to the Clear Creek Trail. This trail is not accessible.

Clear Creek Trail - This is a paved trail with trailheads located off Tapp Road, That Road and Church Lane. The southernmost part of the trail features the historic Harris Ford Bridge from Warren County. This trail and the parking lots are accessible. The Clear Creek Trail is 2.4 miles long.

Latimer Woods Trail - This trail is located on the east side of Bloomington at 3200 E. Buick Cadillac Blvd. A .4-mile interpretive trail describing the area and its history is located on the 10-acre property. The trail can be accessed down the dirt road toward the woods. The trail surface is woodchips and is not accessible.

Winslow Trail - This natural trail winds through the Winslow Sports Complex grounds and is .9 miles long. This trail is not accessible.

Twin Lakes Trail - This trail is located at 2350 W. Bloomfield Road (2nd Street). This is a wood chip and natural trail and is .7 miles long. This trail is not accessible.

Karst Farm Park Trails - There are three trails located at this park at 2450 S. Endwright Road. There is a paved walking path that is .3 miles long. There is also a woodchip walking trail that is approximately 1 mile long. A woodchip nature trail is also available and is approximately .5 miles long. The paved path is accessible, the trails are not.