

There are many restaurants and eateries in Bloomington with a wide variety of international options available. After a discussion at the Meet & Greet session last Tuesday about the many choices, we decided to do a “restaurant review” so people could share their experiences about dining out in the Bloomington area. Now since the group was made up of prostate patients, they decided to use the “balloon rating system” (prostate patients will fully understand this). A **5 balloon rating** is the best. So here are the restaurants that were mentioned last week along with their rating.

Restaurant Review

- The Overlook - Leavenworth, IN - Positioned uniquely on a bluff, the Overlook Restaurant offers a 20 mile panoramic vista of the Ohio River - **5 balloons**
- The Farmhouse Café & Tea Room - Bean Blossom in Brown County - **5 balloons**
- Hobnob Restaurant - 17 W. Main Street, Nashville - **4.5 balloons**
- Smokin’ Jacks Rib Shack - 505 W. 17th Street - **4 balloons**
- Siam House - 430 E. 4th Street - **4 balloons**
- Bobbie’s Pub & Grill - 101 W. Kirkwood - **4 balloons**
- Scenic View Restaurant - 4600 S. St. Rd. 446 - **3.5 balloons**
- Vietnam Bistro - 404 E. 4th - **3.5 balloons**
- Anatolia - 405 E. 4th - **3.5 balloons**

Others that were mentioned but did not receive a rating are:

- Lennies - 1795 E. 10th
- Soups On - 108 S. Rogers
- Irish Lion - 212 W. Kirkwood
- FarmBloomington - 108 E. Kirkwood
- Eagle Pointe Restaurant - 2250 E. Pointe Road - Monday - Friday all you can eat, \$8 per person - Call 812-824-4040 for the daily menu

If you’d like to add your favorites to this list, please contact Nancy at 349-2153.

MPRI Hats - Upon completion of treatment at MPRI, patients receive an MPRI hat with the signatures of staff members. We have had many requests from our guests to purchase additional MPRI hats that they can wear for every day use. These hats are now available to anyone interested. They are available at the Patient Resource Center for \$15 each and cash or checks, payable to MPRI, are accepted.

For incoming patients and their families - For information about the area, access to the YMCA, Monroe County Public Library, golf options, children’s admission tickets to Wonderlab Science Museum and more, please stop by the Patient Resource Center. I am generally in the office from 8:00 - 5:00 Monday - Friday. I look forward to meeting you and helping you during your stay in Bloomington.

Nancy Slough, Patient Concierge - 812-349-2153 or nslough@mpri.org

Activities at the Patient Resource Center:

The Patient Resource Center is available for use by all patients and their families. It is a relaxing environment that offers a very nice play space for children and great outdoor space. You are welcome anytime Monday - Friday between 8:00 - 5:00 pm.

Meet & Greet - Tuesdays, 4:00 - 5:15 pm, all patients and their families are invited to attend. This is an opportunity for sharing, socializing and supporting one another. **Our speaker this week will be Medical Dosimetrist, Dawn Wallace.**

Massages - Wednesdays, 11:00 - 1:00 pm - Massage therapist, Karen Marshall will be here. To schedule a massage, call Nancy at 349-2153.

Need assistance with nutrition, diet, problematic symptoms from treatment that affect eating? - **Registered Dietician, Melissa Mercer** is available to all patients to assist with issues related to treatment. If you have questions, need some suggestion or would like to schedule a time to meet with Melissa individually, please feel free to contact her at 812-353-5663. Melissa is also available at the monthly **Nutrition Group**, held on the first Wednesday of each month from 1:00 - 2:00 pm.

Head & Neck Support Group - Thursdays, 3:00 - 4:30 pm - all patients and their families are invited to attend. This is an opportunity to share with others who are receiving similar treatment.

FRIDAY, July 23, 2010

BINGO – Moose Lodge, 1580 W. Bloomfield Road, 12:30 pm, open to the public.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

Friday Film, “Waterhorse” - Monroe County Public Library, 303 E. Kirkwood, 2:00 pm, free, no registration required.

Jazz in July - Jazz Fables Jazz Quartet - IU Art Museum, 1100 E. 7th Street, 5:30 pm, free, family-friendly. The IU Art Museum is celebrating their annual Jazz in July summer concern series. This is the kick-off event of the series. Seating is limited so come early. The concerts are held on the outdoor Sculpture Terrace on the second floor of the museum. While there, you can also visit the Gallery of Art of the Western World on the first floor.

“Compass Rose” - musical group- On the Terrace at Eagle Pointe Golf Resort, 2250 E Pointe Road, 9:00 pm, no cover charge.

Tunes on the Terrace featuring “The Woomblies” - Oliver Winery, 8024 N. Highway 37, 7:30 - 10:30 pm, \$15 - \$25, call 812-876-5800 for tickets.

“Platinum Girls” - Coachlight Musical Theater, 227 S. Van Buren, 7:00 pm. Tickets are \$18 adults, \$16 for 60 and up, \$10 for children 12 and are available online at www.coachlightmusicals.com. Who says you can't go back again? When three ladies “of a certain age” decide to relive their glory days in the spotlight, nothing's going to stop them! A riotously funny show filled with the great upbeat pop and girl group music from the 1960s, like Brenda Lee, Loretta Lynn and Patsy Cline. You'll be singing all the way home!

Doctoral Recital, Voice - IU Ford-Crawford Hall in the Simon Building at 3rd and Jordan, 5:00 pm, free and open to the public.

Dave Schwandt, Piano - Grazie! Italian Eatery, 106 W. Sixth, 6:00 pm, spend an evening in the piano lounge.

Summer Music Festival: Summer Percussion Ensemble - IU Auer Hall in the Simon Building at Third and Jordan, 7:00 pm, free.

“Sorcerer’s Apprentice” and “Grown Ups” - Starlite Drive-In Movie Theater, on 7630 S. Old 37, go to www.starlitebloomington.com for directions, adults \$7, kids 6 - 12 \$4, 5 and under free.

Comedian, Heywood Banks - The Comedy Attic, 4th and Walnut, 8:00 and 10:30 pm, \$20. All ages are welcome at this show.

Racing at Bloomington Speedway along with the 25th annual aerial fireworks show - 5185 S. Fairfax Road, gates open 5:30 pm, Hot Laps at 6:30 pm and Racing starts at 7:30 pm. General admission is \$12 adults, children 12 and under free with adult.

Musician Elmo Taylor (acoustic/electric blues) - Third Street Park, 331 S. Washington, 7:00 pm, free, bring a picnic and a blanket for these performances.

“Sherlock Holmes: The Final Adventure” - Shawnee Theatre, located just south of Bloomfield, IN about a 45 minute drive from Bloomington, 8:00 pm, adults \$16, children \$8, for tickets and directions call 812-384-3559 or visit www.shawneetheatre.org. This is an action-packed mystery. Also a great place to eat in Bloomfield is the Pepperoni Grill located on the north side of the downtown square.

“Heartbreak Hotel - A Salute to Young Elvis” - RedBarn Jamboree, 71 Parkview Road, Nashville, 8:00 pm, \$10 - \$18, tickets at 888-71-tickets or www.RedBarnJamboree.com.

“The Nerd” - Brown County Playhouse, 70 S. Van Buren Street, Nashville (about a half hour east on Highway 46), 8:00 pm, tickets \$22 at IU Auditorium Box Office at 1201 E. 7th Street or 812-855-1103. This inventive, side-splitting comedy (set in Terre Haute, IN) centers on the hilarious dilemma of a young architect who is visited by a hopelessly inept “nerd” he’s never met before - but who happened to save his life.

“Once Upon a Mattress” - Buskirk-Chumley Theater, 114 E. Kirkwood, 7:00 pm, \$12 - \$15, for tickets call 812-323-3020 or visit www.buskirkchumley.org. This retelling of Hans Christian Andersen’s classic story, “The Princess and the Pea”, comes from Bloomington’s Youth Theater.

SATURDAY, July 24, 2010

Bloomington Community Farmers’ Market - City Hall, 401 N. Morton, 8:00 am - 12:00 pm. There will be musical entertainment from 9:00 - 12:30 pm, with fresh-from-the-farm products, perennial plants and more.

Bloomingfoods Saturday Market - Bloomingfoods East, 3220 E. 3rd, 8:00 - Noon.

Melody Music Shop presents Kevin Crafton - Melody Music Shop, 401 W. Sixth, 1:00 pm, free and open to the public. Bring a blanket, pack a picnic and enjoy the sounds of singer-songwriter Keven Crafton on the garden deck.

Second Annual AmVets Fish Fry - The Gathering, 5227 W. Airport Road, 4:00 - 10:00 pm. Bring your own lawn chair or blanket.

Comedian, Heywood Banks - The Comedy Attic, 4th and Walnut, 8:00 and 10:30 pm, \$20. All ages are welcome at this show.

Roller Derby - Frank Southern Ice Arena, 1964 S. Henderson, 7:00 pm, \$15 adult, kids 6 - 12 \$5, under 6 free. The Bloomington Bleeding Heartland Code Blue Assassins take on the G-Rap Attack from Cedar Rapids, MI.

“Once Upon a Mattress” - Buskirk-Chumley Theater, 114 E. Kirkwood, 3:00 pm, \$12 - \$15, for tickets call 812-323-3020 or visit www.buskirkchumley.org. This retelling of Hans Christian Andersen’s classic story, “The Princess and the Pea”, comes from Bloomington’s Youth Theater.

“Tumbleweed - a Rootin’ Tootin’ Spoof of the Old West” - Coachlight Musical Theater, 227 S. Van Buren, 7:00 pm. Tickets are \$18 adults, \$16 for 60 and up, \$10 for children 12 and are available online at www.coachlightmusicals.com. During this fast-paced and fun show, you’ll meet the good (and not so good) folks of Tumbleweed, Arizona. Enjoy a night of rootin’-tootin’ romance, comedy and song!

“The Nerd” - Brown County Playhouse, 70 S. Van Buren Street, Nashville (about a half hour east on Highway 46), 8:00 pm, tickets \$22 at IU Auditorium Box Office at 1201 E. 7th Street or 812-855-1103. This inventive, side-splitting comedy (set in Terre Haute, IN) centers on the hilarious dilemma of a young architect who is visited by a hopelessly inept “nerd” he’s never met before - but who happened to save his life.

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“Sorcerer’s Apprentice” and “Grown Ups” - Starlite Drive-In Movie Theater, on 7630 S. Old 37, go to www.starlitebloomington.com for directions, adults \$7, kids 6 - 12 \$4, 5 and under free.

Upland Brewing Company Tour - 350 W. 11th Street, 3:00 - 5:00 pm, free. Located just a few blocks north of the downtown square in Bloomington, we have been brewing beer here since 1998.

“Heartbreak Hotel - A Salute to Young Elvis” - RedBarn Jamboree, 71 Parkview Road, Nashville, 5:00 pm, \$10 - \$18, tickets at 888-71-tickets or www.RedBarnJamboree.com.

“Man in Black - The Music of Johnny Cash” - RedBarn Jamboree, 71 Parkview Road, Nashville, 8:00 pm, \$10 - \$18, tickets at 888-71-tickets or www.RedBarnJamboree.com.

Live Bear Cub Exhibit - Across from the entrance to McCormick’s Creek State Park on Highway 46 west (about 12 miles), 9:00 - 6:00 pm, \$3. BJ the bear cub is a brown bear and his trainer is on site to answer your questions. The exhibit has a small swimming pool and some natural shade to keep BJ cool.

Monroe County Fair - Monroe County Fairgrounds, 5700 W. Airport Road, for a list of today’s events, visit www.monroecountyfairgrounds.org.

Sculpture Trails Outdoor Museum and the Old Tobacco Barn - Sculpture Trails Outdoor Museum located in the rolling hills of Solsberry, Indiana is dedicated to bringing fine art and art education to the community in a non-intimidating, natural environment and through various hands on workshops.

Even if you are not an avid art enthusiast, the natural trails offer something beautiful for everyone to discover. We hope you enjoy yourself on the trails and come away with an understanding of the importance of art in the community and an appreciation of how art contributes to our culture. For more information and directions, visit www.sculpturetrails.com.

18th Annual Silk Road Festival - IU Wilkie Auditorium, 150 N. Rose Avenue, 6:30 pm. The Silk Road is the famous route traveled by Marco Polo and many others. The music and culture Bayram, or festival, is organized by the IU Inner Asian and Uralic National Resource Center. The event will feature exhibits, music and dance performances, lectures and a fashion show celebrating the traditions, people and lands along the Silk Road. This includes Afghanistan, China, Iran, Iraq, Tibet and more.

SUNDAY, July 25, 2010

Faith-Based All Cancer Support Group - St. Paul Catholic Center, 1413 E. 17th Street, 3:00 pm. All denominations are welcome to attend this support group.

Performing Arts Series presents The Tides (wacky Caribbean) - Bryan Park, 1001 S. Henderson Street, 6:30 - 8:00 pm, free. Bring a blanket, sit in the park and relax as you listen to area musicians.

BINGO – American Legion, 1800 W. 3rd, 1:00 pm, open to the public

“Sorcerer’s Apprentice” and “Grown Ups” - Starlite Drive-In Movie Theater, on 7630 S. Old 37, go to www.starlitebloomington.com for directions, adults \$7, kids 6 - 12 \$4, 5 and under free.

Live Bear Cub Exhibit - Across from the entrance to McCormick’s Creek State Park on Highway 46 west (about 12 miles), 9:00 - 6:00 pm, \$3. BJ the bear cub is a brown bear and his trainer is on site to answer your questions. The exhibit has a small swimming pool and some natural shade to keep BJ cool.

Monroe County Fair Family Day - Monroe County Fairgrounds, 5700 W. Airport Road, for a complete listing of activities, visit www.monroecountyfairgrounds.org.

Sangria Sunday - Stone Cutters Coffee, 3297 Covenanter Drive, 4:00 pm. Enjoy some Sangria while listening to guitarist, Jeff Foster.

Summer Music Festival: CAP Faculty Recital - IU Auer Hall in the Simon Building at Third and Jordan, 7:00 pm.

MONDAY, July 26, 2010

BINGO - Moose Lodge, 1580 W. Bloomfield Road, 6:30 pm, open to the public.

BINGO - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:00 pm, free.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

All Cancer Support Group - Olcott Center for Cancer Education, 619 W. First Street, 3:00 - 5:00 pm, open to all who have or have had a cancer diagnosis. For more information, call 812-353-5669.

Monroe County Fair - Monroe County Fairgrounds, 5700 W. Airport Road, for a complete listing of activities, visit www.monroecountyfairgrounds.org. Monday is Armband Day, which allows you to ride all rides after 4:00 pm for \$7 per person.

TUESDAY, July 27, 2010

Meet & Greet for all patients and their families - MPRI Patient Resource Center, 4:00 - 5:30 pm. This is an opportunity to get to know others who are receiving treatment, ask questions, and share experiences. **Guest speaker will be Dawn Wallace, MPRI Medical Dosimetrist.**

BINGO – American Legion, 1800 W. 3rd, 7:00 pm, open to the public, food available for purchase.

Tuesday Lunch Concert Series featuring Steve Sobiech (world guitar and Chapman Stick)

- People's Park, corner of Dunn and E. Kirkwood, 11:30 pm, free and open to the public, bring your lunch!

Tuesday Farmer's Market - Bloomingfoods West, 316 W. 6th, 4:00 - 7:00 pm, musical guests are David Wierhake and Co. (Zydeco/blues accordion and acoustic Americana).

Indianapolis Indians vs. Syracuse Chiefs - Victory Field in downtown Indianapolis, 7:00 pm, tickets \$9 - \$14 adults and \$8 - \$13 children. For more information, visit www.indyindians.com.

Art & Song at the Venue - Venue Fine Art & Gifts, 114 S. Grant, 6:00 pm, free and open to the public. This is an old fashioned Art Hootenanny, with art provided by the Venue and songs lead by local favorite Sarah Flint.

All Cancer Support Group - Olcott Center for Cancer Education, 619 W. First Street, 6:30 - 8:30, free and open to anyone with a cancer diagnosis or their family members. This event will also include a speaker.

Tuesday Tales - Monroe County Public Library, 303 E. Kirkwood, 10:00 am, free, no registration needed. Drop in for a mixed bag of stories, songs, finger plays and more, geared toward preschool and early school age children.

Crafty Creations - Monroe County Public Library, 303 E. Kirkwood, 10:45 am, free, no registration needed. Use your hands! Use your eyes! Join us after Tuesday Tales for a special crafting experience. Dress to mess! These activities need the active participation of caregivers with children, so come prepared to learn and create with your child.

Beyond the Side Salad - Inner Chef, 105 N. College, 5:30 pm, \$15, space limited to 6 inner chefs per session, register at 812-323-8671. Professional Chef Matt of FARMbloomington will join us to show you some fun and tasty salads. From the lettuces up to the dressing with flavors from Matt's garden and around the world, Matt will show you how to toss your salad with a twist.

Monroe County Fair - Monroe County Fairgrounds, 5700 W. Airport Road, for a complete listing of today's activities, visit www.monroecountyfairgrounds.org. This is Kids Day with all rides taking only one ticket (\$1.50 each).

WEDNESDAY, July 28, 2010

Monroe County Fair - Monroe County Fairgrounds, 5700 W. Airport Road, for a listing of today's activities, visit www.monroecountyfairgrounds.org. This is Senior Citizen Day at the fair with special activities taking place between 10:00 am - 2:00 pm.

Summer Music Festival Chorus and Symphony Orchestra - IU Auer Hall in the Simon Building at Third and Jordan, 8:00 pm, free.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

Indianapolis Indians vs. Syracuse Chiefs - Victory Field in downtown Indianapolis, 7:00 pm, tickets \$9 - \$14 adults and \$8 - \$13 children. For more information, visit www.indyindians.com.

Living With Cancer Support Group - First United Methodist Church, 219 E. Fourth Street, 7:00 - 8:00 pm. "We welcome the opportunity to help one another as we walk this journey together."

Wednesday Farmer's Market - Bloomingfoods East, 3220 E. 3rd Street, 7:00 - Noon.

Wine-down Wednesdays with Guitarist Jeff Foster - Scenic View Restaurant, five miles south of E. Third Street on Ind. 446, 6:00 pm, come on out and enjoy dinner or appetizers and some great music.

Smooth E - Inner Chef, 105 N. College, 5:30 pm, \$15 per inner chef with a limit of 6 per session, register at 812-323-8671. With summer upon us we're all looking for a way to cool down. Inner Chef Chase will draw on his years of coffee shop experience to show you some rockin' smoothies. Chase will share his version of a popular name brand frappe, as well as delving into the world of pureed fruit smoothies. Vegan options will be available.

"The Nerd" - Brown County Playhouse, 70 S. Van Buren Street, Nashville (about a half hour east on Highway 46), 8:00 pm, tickets \$22 at IU Auditorium Box Office at 1201 E. 7th Street or 812-855-1103. This inventive, side-splitting comedy (set in Terre Haute, IN) centers on the hilarious dilemma of a young architect who is visited by a hopelessly inept "nerd" he's never met before - but who happened to save his life.

THURSDAY, July 29, 2010

Support group for MPRI head/neck patients & their families - Patient Resource Center, 3:00 - 4:30 pm, if you would like additional information, please call Nancy at 349-2153.

Monroe County Fair - Monroe County Fairgrounds, 5700 W. Airport Road, for a listing of today's activities, visit www.monroecountyfairgrounds.org.

BINGO - Eagles Lodge, 3100 S. Walnut Street, doors open at 5:30 pm. Open to the public, food will be available for purchase.

"Platinum Girls" - Coachlight Musical Theater, 227 S. Van Buren, 7:00 pm. Tickets are \$18 adults, \$16 for 60 and up, \$10 for children 12 and are available online at www.coachlightmusicals.com. Who says you can't go back again? When three ladies "of a certain age" decide to relive their glory days in the spotlight, nothing's going to stop them! A riotously funny show filled with the great upbeat pop and girl group music from the 1960s, like Brenda Lee, Loretta Lynn and Patsy Cline. You'll be singing all the way home!

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COMING SOON

IU Cyclotron Tour - Next scheduled tour is August 8, 10:00 - noon. Those who are pregnant or require the use of a pacemaker are not eligible to participate and you must be at least 13 years of age to go on the tour. There are only a few slots remaining for this tour. **To RSVP, call Nancy at 349-2153.**

Indiana State Fair - Indianapolis, August 6 - 15, for more information, visit www.in.gov/statefair/fair.

2010 USA/ASA Girls Class A 12 and under Fast Pitch National Softball Tournament - August 2 - 7. This is a great spectator sport and there will be games taking place each day and evening at three area sports parks. Watch the calendar for more information.

THINGS TO DO

2010 IU Summer Music Festival - June 19 - August 10, more than 50 events beginning June 19, for a complete list of events and ticket information, visit www.music.indiana.edu/summer.

Local Movie Theaters - The price for all movies, all day, any time Monday through Thursday (except for holidays) is \$5. On weekends (Friday, Saturday and Sunday and some holidays) before noon, you will also be able to see \$5 movies at most theaters.

AMC Bloomington 12 - 2929 W. Third Street - www.amcentertainment.com/bloomington12

AMC Bloomington 11 - 1351 S. College Mall Road - www.amcentertainment.com/bloomington11

Latest Glaze - 1301 S. College Mall Road next to Hobby Lobby - this is a paint your own pottery activity.

Karst Farm Park Splash Pad - Karst Farm Park, 5200 W. Airport Road (off Highway 45 West), free and open to the public Friday through Monday. The Splash Pad features water cannons, squirty flowers and other features that are sure to cool off visitors. Great fun for everyone!

Sock Factory Tours - *For Bare Feet*, located just north of Nashville on State Highway 135 North - Tours take place Monday - Friday, 10:00 and 1:00 pm, adults \$6, children \$4 and includes a pair of socks, reservations needed, call 800-669-0674, ext. 8371.

RESOURCES

Monroe County Visitor's Center - 2855 N. Walnut Street - The visitor's center is a great place to learn more about Bloomington and Indiana. You'll find a wide variety of information about attractions and activities around the state. If you are looking for a specific activity or weekend destination, check out the Visitor's Center.

YMCA W.I.S.E Program - Working Out to Increase Strength and Endurance - this program is designed specifically for those who are undergoing treatment for cancer. The cost is just \$15 per month and includes a wide variety of class times, making it very convenient for MPRI patients. Before each class, participants are weighed in; have their resting EKG, heart rate, and blood pressure taken. The session begins with group stretching and moves into an individual aerobic session. Participants may swim, walk, jog, bicycle, row or use the weight room equipment depending on the individual prescription written by the Exercise Specialist or Nurse at the YMCA and approved by the Medical Directors. The sessions end with a slower paced cool-down. Spouses or other interested family members are encouraged to participate with you. For more information, contact Margie Kobow at the YMCA at 812-322-5555, ext. 221.

