



# COMMUNITY CALENDAR

## May 14 - May 20, 2010

### ANNOUNCEMENTS

During the coming week, you may see some new faces at MPRI. Several of our physicians will be attending the annual international meeting of the Particle Therapy Co-Operative Group (PT-COG). All proton centers from around the world are represented at this meeting. The following physicians will be attending at MPRI in their absence:

Dr. John Marvel and Dr. Newell Pugh - Both are radiation oncologists currently working in Indianapolis with the Cancer Care Group, the largest practicing group of radiation oncologists in Indiana.

Dr. James Morphis - Dr. Morphis is a radiation oncologist who has been on the IU School of Medicine faculty since 1980, has filled in temporarily at MPRI in the past and is currently retired.

Our MPRI physician team will be back to their regular schedules the week of May 24.

I've received some requests recently from patients and their families regarding activities. Some great ideas came out of our discussions, but it was decided that more feedback was needed to determine the interest level.

Many families have been attending the Sherwood Oaks Christian Church Wednesday dinner. It's a great opportunity to socialize and network with other MPRI families and really get to know one another and enjoy a meal together. Those attending have looked forward to the dinners each week and thoroughly enjoyed the great company. However, the church does not provide the meals during the summer months.

It has been suggested that we hold a **potluck meal** once or twice a month at the Patient Resource Center. The center has a complete kitchen, an outdoor grill, patio furniture and a really nice set up for socializing. Each family would bring a dish to share with the group. It would strictly be a social gathering and an opportunity to relax and share a meal.

If this is something that you would be interested in attending, please let me know. If there is enough interest, I'll work out the details and get it scheduled.

I was also approached about the possibility of having a weekly meeting specifically for head and neck patients. This would allow for conversation, sharing, and support along with connections to others with similar circumstances.

**The support group for head and neck patients has been scheduled for Thursdays, 3:00 - 4:30 beginning May 20.** It will be facilitated by a current patient and there will be no speaker scheduled. It will be a casual meeting with an opportunity to socialize and gather support from your peers. If you would like more information, please contact Nancy at 349-2153.

*Nancy Slough, Patient Concierge - 812-349-2153 or [nslough@mpri.org](mailto:nslough@mpri.org)*

## **Activities at the Patient Resource Center:**

The Patient Resource Center is available for use by all patients and their families. It is a relaxing environment that offers a very nice play space for children and great outdoor space. The Center is a great place to gather information about the area. You are welcome anytime Monday - Friday between 8:00 - 5:00 pm.

**Meet & Greet - Tuesdays, 4:00 - 5:15 pm**, all patients and their families are invited to attend. This is an opportunity for sharing, socializing and supporting one another. **Our speaker this week will be Phil Thompson, former MPRI patient, Director of HoosiersCare and retired employee of IU Cyclotron.**

**Massages - Wednesdays, 11:00 - 1:00 pm**, by appointment. **Karen Marshall, Massage Therapist**, comes to the Patient Resource Center and offers massages from 15 minutes to an hour long. Reduced rates from \$10 - \$40. To schedule an appointment for Wednesday, March 3, call Nancy at 349-2153.

**Head & Neck Support Group - Thursdays, 3:00 - 4:30 pm** - all patients and their families are invited to attend. This will be an opportunity to share with others who are receiving similar treatment.

**Nutrition Group - First Wednesday of each month** - Join other MPRI patients and family members for discussion and ideas for maintaining a healthy nutritional balance during treatment. **Registered Dietician, Melissa Mercer** facilitates the discussion. If you have questions for Melissa anytime during your treatment, you are welcome to contact her at 353-5663. Melissa is available to meet with you individually or consult with you over the phone.

## **FRIDAY, May 14, 2010**

**BINGO** – Moose Lodge, 1580 W. Bloomfield Road, 12:30 pm, open to the public.

**Robert Stright/Ron Kadish Duo** - Malibu Grill, 106 N. Walnut, 6:00 pm. This duo plays and sings jazz standards.

**Euchre** - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

**Opening Art Exhibit** - Venue Fine Art & Gifts, 114 S. Grant, 6:00 pm, free and open to the public. The paintings of Charles E. Barnes (1915 - 2005) will be exhibited. Barnes studied art at the Herron Art Institute and exhibited his work at The National Gallery, the Chicago Art Institute and many other venues. His works include many abstract paintings and some impressionism.

**“How To Train Your Dragon” and “Iron Man 2”** - Starlite Drive-In Movie Theater, on S. Old 37, go to [www.starlitebloomington.com](http://www.starlitebloomington.com) for directions, adults \$7, kids \$4, 6 and under free.

**Comedian, Bob Biggerstaff** - The Comedy Attic, 4th and Walnut, 8:00 and 10:30 pm, \$15.

**Sprint Car Races** - Bloomington Speedway, 5185 S. Fairfax Road, gates open 5:30 pm, Hot Laps at 6:30 pm and Racing starts at 7:30 pm. General admission is \$15.

**“Little Shop of Horrors”** - Cardinal Stage Company, located at The Waldron, 122 S. Walnut Street, 7:30 pm, tickets available Sunrise Box Office, 114 E. Kirkwood, adults \$21.50 - 24.50, children \$12. This is a romantic musical comedy with bite!

**Sounds of South Spring Concert** - Bloomington South High School, 1965 S. Walnut Street, 7:00 pm, \$5 admission. The Sounds of South is this high school's show choir.

**Free Family Night at the SRSC** - IU Student Recreational Sports Center, 101 Law Lane, 7:00 - 9:00 pm, free. This is an evening of fun the whole family can participate in together. Activities include the toddler discovery room, open basketball, volleyball, table tennis, family swimming and lots more.

## **SATURDAY, May 15, 2010**

**Savvy Moms Dream Sale** - City Church, 1200 N. Russell Road, near corner of Highway 45 East and Russell Road, 8:00 - 2:00 pm, free admission. This event offers parents a nice way to clean out their children's closets and make the items available for other families while donating to a local cause. MPRI will be the recipient of 5% of the profits from this event.

**Bloomington Community Farmers' Market** - City Hall, 401 N. Morton, 8:00 am - 1:00 pm. The Riddle Point Rowing Club will be available for questions regarding the club. Also, local favorites Curtis Cantwell Jackson and Stella & Friends will provide musical entertainment.

**Bloomingfoods Saturday Market** - Bloomingfoods East, 3220 E. 3rd, 8:00 - Noon.

**Broad Ripple Art Fair** - Indianapolis Art Center, 67th & College Avenue, 10:00 - 6:00, admission, \$15 adults, children 3 - 12 \$2, under 3 free. This is a juried art fair with children's creative area, gourmet food court, beer and wine garden, live entertainment and the works of more than 225 artists. For more information go to [www.indplsartcenter.org](http://www.indplsartcenter.org).

**"Tumbleweed - a Rootin' Tootin' Spoof of the Old West"** - Coachlight Musical Theater, 227 S. Van Buren, 7:00 pm. Tickets are \$18 adults, \$16 for 60 and up, \$10 for children 12 and are available online at [www.coachlightmusicals.com](http://www.coachlightmusicals.com). During this fast-paced and fun show, you'll meet the good (and not-so-good) folks of Tumbleweed, Arizona. Enjoy a night of rootin'-tootin' romance, comedy and song!

**Spring Blossom Art Festival** - Downtown Nashville, east on Highway 46 about 20 miles, local and

**Comedian, Bob Biggerstaff** - The Comedy Attic, 4th and Walnut, 8:00 and 10:30 pm, \$15.

**"How To Train Your Dragon" and "Iron Man 2"** - Starlite Drive-In Movie Theater, on S. Old 37, go to [www.starlitebloomington.com](http://www.starlitebloomington.com) for directions, adults \$7, kids \$4, 6 and under free.

**"Little Shop of Horrors"** - Cardinal Stage Company, located at The Waldron, 122 S. Walnut Street, 2:00 and 7:30 pm, tickets available Sunrise Box Office, 114 E. Kirkwood, adults \$21.50 - 24.50, children \$12. This is a romantic musical comedy with bite!

**Sculpture Trails Outdoor Museum Annual Summer Aluminum Pour** - Museum located at 6764 N. Tree Farm Road (for detailed directions and more information on the aluminum pour, go to [www.sculpturetrails.com](http://www.sculpturetrails.com)). This is a family-friendly event. Get your hands dirty by purchasing an aluminum block for \$20 to design a work of art, or walk the trails and enjoy the nature and sculpture for free. As is tradition, sandwiches and soups will be sold by the One Drop Shop.

**Art in the Garden Plant Sale and Craft Fair** - Meadowood Retirement Center, 2455 Tamarack Trail, 1:00 - 4:00 pm (rain or shine). Featuring potted flowers, vegetables, plants and herbs, crafts, tools, and supplies for your garden, art show with Bloomington Watercolor Society and musical entertainment.

**Bloomington Photography Club Annual Exhibition** - School of Fine Arts Gallery, 1201 E. 7th Street, 7:00 - 9:00 pm, free and open to the public. The largest photography club in Indiana will have its 18th annual juried exhibition at the gallery featuring photographs in various genres created by club members.

**Festival of Flowers Paint Out** - TC Steele State Historic Site, 4220 TC Steele Road (off East Highway 46 toward Nashville, approximately 7 miles, watch for signs), 7:00 - 3:30 pm, free to the public, artists \$15/adult \$5/child. Artists are invited to create art - and visitors have the opportunity to observe the process of creation - outdoors on the grounds of TC Steele State Historic Site. Artists must be pre-registered.

**Armed Forces Celebration with Lee Greenwood** - French Lick Resort, French Lick, IN (about 1 ½ hours south of Bloomington), tickets \$15 - \$50, 8:00 pm - <http://www.ncpconcerts.com/>.

**Opening Day at the Indianapolis Motor Speedway** - Gates open 9:00 - 6:00 pm - veterans practice Noon - 2:00 pm, Rookies 2:00 - 6:00 pm, admission \$5.

## **SUNDAY, May 16, 2010**

**BINGO** – American Legion, 1800 W. 3rd, 1:00 pm, open to the public

**“Little Shop of Horrors”** - Cardinal Stage Company, located at The Waldron, 122 S. Walnut Street, 2:00 pm, tickets available Sunrise Box Office, 114 E. Kirkwood, adults \$21.50 - 24.50, children \$12. This is a romantic musical comedy with bite!

**Bloomington Balvikas event** - Monroe County Public Library, 303 E. Kirkwood, 2:30 pm, free and open to the public. This event will teach children Indian culture activities.

**Musical Fun** - Mathers Museum, 406 N. Indiana, 3:30 - 4:30 pm, free and open to everyone. Yuriria Rodriguez will present this free family-friendly event focused on young children (infants through five years old). The children will be able to participate at their own level, singing in English and Spanish, moving, listening, watching, or exploring musical instruments, and adults will be able to learn ways to share fun music activities with their children at home, regardless of their own musical experience.

**Dance Center Recital** - Buskirk-Chumley Theater, 114 E. Kirkwood, free and open to the public. The recital will feature dancers, ages three through high school, performing a variety of tap, ballet and jazz pieces.

**Practice Day at Indianapolis Motor Speedway** - Gates open 9:00 - 6:00, veterans practice, noon - 2:00 pm, rookies 2:00 - 6:00 pm, admission \$5.

## **MONDAY, May 17, 2010**

**BINGO** - Moose Lodge, 1580 W. Bloomfield Road, 6:30 pm, open to the public.

**BINGO** - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:00 pm, free.

**Euchre** - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

**Practice Day at Indianapolis Motor Speedway** - Gates open 9:00 - 6:00, veterans practice, noon - 2:00 pm, rookies 2:00 - 6:00 pm, admission \$5.

**All Cancer Support Group** - Olcott Center for Cancer Education, 619 W. First Street, 3:00 - 5:00 pm, open to all who have or have had a cancer diagnosis. For more information, call 812-353-5669.

## **TUESDAY, May 18, 2010**

**Meet & Greet for all patients and their families** - MPRI Patient Resource Center, 4:00 - 5:30 pm. This is an opportunity to get to know others who are receiving treatment, ask questions, and share experiences. **Our guest speaker will be Phil Thompson, former MPRI patient, Director of HoosiersCare and retired employee of the IU Cyclotron.**

**BINGO** – American Legion, 1800 W. 3rd, 7:00 pm, open to the public, food available for purchase.

**Tuesday Lunch Concert Series featuring the Gordon Bonham Blues Band** - People's Park, corner of Dunn and E. Kirkwood, 11:30 pm, free and open to the public, bring your lunch!

**Practice Day at Indianapolis Motor Speedway** - Gates open 9:00 - 6:00, veterans practice, noon - 2:00 pm, rookies 2:00 - 6:00 pm, admission \$5.

**Tuesday Farmer's Market** - Bloomingfoods West, 316 W. 6th, 4:00 - 7:00 pm.

**The Art of Flowers** - Venue Fine Art & Gifts, 114 S. Grant, 5:30 pm, free, open to the public. Theresa Kinder of Artful Blooms will demonstrate arranging flowers within glass containers, with a minimalist flair, when less is more.

**Bloomington North Spring Band Concert** - Bloomington North High School, 3901 N. Kinser Pike, 7:00 pm, \$5 adult \$2 seniors and students. Three concert bands will perform their spring concert.

**All Cancer Support Group** - Olcott Center for Cancer Education, 619 W. First Street, 6:30 - 8:30, free and open to anyone with a cancer diagnosis or their family members. This event will also include a speaker.

## **WEDNESDAY, May 19, 2010**

**Massage therapist, Karen Marshall** - Patient Resource Center, 11:00 - 1:00 pm, call Nancy at 349-2153 to schedule an appointment. Karen offers massages from 15 minutes to an hour, rates \$10 - \$40. Pamper yourself or a caregiver with a relaxing massage.

**Euchre** - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

**Kirkwood Observatory Public Open House** - Kirkwood Observatory, at corner of 4th & Indiana Avenue, 9:30 - 11:30 **pm** (Due to Daylight Savings Time in Indiana, the sky is not dark enough for observing with the telescope until late in the evening. We have scheduled the Open Night hours as early as we can and still have the sky dark enough to view with the Kirkwood telescope.) Viewing at the observatory is free and open to the public. The observatory houses both a 12" refractor and a solar telescope, was founded in 1901 and was completely restored in 2002.

**Film, "African Odyssey"** - Monroe County Public Library, 303 E. Kirkwood, 5:30 pm, free.

**Practice Day at Indianapolis Motor Speedway** - Gates open 9:00 - 6:00, veterans practice, noon - 2:00 pm, rookies 2:00 - 6:00 pm, admission \$5.

**Wednesday Farmer's Market** - Bloomingfoods East, 3220 E. 3rd Street, 7:00 - Noon.

## **THURSDAY, May 20, 2010**

**Support group for MPRI head/neck patients & their families** - Patient Resource Center, 3:00 - 4:30 pm, if you would like additional information, please call Nancy at 349-2153.

**BINGO** – Eagles Lodge, 3100 S. Walnut Street, doors open at 5:30 pm. Open to the public, food will be available for purchase.

**“Cowboy Sweethearts”** - Coachlight Musical Theater, 227 S. Van Buren, 7:00 pm. Tickets are \$18 adults, \$16 for 60 and up, \$10 for children 12 and are available online at [www.coachlightmusicals.com](http://www.coachlightmusicals.com). It will be an evening of music and fun with the darlings of the Nashville Sound. The ladies of Coachlight take on the music and lives of Brenda Lee, Loretta Lynn and Patsy Cline for a great evening of music you'll be singing all the way home!

**Practice Day at Indianapolis Motor Speedway** - Gates open 9:00 - 6:00, veterans practice, noon - 2:00 pm, rookies 2:00 - 6:00 pm, admission \$5.

**The Perfect Saute'** - Bloomington Cooking School, 115 N. College, 6:00 - 8:00 pm, \$45, register at [www.bloomingtoncookingsschool.com](http://www.bloomingtoncookingsschool.com). Chef O'Neill will guide students through the steps of this critical culinary technique. Indulge yourself with a great meal, while learning the basics of the arts of saute', deglase' and finish panroasting.

## **COMING SOON**

**MPRI/IO Cyclotron Tour** - Reservations now being taken for the **June 6, 10:00 - Noon tour**. Participants must be at least 13 years old, may not be pregnant and may not require the use of a pacemaker. If interested, please call Nancy at 349-2153.

## **NUTRITION NOTES**

**Monthly Nutrition Group - First Wednesday of each month from 1:00 - 2:00 pm, all patients are encouraged to attend.**

If you are interested in speaking to Melissa Mercer, Registered Dietician, please feel free to contact her at 353-5663. She is very happy to take your call and offer suggestions to help you.

## **AREA RESOURCE**

**Olcott Center for Cancer Education** - 619 W. First Street, open 8:00 - 5:00 pm, Monday - Friday, 353-5669. The Olcott Center has a large lending library of materials available on all types of cancer, diet and nutrition, medical terminology, inspirational testimonials, as well as literature for children with cancer or for dealing with a parent's diagnosis. Don't forget -- the Olcott Center offers **two free massages to anyone undergoing treatment**. To schedule, call 353-5669.

**Support groups at the Olcott Center** - Mondays - 3:00 - 5:00 pm  
Third Tuesday - 6:30 - 8:30 (includes speaker)

## **FIVE BUCK CLUB MOVIE SELECTIONS (May 14 - May 21)**

Area theaters offer a discounted price of \$5 for select movies each week. This is called the Five Buck Club. To receive this discount, simply stop by the Patient Resource Center to receive a Five Buck Club card. This card must be presented at the movie theater to receive the discount. Movies showings are at various times. For a complete listing of all movies and times, go to [www.kerasotes.com](http://www.kerasotes.com). For more information, call Nancy at 349-2153.

### **Showplace West - 2929W. Third Street**

Date Night - PG13

Last Song - PG

The Back-up Plan - PG13

A Nightmare on Elm Street - R

### **Showplace East - College Mall Road**

Alice in Wonderland - PG

Date Night - PG13

Bounty Hunters - PG13

Death of a Funeral - R

Hot Tub Time Machine - R

Clash of the Titans - PG13

Furry Vengeance - PG

## **Indianapolis Motor Speedway (IMS) Fun Facts**

May is race month in Indianapolis and begins a month long series of events and programs concluding with the Indy 500 race on May 30, 2010. A revamped race schedule this year has pushed opening day at the Indianapolis Motor Speedway back to May 15, trimmed qualifying from four days to two days and eliminated a week of practice for the drivers. Most of the events are open to the public. For more information about the schedule of events, go to [www.indianapolismotorspeedway.com](http://www.indianapolismotorspeedway.com).

- The first event at the IMS was a helium gas-filled balloon competition in 1909, more than two months before the oval was completed.
- Approximately 300,000 spectators will watch the race live.
- The race is 200 laps on the 2.5 mile oval track or 500 miles with banked turns.
- The youngest driver to win the race was 22, the oldest 48.
- Churchill Downs, Yankee Stadium, the Rose Bowl, the Roman Coliseum and Vatican City can all fit inside the IMS, which covers 253 acres.
- The IMS is the world's largest spectator sporting facility, with more than 250,000 permanent seats. If the seat boards from the grandstands at IMS were laid end-to-end, they would stretch 99.5 miles.
- The 2009 Indy 500 was televised to 212 countries worldwide, reaching more than 294 million homes.

