



COMMUNITY CALENDAR

April 9 - April 15, 2010

Activities at the Patient Resource Center:

The Patient Resource is available for use by all patients and their families. It is a relaxing environment that offers a very nice play space for children, including books, crafts, Wii games, riding toys and more. Parents can simply sit back and relax and enjoy the quiet with a book or TV.

This is also a great place to get information about area activities such as the YMCA, library, golfing, shopping, restaurants, and ideas for entertaining your guests. You are welcome anytime Monday - Friday between 8:00 - 5:00 pm.

Meet & Greet - Tuesdays, 4:00 - 5:15 pm, all patients and their families are invited to attend. This is an opportunity for sharing, socializing and supporting one another. The guest speaker this week will be **Leia Fanelli, MPRI Medical Physicist**.

Massages - Wednesdays, 11:00 - 1:00 pm, by appointment. **Karen Marshall, Massage Therapist**, comes to the Patient Resource Center and offers massages from 15 minutes to an hour long. Reduced rates from \$10 - \$40. To schedule an appointment for Wednesday, March 3, call Nancy at 349-2153.

Nutrition Group - First Wednesday of each month - Join other MPRI patients and family members for discussion and ideas for maintaining a healthy nutritional balance during treatment. **Registered Dietician, Melissa Mercer** facilitates the discussion and give tips for dealing with the side effects that you may be experiencing. If you have questions for Melissa, you are welcome to contact her at 353-5663.

Nancy Slough, Patient Concierge - 812-349-2153 or nslough@mpri.org

FRIDAY, April 9, 2010

BINGO – Moose Lodge, 1580 W. Bloomfield Road, 12:30 pm, open to the public.

“West Side Story” - IU Musical Arts Center, 101 N. Jordan, April 9, 10, 16 and 17, \$12 - \$20, tickets at 812-855-7433. This is presented by the IU Opera Theater.

Robert Stright/Ron Kadish Duo - Malibu Grill, 106 N. Walnut, 6:00 pm. This duo plays and sings jazz standards.

Candlelight Dinner with Jeff Foster - Scenic View Restaurant, five miles south of East Third Street on Ind. 446, 6:00 - 9:00 pm. Enjoy a scenic view of Lake Monroe, acoustic music by guitarist, Jeff Foster and some good food.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

“Alice in Wonderland” and “What Happens in Rome” - Starlite Drive-In Movie Theater, on S. Old 37, go to www.starlitebloomington.com for directions, adults \$7, kids \$4, 6 and under free.

Comedian, Jimmy Dore - Funny Bone Comedy Club, 4th and Walnut, 8:00 and 10:30 pm, \$12.

Art Reception - Venue Fine Arts & Gifts, 114 S. Grant, 6:00 pm, free and open to the public. Gifted artist, Galina Herndon, shares her impressive original oil paintings and limited edition prints.

“Cowboy Sweethearts” - Coachlight Musical Theater, 227 S. Van Buren, 7:00 pm. Tickets are \$18 adults, \$16 for 60 and up, \$10 for children 12 and are available online at www.coachlightmusicals.com. It will be an evening of music and fun with the darlings of the Nashville Sound. The ladies of Coachlight take on the music and lives of Brenda Lee, Loretta Lynn and Patsy Cline for a great evening of music you'll be singing all the way home!

“Anything Goes” - Bloomington High School North Department of Theater, 3901 N. Kinser Pike, 7:30 pm, \$8 - \$10 at the door. This story is a 1934 musical comedy set aboard an ocean liner bound from New York to London. It tells the story of a ladies' man who meets up with the love of his life.

“Alice in Wonderland” - Bloomington South Carmichael Theater, 1965 S. Walnut, 7:30 pm, \$5 - \$12 at the door. This production puts a 1960s spin on the classic “Alice in Wonderland”.

Film, “Invictus” - IU Whittenberger Auditorium in the IU Memorial Union, 900 E. Seventh Street, 8:00 and 11:00 pm, \$2 each. This film tells the inspiring true story of how Nelson Mandela joined forces with the captain of South Africa's rugby team to help unite their country.

SATURDAY, April 10, 2010

HoosiersCare 5K and 1-Mile Family Fun Run/Walk - Sherwood Oaks Christian Church, 2700 E. Rogers Road, 9:00 - 11:00 am. Onsite registration begins at 8:30 am and proceeds will benefit HoosiersCare, a nonprofit organization which provides comfortable, affordable housing and personal support to MPRI patients and their caregivers

Bloomington Community Farmers' Market - City Hall, 401 N. Morton, 8:00 am - 1:00 pm, vendors, musical entertainment, and limestone carving demonstration.

Meet the Instruments - Monroe County Public Library Ellettsville Branch, 200 W. Temperance, 1:00 pm, free. Children can interact with instruments provided by the Bloomington Symphony Orchestra.

Castles, Kings and Queens - Monroe County Public Library, 303 E. Kirkwood, 10:00 am, free. Hear ye, hear ye! Come one, come all and join us for stories about castles, kings and queens.

INstride Hands-on Health Fair - College Mall, 10:00 - 5:00 pm, free. The fair will feature active booths and demonstrations on nutrition, wellness and fitness. Tables will offer information and hands-on testing of products and services. The main stage will be in front of Target. INstride will be giving out bags of healthful and helpful materials in addition to prizes.

Family Craft Day - Weaving Traditions from Around the World - Mathers Museum, 416 N. Indiana, 2:00 - 3:30 pm, free and open to the public. Learn about tools and ways of making a variety of woven items from around the world - from Jamaican woven fish and Kente cloth, to fingerweaving from Native North America and basket making.

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“West Side Story” - IU Musical Arts Center, 101 N. Jordan, April 9, 10, 16 and 17, \$12 - \$20, tickets at 812-855-7433. This is presented by the IU Opera Theater.

“Platinum Girls” - Coachlight Musical Theater, 227 S. Van Buren, 7:00 pm. Tickets are \$18 adults, \$16 for 60 and up, \$10 for children 12 and are available online at www.coachlightmusicals.com. The ladies of Coachlight take on the music and lives of Brenda Lee, Loretta Lynn and Patsy Cline for a great evening of music you’ll be singing all the way home!

Music, Blues/Rock - Players Pub, 424 S. Walnut Street, 8:00 pm, \$5 cover charge.

Relay for Life of Indiana University - Virgil T. DeVault Alumni Center, 1000 E. 17th Street, 5:00 pm, free for survivors and their caregivers. You are invited to join in the opening ceremonies, lead the way with the Survivors Lap and enjoy a free dinner. You can register onsite beginning at 4:30 pm.

Comedian, Jimmy Dore - Funny Bone Comedy Club, 4th and Walnut, 8:00 and 10:30 pm, \$12.

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“Alice in Wonderland” and “What Happens in Rome” - Starlite Drive-In Movie Theater, on S. Old 37, go to www.starlitebloomington.com for directions, adults \$7, kids \$4, 6 and under free.

SUNDAY, April 11, 2010

MPRI/IU Cyclotron Tour - MPRI, 10:00 - Noon - **reservations are closed for this tour**. Reservations are being accepted for tours scheduled on May 2 and June 6 from 10:00 - Noon. To reserve a space, call Nancy at 349-2153.

“Anything Goes” - Bloomington High School North Department of Theater, 3901 N. Kinser Pike, 2:00 pm, \$8 - \$10 at the door. This story is a 1934 musical comedy set aboard an ocean liner bound from New York to London. It tells the story of a ladies’ man who meets up with the love of his life.

BINGO – American Legion, 1800 W. 3rd, 1:00 pm, open to the public.

Benefit for American Cancer Society - Waldron Arts Center, 122 S. Walnut, 2:00 pm, adult donation \$15, child donation \$10, all proceeds will go to the American Cancer Society. This is the second annual benefit for ACS and includes an affair of the arts, a medley of artists all performing to raise money for ACS.

Film, “No-Impact Man” - Buskirk-Chumley Theater, 114 E. Kirkwood, 5:00 and 7:00 pm, \$5. Whether you are eco-conscious or eco-anxious (or in a state of eco-denial) you might enjoy this special screening. The story is about Colin Beavan, a self-described “liberal schlub who got tired of listening to himself complain about the world without ever actually doing anything about it.” In 2006, he and his family began a year-long “no impact project” attempting to live in New York City, with as little environmental impact as possible. This film is the story of that year - its challenges, humorous moments and the difficult choices demanded by a lower impact lifestyle. If you’ve ever wondered how far you should stretch your own lower impact efforts, you might enjoy this vicarious glimpse of Beavan’s “made endeavor”. To learn more about how the family is living today, go to his blog, noimpactman.typepade.com.

Contemporary Vocal Ensemble - IU Auer Hall in the Simon Building at 3rd & Jordan, 4:00 pm, free and open to the public.

Family Fun Time at the YMCA - YMCA, 2125 S. Highland Avenue, 3:00 - 5:00 pm, \$5 per family. Family fun includes Play-It-To-Win games, soccer clinic, open swim, Kid's Zone and more.

Concert Orchestra - IU Musical Arts Center, 3rd & Jordan, 8:00 pm, free and open to the public.

Master's Recital, Voice - First United Church, 2420 E. 3rd, 8:00 pm, free and open to the public.

MONDAY, April 12, 2010

BINGO - Moose Lodge, 1580 W. Bloomfield Road, 6:30 pm, open to the public.

BINGO - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:00 pm, free.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

Jazz Ensembles - IU Musical Arts Center, 3rd & Jordan, 8:00 pm, free and open to the public.

Birds in the Air - Monroe County Public Library, 303 E. Kirkwood, 7:00 pm, free and open to the public. Take part in a brief talk about migrating birds, a fun game and a craft.

Sapping the Energy: How the electric bill thwarts renewable power - Monroe County Public Library, 303 E. Kirkwood, 7:00 pm, free and open to the public.

TUESDAY, April 13, 2010

Meet & Greet for all patients and their families - MPRI Patient Resource Center, 4:00 - 5:30 pm. This is an opportunity to get to know others who are receiving treatment, ask questions, and share experiences. Guest speaker this week will be **Leia Fanelli, MPRI Medical Physicist**.

BINGO – American Legion, 1800 W. 3rd, 7:00 pm, open to the public, food available for purchase. (I received word that the Legion has excellent food along with lunch and dinner specials for those of you who may be interested.)

Doctoral Recital, Organ - St. Thomas Lutheran Church, 3800 E. 3rd, free and open to the public.

Evening Family Story Time - Monroe County Public Library, 303 E. Kirkwood, 7:00 pm, free. Stories and more just before bedtime!

“I’m a Little Teapot. . .” a Ceramic Demonstration - Venue Fine Art & Gifts, 114 S. Grant, 5:30 pm, free and open to the public. Local potter and instructor Amanda Weigl, will demonstrate how she creates elegant ceramic tea pots. Starting with raw clay, she will present both the wheel and building techniques she uses in creating her tea pots.

WEDNESDAY, April 14, 2010

Massage therapist, Karen Marshall - Patient Resource Center, 11:00 - 1:00 pm, call Nancy at 349-2153 to schedule an appointment. Karen offers massages from 15 minutes to an hour, rates \$10 - \$40. Pamper yourself or a caregiver with a relaxing massage.

Celebration Meal - Sherwood Oaks Christian Church, 2700 E. Rogers Road, 5:15 pm, MPRI patients free, caregivers/spouses \$5, senior discount \$4. Please RSVP at 334-0206. All MPRI patients and their families are invited to attend.

Stardusters Swing Band - Players Pub, 424 S. Walnut, 7:30 pm, \$7 cover charge.

School Age Story Time - Monroe County Public Library Ellettsville branch, 200 W. Temperance Street, 4:00 pm, free and open to the public.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

Kirkwood Observatory Public Open House - Kirkwood Observatory, at corner of 4th & Indiana Avenue, 9:30 - 11:30 **pm** (Due to Daylight Savings Time in Indiana, the sky is not dark enough for observing with the telescope until late in the evening. We have scheduled the Open Night hours as early as we can and still have the sky dark enough to view with the Kirkwood telescope.) Viewing at the observatory is free and open to the public. The observatory houses both a 12" refractor and a solar telescope, was founded in 1901 and was completely restored in 2002.

Birding with Binoculars - Griffy Lake Nature Preserve, 3300 N. Headley Road, 6:30 - 8:00 pm, \$4, for all ages, binoculars will be provided for use during the program, **register by 4/11 at 349-3732**. Look and listen for your favorite birds while learning the basics of bird watching, bird identification and binocular use. Make a bird feeder out of recycled materials to attract birds to your own backyard.

Philharmonic Orchestra - IU Musical Arts Center, 3rd & Jordan, 8:00 pm, free and open to the public.

Film, "Superman" (1978) - Monroe County Public Library, 303 E. Kirkwood, 6:30 pm, free and open to the public.

THURSDAY, April 15, 2010

BINGO – Eagles Lodge, 3100 S. Walnut Street, doors open at 5:30 pm. Open to the public, food will be available for purchase.

Morning Paddle - Griffy Lake Nature Preserve, 3300 N. Headley Road, 7:30 - 8:30 am, \$6 per person, on-site registration. Let the sun slowly warm you and listen to the peaceful sounds of life on the early morning lake.

Fun With Phyllo - Bloomington Cooking School, 115 N. College, 6:00 - 8:00 pm, \$45, register at www.bloomingtoncookingschool.com. This is Aggie Sarkissian's most popular class. She'll replace the fear of phyllo and make it fun by preparing both savory and sweet dishes using the flaky pastry sheets and sharing her cooking and baking tips. Fresh phyllo will be available for your own recreations of Aggie's tasty recipes.

IU Latin Jazz Ensembles - IU Auer Hall in Simon Building at Third and Jordan, 8:00 pm, free and open to the public.

"Hammer and Nail" - Buskirk-Chumley Theater, 114 E. Kirkwood, 6:30 and 8:30 pm, bring non-perishable food item or cash donation for the Hoosier Hills Food Bank. This program is sponsored by the IU Student Composer Association and the IU Contemporary Dance Program and showcases the original work of emerging choreographers and composers.

Friends of the Library Bookstore Clearance Sale - Monroe County Public Library, 303 E. Kirkwood, all day.

COMING SOON

MPRI/IU Cyclotron Tour - Reservations now being taken for May 2 and June 6 tours. Participants must be at least 13 years old, may not be pregnant and may not require the use of a pacemaker. If interested, please call Nancy at 349-2153.

Coach Hep Indiana Cancer Challenge - IU Memorial Stadium, May 1, events include a 2K Family Walk, 5K Run, 25K Family Cycle, 50K Cycle and 100K Cycle. For information, go to www.coachhepcancerchallenge.org.

An Evening with Martin Sheen - Monday, April 19, 7:30 pm, IU Auditorium, admission is free but does require a ticket, **see Nancy (349-2153) for free tickets to this event**. A candid discussion with this acclaimed actor and activist.

Caves Among Us - Leonard Springs Nature Park on South Leonard Springs Road, Wednesday, April 21, 6:00 - 7:30 pm, free, must register by 4/20 at 812-349-3720. See what occurs in the caves, springs and wetland areas at this park. A variety of plants and animals call the park home, including many that rely on karst features for their survival. Walk the rugged, one-mile loop trail to see what changes with the season.

NUTRITION NOTES

Monthly Nutrition Group - Our next group meeting will be **Wednesday, May 6, 1:00 - 2:00 pm at the Patient Resource Center**.

Registered Dietician, Melissa Mercer will share information about healthy eating, maintaining a good nutritional balance during treatment and dealing with side effects from treatment.

If you are interested in speaking to Melissa prior to our next group meeting, please feel free to contact her at 353-5663. She will be very happy to assist you and offer some suggestions to help you.

FIVE BUCK CLUB MOVIE SELECTIONS (April 9 - April 15)

Area theaters offer a discounted price of \$5 for select movies each week. This is called the Five Buck Club. To receive this discount, simply stop by the Patient Resource Center to receive a Five Buck Club card. This card must be presented at the movie theater to receive the discount. Movies showings are at various times. For a complete listing of all movies and times, go to www.kerasotes.com. For more information, call Nancy at 349-2153.

Showplace West Theaters - 2929W. Third Street

- How to Train Your Dragon (PG)

Showplace East Theaters - 1351 S. College Mall Road

- Alice in Wonderland (PG)
- Remember Me (PG13)
- She's Out of My League (R)
- Shutter Island (R)