



MIDWEST PROTON RADIOTHERAPY INSTITUTE

COMMUNITY CALENDAR

Feb 26 - Mar 4, 2010

The 26th anniversary of ArtsWeek continues through this weekend. ArtsWeek is the annual winter festival showcasing the unique richness of artistic expression in our area.

ArtsWeek began as a weekend in 1984 and has grown into a significant annual showcase for the extraordinary wealth of creative work going on at Indiana University and in Bloomington.

The theme for 2010 is the Arts and the Environment. You will find many ArtsWeek activities included in this week's calendar. However, to get a complete listing of all of the activities, pick up a copy of the ArtsWeek brochure in the lobby or at the Patient Resource Center.

Our **Meet & Greet session, held each Tuesday at 4:00 pm**, is a support group for patients, family members and caregivers. It is a great way to meet others and talk with those who share this experience with you. We begin each session with a few minutes for socializing and getting to know one another.

We have a nine week rotation of speakers, which includes a former patient and staff from the clinic. So during your treatment, there will be a different speaker each week. You will have an opportunity to learn more about the facility, staff, equipment, training, and much more.

This week's Meet & Greet speaker will be **Jennifer Bratton, Nursing Supervisor**. Jennifer will share some interesting information about her role at MPRI and you will have an opportunity to ask many questions to help you better understand your treatment.

Activities at the Patient Resource Center:

Playgroup - Tuesdays at 12:30 - Playgroup is a designated time for families with young children to come together to socialize and play. We have air hockey, Wii, WiiFit, games, puzzles, books, crafts, and much more to keep you entertained. This is a great way for caregivers to get a bit of respite time while the children are at play.

Meet & Greet - Tuesdays, 4:00 - 5:15 pm, all patients and their families are invited to attend. This is an opportunity for sharing, socializing and supporting one another. Special guest speakers attend each week to give you further information about your treatment, staffing, equipment, etc. The guest speaker this week will **Jennifer Bratton, Nursing Supervisor**.

Massages - Wednesdays, 11:00 - 1:00 pm, by appointment. **Karen Marshall, Massage Therapist**, comes to the Patient Resource Center and offers massages from 15 minutes to an hour long. Reduced rates from \$10 - \$40. To schedule an appointment for Wednesday, March 3, call Nancy at 349-2153.

Nutrition Group - Wednesday, March 3, 1:00 - 2:00 pm - Join, and other MPRI patients and family members for discussion and ideas for maintaining your **Registered Dietician, Melissa Mercer** nutrition during treatment and tips for dealing with the side effects that you may be experiencing. If you have questions or need some suggestions, Melissa is available Tuesdays and Thursdays at 353-5663.

Nancy Slough, Patient Concierge - 812-349-2153 or nslough@mpri.org

FRIDAY, February 26, 2010

Autobiographical talk with bestselling author, Michael Pollan - IU Auditorium, 1200 E. 7th Street, February 26, 7:30 pm, free tickets available beginning February 1 at the IU Auditorium Box Office, 812-855-1103, limit of four tickets per person. Michael's talk is a signature event of IU's 26th annual ArtsWeek which is themed "Arts and the Environment." Entitled "Out of the Garden and onto the Plate: One Writer's Path," he tells the story of the path his writing has taken since he first planted a vegetable garden under the influence of Henry David Thoreau and Ralph Waldo Emerson.

Puccini's "La Rondine" - Musical Arts Center, 3rd & Jordan, 8:00 pm, opening night \$25 adults. Presented by the IU Opera Theater, in this story a young 19th-century woman in Paris with fantasies of romantic love finds unexpected troubles.

BINGO – Moose Lodge, 1580 W. Bloomfield Road, 12:30 pm, open to the public.

Comedian, Moshe Kasher - Funny Bone Comedy Club, 4th and Walnut, 8:00 and 10:30 pm, \$12.

Robert Stright/Ron Kadish Duo - Malibu Grill, 106 N. Walnut, 6:00 pm. This duo plays and sings jazz standards, stop by for a drink and some cool sounds.

Scenic View with Jeff Foster - Scenic View Restaurant, five miles south of East Third Street on Ind. 446, 6:00 - 9:00 pm. Enjoy a scenic view of Lake Monroe, acoustic music by guitarist, Jeff Foster and some good food.

Collectibles Show at College Mall - 2894 E. Third Street, 9:00 - 9:00 pm, free, featuring vendors from across the Midwest.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

Disney movie, "Princess and the Frog" - IU Whittenberger Auditorium in the IU Memorial Union, 900 E. Seventh Street, 8:00 and 11:00 pm, \$2 each.

Symphonic Choir - IU Recital Hall, 1201 E. 3rd, 7:00 pm, free and open to the public.

Soul Street - Funk/Soul/Blues/Pop - Players Pub, 424 S. Walnut, 8:00 pm, \$6.

ArtsWeek: Jazz from Bloomington - KRC Catering, 215 S. College, 7:30 pm, \$10 - \$20. The Brad Shepik Quartet offers world music and jazz styles using contemporary styles of improve and unusual instruments like the accordion, tambura and electric sax.

ArtsWeek: "The Drawer Boy" - Waldron Arts Center, 112 S. Walnut, 7:30 pm, tickets \$18. In this play, a young actor abandons the big city and heads back to the land to find some authenticity. He meets a finicky tractor, a soulful cow and two dairy farmers bound together by war, forgetfulness, forgiveness and abiding friendship. This is an uplifting comedy that puts a new spin on the old country/city divide.

"Major Barbara" by George Bernard Shaw - IU Ruth N. Halls Theater, 1201 E. 7th Street, 7:30 pm, tickets \$12 - 20 at 855-1103 or www.theatre.indiana.edu. "Major Barbara" is a tale of what's right and wrong, and what happens when the line gets blurred. Director Sabrina Lloyd has chosen to set the play in the year 1964 to tell the story of Salvation Army Major Barbara Undershaft.

Art Reception - Venue Fine Art & Gifts, 114 S. Grant, 6:00 pm, free and open to the public. On display will be the art of Melanie Fain. For over 25 years, Melanie has brought the beauty and drama of nature to her collectors with hand-colored etchings of birds indigenous to Indiana.

SATURDAY, February 27, 2010

“Major Barbara” by George Bernard Show - IU Ruth N. Halls Theater, 1201 E. 7th Street, 7:30 pm, tickets \$12 - 20 at 855-1103 or www.theatre.indiana.edu. “Major Barbara” is a tale of what’s right and wrong, and what happens when the line gets blurred. Director Sabrina Lloyd has chosen to set the play in the year 1964 to tell the story of Salvation Army Major Barbara Undershaft.

Comedian, Moshe Kasher - Funny Bone Comedy Club, 4th and Walnut, 8:00 and 10:30 pm, \$12.

Family Craft Day: Musical Instruments from Africa - Monroe County Public Library, 303 E. Kirkwood, 2:00 - 3:30 pm, free and open to the public. Come and celebrate Blake History Month by making musical instruments and dancing to the tunes of new rhythms. The musical instruments will include rattles, drums and tambourines.

Lunar public skating - Frank Southern Ice Arena, 1964 S. Henderson, 7:00 - 9:00 pm, \$5 admission, \$2.50 skate rental.

Puccini’s “La Rondine” - Musical Arts Center, 3rd & Jordan, 8:00 pm, \$15 - \$35. Presented by the IU Opera Theater, in this story a young 19th-century woman in Paris with fantasies of romantic love finds unexpected troubles.

Bill Lupkinl - Blues - Players Pub, 424 S. Walnut, 8:00 pm, \$6.

Bloomington Winter Farmer’s Market - Harmony School Gym, 909 E. Second Street, 9:00 am - Noon. Local farmers will offer early crops including lettuce, spinach, broccoli, cauliflower, squash, turnips, and other types of greens. Also available will be local meats, tofu, eggs, cheeses and locally roasted coffee. Musical entertainment at 9:00 and 11:00 am.

MOSAIC Diversity Film Festival - Monroe County Public Library, 303 E. Kirkwood, 10:00 am, free and open to the public. MOSAIC features short films for adults highlighting poverty and homelessness and films for children focusing on disability and accepting differences.

49th Annual Theta Antiques & Decorative Arts Sale - Bloomington Convention Center, 300 S. College, 10:00 - 6:00 pm, \$7 admission (all proceeds to local charities). Lunch will also be available.

Disney movie, “Princess and the Frog” - IU Whittenberger Auditorium in the IU Memorial Union, 900 E. Seventh Street, 8:00 and 11:00 pm, \$2 each.

ArtsWeek: “The Drawer Boy” - Waldron Arts Center, 112 S. Walnut, 2:00 and 7:30 pm, tickets \$18. In this top ten play, a young actor abandons the big city and heads back to the land to find some authenticity. He meets a finicky tractor, a soulful cow and two dairy farmers bound together by war, forgetfulness, forgiveness and abiding friendship. This is an uplifting comedy that puts a new spin on the old country/city divide.

Midwest Association of Filipino Americans Entertainment and Variety Show - Buskirk-Chumley Theater, 114 E. Kirkwood, 6:30 pm, \$10. Watch some of the up and coming Filipino-American acts from around the country.

“Great Artists, Young Artists”, 8th annual Young at Art Festival - St. Mark’s Church and Nursery School, 100 N. 45/46 Bypass, 9:30 - noon, free. This free event is for young children (preschool and primary grades) and their families to participate in art activities while exploring the media and processes which inspired great artists.

Collectibles Show at College Mall - 2894 E. Third Street, 9:00 - 9:00 pm, free, featuring vendors from across the Midwest.

Master’s Recital, Piano - IU Auer Hall in the Simon Building at Third and Jordan, 4:00 pm, free and open to the public.

Senior Recital, Violin - IU Recital Hall, Third and Jordan, 7:00 pm, free and open to the public.

Bill Lupkin, Harpist - Players’ Pub, 424 S. Walnut, 8:00 pm, \$6. Bill always delivers a great show and has a great voice.

SUNDAY, February 28, 2010

BINGO – American Legion, 1800 W. 3rd, 1:00 pm, open to the public.

Comedian, Moshe Kasher - Funny Bone Comedy Club, 4th and Walnut, 8:00 and 10:30 pm, \$12.

Baroque Orchestra - IU Auer Hall in the Simon Building at 3rd and Jordan, 8:00 pm, free and open to the public.

Bloomington Symphony Orchestra Side By Side Concert with Hoosier Youth Philharmonic - Bloomington High School South, 1965 S. Walnut, 3:00 pm.

Violin and Piano Recital - Unitarian Universalist Church, 2120 N. Fee Lane, 3:00 pm.

Celebration of Remodeled Children’s Area - Monroe County Public Library, 303 E. Kirkwood, 2:00 pm. Activities will take place in the Children’s area and in the Atrium, light refreshments will be served.

StoriTime - Monroe County Public Library, 303 E. Kirkwood, 3:00 pm, free, for children ages 3 - 6. Children’s librarian Stori Snyder will share stories and rhymes that make reading and words come alive, while sharing information and ideas to get your preschooler ready to read and have fun, too!

49th Annual Theta Antiques & Decorative Arts Sale - Bloomington Convention Center, 300 S. College, 11:00 - 4:00 pm, \$7 admission (all proceeds to local charities). Lunch will also be available.

ArtsWeek: “The Drawer Boy” - Waldron Arts Center, 112 S. Walnut, 2:00, tickets \$18. In this play, a young actor abandons the big city and heads back to the land to find some authenticity. He meets a finicky tractor, a soulful cow and two dairy farmers bound together by war, forgetfulness, forgiveness and abiding friendship. This is an uplifting comedy that puts a new spin on the old country/city divide

IU Women’s Basketball vs. Penn State - IU Assembly Hall, 1001 E. 17th Street, **free tickets available, call Nancy at 349-2153.**

MONDAY, March 1, 2010

BINGO - Moose Lodge, 1580 W. Bloomfield Road, 6:30 pm, open to the public.

BINGO - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:00 pm, free.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

Jazz Ensembles - IU Musical Arts Center, 3rd & Jordan, 8:00 pm, free and open to the public.

Music for Little Folks - Monroe County Public Library, 303 E. Kirkwood, 10:00 am, free, please register in advance at 349-3100. Singer/songwriter Bobbie Lancaster includes original children's music from her "Little Folks" CD in this program featuring a short story time, an exercise in tempo with rhythm instruments and musical games that encourage learning, movement and imagination.

TUESDAY, March 2, 2010

Play Group at the MPRI Patient Resource Center - Join us for organized play at 12:30 each Tuesday. This is an opportunity for parents to catch up on their relaxing and kids to catch up on their playing! All ages welcome! Lots of toys including train set, Wii, air hockey, games, crafts and more. Wii Fit is now available, too. Come on over and check it out.

Meet & Greet for all patients and their families - MPRI Patient Resource Center, 4:00 - 5:00 pm. This is an opportunity to get to know others who are receiving treatment, ask questions, and share experiences. Guest speaker this week will be **Jennifer Bratton, Nursing Supervisor**.

BINGO – American Legion, 1800 W. 3rd, 7:00 pm, open to the public, food available for purchase.

"Beauty and the Beast" - IU Auditorium, 1201 E. Seventh Street, 7:30 pm, tickets available at 812-855-1103 or www.iuauditorium.com.

Jazz Combo Concert - IU Ford-Crawford Hall in the Simon Building at 3rd & Jordan, 8:30 pm, free and open to the public.

Preschool Science and Math at the Library - Monroe County Public Library, 303 E. Kirkwood, 10:40 am, free. Explore the world of science and math with your preschooler. Activities and hand-outs will help you learn about important math and science concepts that will help your preschooler get off to a great start. Dress to mess.

Poetry Night - Venue Fine Art & Gifts, 114 S. Grant, 5:30 pm, free and open to the public. Invited poets from the University and Town will read their favorite works, and there will be an open mic for everyone else. The range is unlimited. Refreshments served.

WEDNESDAY, March 3, 2010

Massage therapist, Karen Marshall - Patient Resource Center, 11:00 - 1:00 pm, call Nancy at 349-2153 to schedule an appointment. Karen offers massages from 15 minutes to an hour, rates \$10 - \$40. Pamper your patient or caregiver with a massage.

Celebration Meal - Sherwood Oaks Christian Church, 2700 E. Rogers Road, 5:15 pm, adults \$5, \$4 seniors, \$3 children. Please RSVP at 334-0206. All MPRI patients and their families are invited to attend.

“Beauty and the Beast” - IU Auditorium, 1201 E. Seventh Street, 7:30 pm, tickets available at 812-855-1103 or www.iuauditorium.com.

BINGO - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:30 pm, free.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

Philharmonic Orchestra - IU Musical Arts Center, 3rd & Jordan, 8:00 pm, free and open to the public.

THURSDAY, March 4, 2010

Prostate Cancer Support Group - Monroe County Public Library, 303 E. Kirkwood, 6:30 pm, open to the public. This group is for anyone who has had prostate cancer or who may be receiving any form of treatment currently. It is a local group and MPRI patients are welcome to attend.

BINGO – Eagles Lodge, 3100 S. Walnut Street, doors open at 5:30 pm. Open to the public, food will be available for purchase.

Movie, “Boondocks Saints II” - IU Whittenberger Auditorium in the IU Memorial Union, 900 E. Seventh Street, 8:00 and 11:00 pm, \$2 each. The MacManus brothers are living a quiet life in Ireland with their father, but when they learn their beloved priest has been killed by mob forces, the duo return to Boston to bring justice to those responsible.

“Beauty and the Beast” - IU Auditorium, 1201 E. Seventh Street, 7:30 pm, tickets available at 812-855-1103 or www.iuauditorium.com.

ArtsWeek: “The Drawer Boy” - Waldron Arts Center, 112 S. Walnut, 7:30 pm, tickets \$18. In this top ten play, a young actor abandons the big city and heads back to the land to find some authenticity. He meets a finicky tractor, a soulful cow and two dairy farmers bound together by war, forgetfulness, forgiveness and abiding friendship. This is an uplifting comedy that puts a new spin on the old country/city divide.

Indiana Heritage Quilt Show - Bloomington Convention Center, 300 S. College, 9:00 - 6:00 pm, \$7. Over 200 quilts from across the U.S, expanded Merchant Mall with quilting supplies and notions.

“Fondly Do We Hope. . .Fervently Do We Pray” - IU Auditorium, 1201 E. 7th, 8:00 pm, tickets available at IU Auditorium box office and through Ticketmaster. Bill T. Jones/Arnie Zane Dance Company was commissioned to produce a show in honor of the bicentennial of the birth President Abraham Lincoln. The story is both biographical and a consideration of Lincoln’s legacy and relevance in the 21st century.

Guest Recital, Guitar - IU Auer Hall in the Simon Building at 3rd & Jordan, 8:00 pm, free and open to the public.

COMING SOON

Michael Flatley's "Lord of the Dance", Sunday, March 7, 3:00 pm, IU Auditorium, tickets at 812-855-1103 or www.uauditorium.com

RESOURCES

Olcott Center for Cancer Education - 619 W. First Street, open 8:00 - 5:00 pm, Monday - Friday, 353-5669. The Olcott Center has a large lending library of materials available on all types of cancer, diet and nutrition, medical terminology, inspirational testimonials, as well as literature for children with cancer or for dealing with a parent's diagnosis. Don't forget -- the Olcott Center offers **two free massages to anyone undergoing treatment**. To schedule, call 353-5669.

American Cancer Society - 1-800-227-2345 or www.cancer.org - Call this toll-free number to get your free Personal Health Manager. In addition to helping you to organize your health care information, this kit is customized for your diagnosis. The kit is free for anyone who has been diagnosed with cancer.

Lance Armstrong's LIVESTrong Survivorship Notebook - This notebook is great for keeping and organizing medical information related to your treatment. Copies are free to anyone who has had cancer or is currently being treated. To receive a copy, call Nancy at 349-2153 or stop by the Patient Resource Center.

NUTRITION NOTES

Monthly Nutrition Meeting
Wednesday, March 3, 1:00 - 2:00 pm
Patient Resource Center

Registered Dietician, Melissa Mercer will host this meeting. Patients, family members and caregivers are invited to attend. Learn more about the importance of maintaining a good balance of nutrition and fluids during treatment, healthy eating, dealing with side effects from treatment, etc.

If you have questions, please call Nancy at 349-2153.