



## Proton Therapy Center

COMMUNITY CALENDAR  
Dec 9 – Dec 15, 2011

**Meet & Greet** – Tuesdays, 4:00 – 5:15 pm, at the Patient Resource Center– For all patients and their families – this is an opportunity to get to know others who are receiving similar treatment and share your experiences. Guest speaker 12/13 will be Amy Sandefur, from our Therapy team.

**Proton Therapy Systems Tour** – Sunday, January 8, 10:00 – Noon. Participants must be at least 13 years of age, may not be pregnant and those who require the use of a pacemaker are not eligible. Close-toed, flat shoes are required. RSVP to Nancy at 812-349-2153.

**Machine Shop Tour** – Wednesday, December 14, 11:00 – 11:30 am, RSVP to Nancy at 812-349-2153.

**Free haircut for pediatric patients** – A local salon has offered a free haircut to all pediatric patients. To schedule a haircut, contact Nancy at 812-349-2153.

**Dietician Available** - Do you need suggestions or assistance related to nutrition, diet, or problematic symptoms from treatment that affect eating? **Registered Dietician, Melissa Mercer** is now available to you at the Proton Center on Mondays from 10:00 am to 4:00 pm. If you have questions, need some suggestions or advice or would like to schedule a time to meet with Melissa individually, please contact the Proton Center Nursing staff.

**Logo Wear** – A limited number of shirts with the IU Health Proton Therapy Center logo are now available for purchase online. There are also items available at this website with the IU Health or Riley Hospital logos. If you would like to purchase Proton Center logoed items, visit <http://www.iuhealthstore.com/featured.php/>. Payment is required at the time of purchase and orders will be shipped directly to you. **NOTE: When completing your order, if there isn't a drill down menu to select the logo, then it will have the IU Health system logo.** IU Health Proton Therapy Center baseball hats are available for \$15 each – see Nancy at the Patient Resource Center or ask for Amanda Burnham at the reception desk.

Some special accommodations have been made to enhance your stay in Bloomington. All patients and their families have free access at the YMCA, can get a temporary library card at the public library, and can receive children's admission tickets to Wonderlab Science Museum. For more information or for other non-medical information you will need during your stay, call or stop by the Patient Resource Center Monday – Friday between 8:00 – 5:00 pm. I will be happy to assist you and look forward to meeting each of you.

**Nancy Slough**  
**Patient Concierge**  
**812.349.2153**

### **FRIDAY, December 9, 2011**

**IU Children's Choir Winter Concert** – St. John the Apostle Catholic Church, 4607 W. St. Rd. 46 (same entrance as McDonald's), 3:00 pm.

**Pre-College Harp Christmas Recital** – IU Ford-Crawford Hall in the Simon Building, 200 S. Jordan, 3:00 pm, free and open to the public.

**Seasons of Sebastian: Recital VII (organ)** – Trinity Episcopal Church, 111 S. Grant Street, 7:00 pm, public welcome. The title of this program is “From Heaven Above to Earth I Come: Christmas Music from the Master”.

**Annual Good Shepherd Band Christmas Sing-A-Long!** – ClearNote Church, 2401 S. Endwright Road, 7:00 pm, free. The Good Shepherd Band joins musical forces with adult and children’s choirs and an orchestra of musicians from the IU Jacobs School of Music. You don’t want to miss this one-of-a-kind holiday concert, featuring a variety of musical styles from gospel, folk rock to classical.

**Holiday Open House** – 520 W. Sixth Street, 3:00 – 9:00 pm, featuring works by local artists including pottery, paintings, clothing and children’s books, greeting cards and magnets.

**Christmas at the Zoo** – Indianapolis Zoo, 5:00 – 9:00, adults \$9.50, youth/seniors \$7.50. Visit the zoo and see the holiday light spectacular along with Santa’s Sweet shop, holiday train ride, carousel, visit Santa’s village, see the holiday dolphin show and enjoy all of the lighted displays.

**Musical Theater, “Believe: The Brown County Christmas Show”** – The Palace Theatre, 227 S. Van Buren, Nashville (about 15 miles east of Bloomington on Highway 46), 8:00 pm, \$18 adults, \$16 seniors and military discount, \$10, 12 and under, tickets at 812-988-2101 or [www.coachlightmusicals.com](http://www.coachlightmusicals.com).

**Lysistrata** – IU Wells Metz Theater, 275 N. Jordan, 7:30 pm, tickets \$15 - \$25 at 812-855-1103 or [www.theatre.indiana.edu](http://www.theatre.indiana.edu). Athens is at war with Sparta, and the women have had enough. Lysistrata devises a plot to end the war, but for her scheme to work ALL women MUST agree. This play promises laughs and outrageous circus-romp humor that is serious in its message to end all war. Mature content.

**Dave Schwandt, Piano** – Grazie! Italian Eatery, 106 W. Sixth, 6:00 pm.

**Movie, *Contagion*** - IU Memorial Union, Whittenberger Auditorium, 900 E. 7<sup>th</sup> Street, 8:00 and 11:00 pm, \$2. The auditorium has new theater-style seats, new acoustics and a new screen. A thriller centered on the threat posed by a deadly disease and an international team of doctors contracted by the CDC to deal with the outbreak.

**I Am Grock – Reva Shiner Comedy Award Winning Play** – Bloomington Playwrights Project, 107 W. 9<sup>th</sup> Street, 8:00 pm, \$18 general admission, \$15 student/senior. Therapist, Phoebe Broman, lands the interview of a lifetime promoting her new book, “Brutal Honesty”. Trouble is, her own insanely dysfunctional family arrives unexpectedly one hour before the interview.

**Euchre** - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 – 3:00 pm, free, no admission fee to the Center for those participating in this program.

**Comedian, Cy Ambudson** - Comedy Attic, 4<sup>th</sup> & Walnut, 8:00 and 10:30 pm, \$12, tickets at 812-336-LAFF or [www.comedyattic.com](http://www.comedyattic.com). Cy is a former winner of CMT’s Next Big Comic.

**BINGO** – AMVets Post 2000, 4227 Airport Road, doors open at 5:00, bingo at 7:00 pm, open to the public.

**BINGO** – Moose Lodge, 1580 W. Bloomfield Road, 12:30 pm, open to the public.

## **SATURDAY, December 10, 2011**

**College Mall's Breakfast with Santa** – 2893 E. Third Street, 8:00 – 10:00 am, \$5, reservations must be made at 812-332-4877.

**Live Nativity – One Holy Night** – Northside Christian Church, 3993 N. Prow Road, 6:00 – 9:00 pm, a drive-thru nativity with live characters and animals seen from the comfort and warmth of your car.

**Holiday Bazaar** – Bloomington Convention Center, 302 S. College, 10:00 – 5:00 pm, free and open to the public.

**Christmas at the Zoo** – Indianapolis Zoo, 5:00 – 9:00, adults \$9.50, youth/seniors \$7.50. Visit the zoo and see the holiday light spectacular along with Santa's Sweet shop, holiday train ride, carousel, visit Santa's village, see the holiday dolphin show and enjoy all of the lighted displays.

**Holiday Open House** – 520 W. Sixth Street, 9:30 am – 5:30 pm, featuring works by local artists including pottery, paintings, clothing and children's books, greeting cards and magnets.

**IU Men's Basketball vs Kentucky** – IU Assembly Hall, 1001 E. 17<sup>th</sup> Street, 5:15 pm, for tickets call 866-IUSPORTS.

**Lysistrata** – IU Wells Metz Theater, 275 N. Jordan, 2:00 and 7:30 pm, tickets \$15 - \$25 at 812-855-1103 or [www.theatre.indiana.edu](http://www.theatre.indiana.edu). Athens is at war with Sparta, and the women have had enough. Lysistrata devises a plot to end the war, but for her scheme to work ALL women MUST agree. This play promises laughs and outrageous circus-romp humor that is serious in its message to end all war. Mature content.

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**Movie, Contagion** - IU Memorial Union, Whittenberger Auditorium, 900 E. 7<sup>th</sup> Street, 8:00 and 11:00 pm, \$2. The auditorium has new theater-style seats, new acoustics and a new screen. A thriller centered on the threat posed by a deadly disease and an international team of doctors contracted by the CDC to deal with the outbreak.

**Winter Ice Show** – Frank Southern Ice Arena, 1965 S. Henderson Street, 5:00 – 6:00 pm, \$5. The IU Figure Skating Club will present, "A Salute to Music's Past", featuring skaters of all levels performing to popular songs.

**Free Movie, Citizen Kane (1941)** - IU Cinema, 1213 E. 7<sup>th</sup> Street, 3:00 pm, free event, but tickets are required from the IU Auditorium Box Office at the same location. This film is based on the life of William Randolph Hearst. It was nominated for nine Academy Awards.

**I Am Grock – Reva Shiner Comedy Award Winning Play** – Bloomington Playwrights Project, 107 W. 9<sup>th</sup> Street, 8:00 pm, \$18 general admission, \$15 student/senior. Therapist, Phoebe Broman, lands the interview of a lifetime promoting her new book, "Brutal Honesty". Trouble is, her own insanely dysfunctional family arrives unexpectedly one hour before the interview.

**Comedian, Cy Amudson** - Comedy Attic, 4<sup>th</sup> & Walnut, 8:00 and 10:30 pm, \$12, tickets at 812-336-LAFF or [www.comedyattic.com](http://www.comedyattic.com). Cy is a former winner of CMT's Next Big Comic.

**To Infinity and Beyond! Music from Outer Space** – College Mall Atrium (near Target), 2894 E. Third Street, 2:00 pm, free. Join Maestro Charles Latshaw and the Bloomington Symphony Orchestra for its annual free Children's Concert. Meet the instruments, a fun, interactive musical activity for kids of all ages begins at 2:00 pm and the concert begins at 3:00 pm.

**34<sup>th</sup> Annual Bloomington Jazz Festival** – Bloomington High School South, 1965 S. Walnut, 9:30 am – 8:00 pm, free and the public is welcome to come and go as your schedule allows. Throughout the day, 53 ensembles representing 26 schools will perform. Performances by guest artists will take place at 12:35 pm.

**Illusionist Dennis Alm "Theatre of Dreams"** – Brown County Playhouse, 70 S. Van Buren street, 2:00 & 5:00 pm, \$12 adults, \$11 seniors & active military, \$8 children 12 and under, tickets at 812-988-6555 or <http://www.browncountyplayhouse.org>.

**Comedy Caravan** - Bear's Place, 1316 E. Third Street, 8:00 and 10:30, \$7.

**Oliver Winery Tour and Tasting** – Oliver Winery, 8024 N. Highway 37, Noon – 4:30 pm, tours are every half hour, free. Visit Indiana's oldest and largest winery and enjoy free tasting.

**Dave Schwandt, jazz piano** – Grazie! Italian Eatery, 106 W. Sixth Street, 6:00 pm.

### **Sunday, December 11, 2011**

**Multi-Cultural Bazaar** – Congregation Beth Shalom, 3750 E. Third Street, 11:00 – 3:00 pm, public welcome. The bazaar will feature arts and crafts from congregation members and the community. There will also be a cookie sale.

**Bloomington Community Band Winter Concert** – College Mall, 2894 E. Third Street, 2:00 pm, free and open to the public. The concert will feature several Christmas carols.

**23<sup>rd</sup> Annual Messiah Sing** – St. Mark's United Methodist Church, 100 N. Highway 46 Bypass, 7:00 pm, bring canned goods for food bank as admission.

**Live Nativity – One Holy Night** – Northside Christian Church, 3993 N. Prow Road, 6:00 – 9:00 pm, a drive-thru nativity with live characters and animals seen from the comfort and warmth of your car.

**Christmas at the Zoo** – Indianapolis Zoo, 5:00 – 9:00, adults \$9.50, youth/seniors \$7.50. Visit the zoo and see the holiday light spectacular along with Santa's Sweet shop, holiday train ride, carousel, visit Santa's village, see the holiday dolphin show and enjoy all of the lighted displays.

**Free Movie, *The Magnificent Ambersons (1942)*** - IU Cinema, 1213 E. 7<sup>th</sup> Street, 3:00 pm, free event, but tickets are required from the IU Auditorium Box Office at the same location. This film follows debonair Eugene Morgan as he falls for an Indianapolis society girl, but makes a serious mistake and loses her to another man.

**Oliver Winery Tour and Tasting** – Oliver Winery, 8024 N. Highway 37, 1:00 – 4:30 pm, tours are every half hour, free. Visit Indiana's oldest and largest winery and enjoy free tasting.

**BINGO** – American Legion, 1800 W. 3<sup>rd</sup>, Early Bird at 2:00, bingo at 3:00, open to the public.

## **MONDAY, December 12, 2011**

**Winter Choral Concert** – Bloomington High School South, 1965 S. Walnut, 7:00 pm, \$5. BHSS choral groups, Sounds of South and South Sensations, will present their winter concert.

**New Movie Monday - *The Help*** – Monroe County Public Library, 303 E. Kirkwood, 6:30 pm, no registration needed. In this film, an aspiring author during the civil rights movement of the 1960's decides to write a book detailing the African-American maid's point of view on the white families for which they work, and the hardships they go through on a daily basis.

**IU Basketball Coaches Show** – Holiday Inn, 1710 N. Kinser Pike, 6:30 pm, free and open to the public. Join in on the live broadcast of the IU men's and women's basketball coach's show as they review their team's progress and game plans.

**BINGO** - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:00 pm, free, no admission fee to the Center for those participating in this program.

**BINGO** – Moose Lodge, 1580 W. Bloomfield Road, 6:30 pm, open to the public.

## **TUESDAY, December 13, 2011**

**Meet & Greet** – Patient Resource Center, 4:00 – 5:15 pm, guest speaker will be Amy Sandefur, from our Therapy team.

**Holiday Truffles** – Bloomington Cooking School, 115 N. College, 6:00 – 8:00 pm, \$48, register at 812-333-7100 or [www.bloomingtoncookingschool.com](http://www.bloomingtoncookingschool.com). Chocolate makes the perfect gift, and in this class, you'll be creating a variety of wonderful holiday truffles to give away. The class will include a light dinner featuring chocolate as well as classic Amaretto truffles, deep dark truffles and fruit and nut truffles.

**The Holiday Art of the Vine** – Venue Fine Art & Gifts, 114 S. Grant, 5:30 pm, free and open to the public. Manolo Hernandez-Martin, wine expert, importer and distributor, will share his expertise in the production, evaluation and selection of holiday wines, including sparkling wines.

**Bedtime Stories** - Monroe County Public Library, 303 E. Kirkwood, 7:00 pm, free, drop in, no registration needed. This summer tradition features stories, songs, finger plays and short films.

**Aerobic Exercise** – Twin Lakes Recreation Center Fitness Room, 1700 W. Bloomfield Road, 2:00 – 2:45 pm, free, no admission fee to the Center for those participating in this program.

**Euchre** - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 – 3:00 pm, free, no admission fee to the Center for those participating in this program.

**BINGO** – American Legion, 1800 W. 3<sup>rd</sup>, 7:00 pm, open to the public, food available for purchase.

## **WEDNESDAY, December 14, 2011**

**Storyhour Extravaganza, Here Comes Santa** – Monroe County Public Library, 303 E. Kirkwood, 10:00 & 1:30 pm, free, call 812-349-3100 to register. This is a fun-filled event for the whole family.

**Christmas at the Zoo** – Indianapolis Zoo, 5:00 – 9:00, adults \$9.50, youth/seniors \$7.50. Visit the zoo and see the holiday light spectacular along with Santa’s Sweet shop, holiday train ride, carousel, visit Santa’s village, see the holiday dolphin show and enjoy all of the lighted displays.

**BINGO** - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:00 pm, free, no admission fee to the Center for those participating in this program.

**BINGO** – AMVets Post 2000, 4227 Airport Road, doors open at 5:00, bingo at 7:00 pm, open to the public.

**Telescope Viewing** - IU Kirkwood Observatory, just off Indiana Avenue at the east end of 4<sup>th</sup> Street, 9:00 – 10:30 pm (The late hours are due to daylight savings time and the amount of darkness necessary to have a good sky-watching experience.), free and open to the public. The observatory contains a 12-inch refractor telescope and a second, solar scope. These tools are great for viewing the planets and on a good night, you can see the ring around the moon. For more information, visit [www.astro.indiana.edu/kirkwood.shtml](http://www.astro.indiana.edu/kirkwood.shtml).

## **THURSDAY, December 15, 2011**

**Krista Deter’s 6<sup>th</sup> Annual Holiday Show** – Bloomington Convention Center, 302 S. College, 7:30 pm, \$15, tickets at Sunrise Box Office, 114 E. Kirkwood or [www.kristadeter.com](http://www.kristadeter.com). This year’s line up includes Grammy-winning vocalist Sylvia McNair and surprise special guests.

**Christmas at the Zoo** – Indianapolis Zoo, 5:00 – 9:00, adults \$9.50, youth/seniors \$7.50. Visit the zoo and see the holiday light spectacular along with Santa’s Sweet shop, holiday train ride, carousel, visit Santa’s village, see the holiday dolphin show and enjoy all of the lighted displays.

## **COMING SOON**

**Annie** – Buskirk-Chumley Theater, 114 E. Kirkwood, December 16 – January 1, tickets \$23.50 - \$28.50 at 812-323-3020 or online at [www.cardinalstageorg](http://www.cardinalstageorg).

## **THINGS TO DO**

**Circle Center Mall** – located in the heart of downtown Indianapolis – has over 100 shopping, dining and entertainment venues.

[www.indianapolis.diningguide.com](http://www.indianapolis.diningguide.com) – summary list of 351 downtown Indianapolis restaurants, get reviews, look for specific cuisines.

**Edinburgh Premium Outlet Shopping** – located just north of Columbus on Highway 65 North, about an hour from Bloomington.

**Shopping in Nashville (Brown County)** – Visit Brown County for a stroll through the unique, quaint little shops of Nashville, full of unique gifts.

**Greenwood Mall** – located north of Bloomington about one hour, Greenwood offers a wide variety of shopping.

**Latest Glaze** - College Mall Road next to Hobby Lobby - paint your own pottery

## The Restaurant Review

The Restaurant Review is a compilation of great finds by our former patients. They have been rated according to a "Balloon Rating System" (per the prostate patients who attend Meet & Greet). The ratings are 1 – 5 balloons, with 5 being the best. Check them out!

Another great source of area restaurant information is [www.Btownmenu.com](http://www.Btownmenu.com).

### **RESTAURANT REVIEW** (Call Nancy at 349-2153 to add your favorite to the list.)

- **German Café** – Paoli, IN (about an hour south of Bloomington on Highway 37), the Café is Located just past the entrance to Walmart in Paoli on the left side of the road. They serve Authentic German food that is excellent and offer very reasonable prices. They are open Tuesday – Friday 11:00 – 2:00 and 5:00 – 8:30 and Saturday 5:00 – 8:30 pm. – **5 balloons**
- **Wee Willies West Restaurant** – 4618 W. Richland Plaza, - Highway 46 West to Union Valley Road (about 5 miles from MPRI) turn right, restaurant on left - **5 balloons**
- **Chambers Smorgasbord**, 72 W. Market, Spencer (about 15 miles west on Highway 46), Open Mon – Sat – 5:30 am – 8:00 pm, Sun, 7:00 – 2:30 pm, breakfast bar Sat/Sun – **5 balloons**
- **Five Guys** - 1199 S. College Mall Road - Five Guys serves burgers, hot dogs, grilled cheese, veggie sandwiches and French fries. The restaurant uses only freshly ground beef and all items are available with an extensive list of toppings, which are added free of charge. The menu can be viewed at [www.fiveguys.com/menu.aspx](http://www.fiveguys.com/menu.aspx) - **5 balloons**
- **The Overlook** - Leavenworth, IN - Positioned uniquely on a bluff, the Overlook Restaurant offers a 20 mile panoramic vista of the Ohio River - **5 balloons**
- **The Farmhouse Café & Tea Room** – I have received word that the Farmhouse closed for the winter months. It will re-open April 15- 812-988-2004 - **5 balloons**  
Highway 46 East to Nashville, 135 North about 5 miles to Bean Blossom, turn right on Gatesville Road (go 3 miles), turn left on Bean Blossom Road, Café is on right.  
Open for lunch every day from 11:00 - 4:00, dinner Tuesday - Saturday, 5:00 - 8:00 pm. Homemade soups, sandwiches, fresh salads, fruit salads, scrumptious desserts, flavored iced teas, fruit fizzes, kiwi & mango coolers, sassafras tea, iced creamy mochas, homemade cheesecake, steaks, chops and salmon and chicken. Check us out! It's worth the drive.
- **Artists Colony Inn** – 105 S. Van Buren Street, Nashville, breakfast, lunch and dinner served daily in an early Colonial setting, nice variety of foods – **4.5 balloons**
- **Bubs Burgers and Ice Cream** – 480 N. Morton Street (corner of 9<sup>th</sup> & Morton) – **4.5 balloons**  
Check out menu options at [www.bubsburgersandicecream.com](http://www.bubsburgersandicecream.com) – the menu is the same for the Carmel and Bloomington locations.
- **Feast** - 581 E. Hillside, Suite #104, 812-822-0222 - Great Sunday Brunch, out-of-this-world Crème Brulee cheesecake. **4.5 balloons**
- **Spring Mill State Park, Millstone Dining Room** – Mitchell, Highway 37 South to 60 East (about an hour drive), breakfast, buffet style lunch and dinner, inexpensive, lots of variety – **4.5 balloons**
- **Smokin' Jacks Rib Shack** - 505 W. 17th - **4.5 balloons**
- **Hobnob Restaurant** - 17 W. Main Street, Nashville - **4.5 balloons**
- **Siam House** - 430 E. 4th Street - **4 balloons**
- **Bobbie's Pub & Grill** - 101 W. Kirkwood - **4 balloons**
- **Scenic View Restaurant** - 4600 S. St. Rd. 446 - **3.5 balloons**
- **Basil Leaf** - 404 E. 4th - **3.5 balloons**
- **Anatolia** - 405 E. 4th - **3.5 balloons**
- **Lennies** - 1795 E. 10th
- **Sweet Grass** - 405 W. Patterson Drive
- **Soups On** - 108 S. Rogers
- **Irish Lion** - 212 W. Kirkwood
- **FarmBloomington** - 108 E. Kirkwood
- **Eagle Pointe/Talons Restaurant** - 2250 E. Pointe Road - 812-824-4040 for menu options.  
Casual dining, daily specials, soups, salads, wraps, pizza, & full dinner entrees.

