



## Proton Therapy Center

COMMUNITY CALENDAR  
Dec 23, 2011 – Jan 5, 2012

**Meet & Greet** – Tuesdays, 4:00 – 5:15 pm, at the Patient Resource Center– For all patients and their families – this is an opportunity to get to know others who are receiving similar treatment and share your experiences. **We will not be meeting on Dec 27 or Jan 3. The next Meet & Greet will take place Tuesday, Jan 10 and the speaker will be Jen Bratton, Nursing Supervisor.**

**Proton Therapy Systems Tour** – Sunday, January 8, 10:00 – Noon. Participants must be at least 13 years of age, may not be pregnant and those who require the use of a pacemaker are not eligible. Close-toed, flat shoes are required. RSVP to Nancy at 812-349-2153.

**Free haircut for pediatric patients** – A local salon has offered a free haircut to all pediatric patients. To schedule a haircut, contact Nancy at 812-349-2153.

**Dietician Available** - Do you need suggestions or assistance related to nutrition, diet, or problematic symptoms from treatment that affect eating? **Registered Dietician, Melissa Mercer** is now available to you at the Proton Center on Mondays from 10:00 am to 4:00 pm. If you have questions, need some suggestions or advice or would like to schedule a time to meet with Melissa individually, please contact the Proton Center Nursing staff.

**Logo Wear** – A limited number of shirts with the IU Health Proton Therapy Center logo are now available for purchase online. There are also items available at this website with the IU Health or Riley Hospital logos. If you would like to purchase Proton Center logoed items, visit <http://www.iuhealthstore.com/featured.php/>. Payment is required at the time of purchase and orders will be shipped directly to you. **NOTE: When completing your order, if there isn't a drill down menu to select the logo, then it will have the IU Health system logo.** IU Health Proton Therapy Center baseball hats are available for \$15 each – see Nancy at the Patient Resource Center or ask for Amanda Burnham at the reception desk.

Some special accommodations have been made to enhance your stay in Bloomington. All patients and their families have free access at the YMCA, can get a temporary library card at the public library, and can receive children's admission tickets to Wonderlab Science Museum. For more information or for other non-medical information you will need during your stay, call or stop by the Patient Resource Center Monday – Friday between 8:00 – 5:00 pm. I will be happy to assist you and look forward to meeting each of you.

**Nancy Slough**  
**Patient Concierge**  
**812.349.2153**

### **FRIDAY, December 23, 2011**

**Christmas at the Zoo** – Indianapolis Zoo, 5:00 – 9:00, adults \$9.50, youth/seniors \$7.50. Visit the zoo and see the holiday light spectacular along with Santa's Sweet shop, holiday train ride, carousel, visit Santa's village, see the holiday dolphin show and enjoy all of the lighted displays.

**Annie, the Musical** – Buskirk-Chumley Theater, 114 E. Kirkwood, 7:00 pm, tickets \$23.50 - \$28.50 at 812-323-3020 or online at [www.cardinalstageorg](http://www.cardinalstageorg).

**BINGO** – AMVets Post 2000, 4227 Airport Road, doors open at 5:00, bingo at 7:00 pm, open to the public.

**BINGO** – Moose Lodge, 1580 W. Bloomfield Road, 12:30 pm, open to the public.

**Dave Schwandt – Jazz Piano** – Grazie! Italian Eatery, 106 W. Sixth Street, 6:00 pm.

### **SATURDAY, December 24, 2011**

**YMCA will be open from 6:00 am – 1:00 pm.**

**Annie, the Musical** – Buskirk-Chumley Theater, 114 E. Kirkwood, 10:00 & 2:00 pm, tickets \$23.50 - \$28.50 at 812-323-3020 or online at [www.cardinalstageorg](http://www.cardinalstageorg).

**Comedy Caravan** - Bear's Place, 1316 E. Third Street, 8:00 and 10:30, \$7.

**Oliver Winery Tour and Tasting** – Oliver Winery, 8024 N. Highway 37, Noon – 4:30 pm, tours are every half hour, free. Visit Indiana's oldest and largest winery and enjoy free tasting.

### **Sunday, December 25, 2011 – *Merry Christmas!***

**YMCA will be closed today.**

**Wonderlab Science Museum closed today.**

**Oliver Winery Tour and Tasting** – Oliver Winery, 8024 N. Highway 37, 1:00 – 4:30 pm, tours are every half hour, free. Visit Indiana's oldest and largest winery and enjoy free tasting.

**BINGO** – American Legion, 1800 W. 3<sup>rd</sup>, Early Bird at 2:00, bingo at 3:00, open to the public.

### **MONDAY, December 26, 2011** - The Proton Center is closed today.

**YMCA open regular hours today – 5:00 am – 10:00 pm.**

**Wonderlab Science Museum closed today.**

**Christmas at the Zoo** – Indianapolis Zoo, 5:00 – 9:00, adults \$9.50, youth/seniors \$7.50. Visit the zoo and see the holiday light spectacular along with Santa's Sweet shop, holiday train ride, carousel, visit Santa's village, see the holiday dolphin show and enjoy all of the lighted displays.

**IU Basketball Coaches Show** – Holiday Inn, 1710 N. Kinser Pike, 6:30 pm, free and open to the public. Join in on the live broadcast of the IU men's and women's basketball coach's show as they review their team's progress and game plans.

**BINGO** - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:00 pm, free, no admission fee to the Center for those participating in this program.

**BINGO** – Moose Lodge, 1580 W. Bloomfield Road, 6:30 pm, open to the public.

### **TUESDAY, December 27, 2011**

**Meet & Greet is canceled today.**

**Wonder Workshop** – Wonderlab Science Museum, 308 W. 4<sup>th</sup> Street, 11:30 – 3:00 pm, free children’s admission tickets for patients and their families (see Nancy for tickets), adults \$7, this activity requires an additional \$2 per person for supplies. Drop in to create a gift with science content from a selection of different craft projects offered each day. Do one or more.

**Christmas at the Zoo** – Indianapolis Zoo, 5:00 – 9:00, adults \$9.50, youth/seniors \$7.50. Visit the zoo and see the holiday light spectacular along with Santa’s Sweet shop, holiday train ride, carousel, visit Santa’s village, see the holiday dolphin show and enjoy all of the lighted displays.

**IU Women’s Basketball vs. Texas A & M Corpus Christi** – IU Assembly Hall, 1001 E. 17<sup>th</sup> Street, 7:00 pm, \$5 adults, \$3 children.

**BINGO** – American Legion, 1800 W. 3<sup>rd</sup>, 7:00 pm, open to the public, food available for purchase.

### **WEDNESDAY, December 28, 2011**

**Christmas at the Zoo** – Indianapolis Zoo, 5:00 – 9:00, adults \$9.50, youth/seniors \$7.50. Visit the zoo and see the holiday light spectacular along with Santa’s Sweet shop, holiday train ride, carousel, visit Santa’s village, see the holiday dolphin show and enjoy all of the lighted displays.

**Readable Feasts** – Monroe County Public Library, 303 E. Kirkwood, 2:30 pm, free and open to the public. A proven “recipe” for fun! Kids create a scrumptious snack related to the book they’ve just heard read aloud. The young chefs practice measuring, following directions, and narrative skills, as they whip up and eat a delicious treat.

**Wonder Workshop** – Wonderlab Science Museum, 308 W. 4<sup>th</sup> Street, 11:30 – 3:00 pm, free children’s admission tickets for patients and their families (see Nancy for tickets), adults \$7, this activity requires an additional \$2 per person for supplies. Drop in to create a gift with science content from a selection of different craft projects offered each day. Do one or more.

**Stardusters Jazz Orchestra** – Players’ Pub, 424 S. Walnut Street, 7:30 pm, \$7 at the door. The Stardusters Jazz Orchestra features the big band sound needed to perfect your ballroom dance moves.

**BINGO** – AMVets Post 2000, 4227 Airport Road, doors open at 5:00, bingo at 7:00 pm, open to the public.

### **THURSDAY, December 29, 2011**

**Annie, the Musical** – Buskirk-Chumley Theater, 114 E. Kirkwood, 7:00 pm, tickets \$23.50 - \$28.50 at 812-323-3020 or online at [www.cardinalstage.org](http://www.cardinalstage.org).

**Wonder Workshop** – Wonderlab Science Museum, 308 W. 4<sup>th</sup> Street, 11:30 – 3:00 pm, free children’s admission tickets for patients and their families (see Nancy for tickets), adults \$7, this activity requires an additional \$2 per person for supplies. Drop in to create a gift with science content from a selection of different craft projects offered each day. Do one or more.

**Christmas at the Zoo** – Indianapolis Zoo, 5:00 – 9:00, adults \$9.50, youth/seniors \$7.50. Visit the zoo and see the holiday light spectacular along with Santa’s Sweet shop, holiday train ride, carousel, visit Santa’s village, see the holiday dolphin show and enjoy all of the lighted displays.

**Daytime Crafting Fun for Families** – Ellettsville branch of the Monroe County Public Library, 200 W. Temperance Street, 11:00 and 2:00 pm, free. There will be a variety of craft items to make and take at each of these sessions. Dress to mess!

**Comedian, Mike MacRae** - Comedy Attic, 4<sup>th</sup> & Walnut, 8:00 and 10:30 pm, \$12, tickets at 812-336-LAFF or [www.comedyattic.com](http://www.comedyattic.com).

### **FRIDAY, December 30, 2011**

**Christmas at the Zoo** – Indianapolis Zoo, 5:00 – 9:00, adults \$9.50, youth/seniors \$7.50. Visit the zoo and see the holiday light spectacular along with Santa's Sweet shop, holiday train ride, carousel, visit Santa's village, see the holiday dolphin show and enjoy all of the lighted displays.

**Annie, the Musical** – Buskirk-Chumley Theater, 114 E. Kirkwood, 7:00 pm, tickets \$23.50 - \$28.50 at 812-323-3020 or online at [www.cardinalstageorg](http://www.cardinalstageorg).

**Comedian, Mike MacRae** - Comedy Attic, 4<sup>th</sup> & Walnut, 8:00 and 10:30 pm, \$12, tickets at 812-336-LAFF or [www.comedyattic.com](http://www.comedyattic.com).

**IU Women's Basketball vs. Michigan State** – IU Assembly Hall, 1001 E. 17<sup>th</sup> Street, 6:00 pm, \$1 admission.

### **SATURDAY, December 31, 2011**

**YMCA will be open 6:00 am – 1:00 pm today.**

**IU Men's Basketball vs. Ohio State** – IU Assembly Hall, 1001 E. 17<sup>th</sup> Street, 6:00 pm, tickets at 866-IUSPORTS or [www.iuhoosiers.com](http://www.iuhoosiers.com).

**Annie, the Musical** – Buskirk-Chumley Theater, 114 E. Kirkwood, 12:00 & 4:00 pm, tickets \$23.50 - \$28.50 at 812-323-3020 or online at [www.cardinalstageorg](http://www.cardinalstageorg).

**Comedian, Mike MacRae** - Comedy Attic, 4<sup>th</sup> & Walnut, 8:00 and 10:30 pm, \$12, tickets at 812-336-LAFF or [www.comedyattic.com](http://www.comedyattic.com).

### **SUNDAY, January 1, 2012**

**YMCA will be closed today.**

**Annie, the Musical** – Buskirk-Chumley Theater, 114 E. Kirkwood, 2:00 & 7:00 pm, tickets \$23.50 - \$28.50 at 812-323-3020 or online at [www.cardinalstageorg](http://www.cardinalstageorg).

### **MONDAY, January 2, 2012** - The Proton Center is closed today.

**YMCA will be open 5:00 am – 10:00 pm today.**

**IU Basketball Coaches Show** – Holiday Inn, 1710 N. Kinser Pike, 6:30 pm, free and open to the public. Join in on the live broadcast of the IU men's and women's basketball coach's show as they review their team's progress and game plans.

## **TUESDAY, January 3, 2012**

**Meet & Greet is canceled today.**

## **WEDNESDAY, January 4, 2012**

## **THURSDAY, January 5, 2012**

**IU Men's Basketball vs. Michigan** – IU Assembly Hall, 1001 E. 17<sup>th</sup> Street, 7:00 or 9:00 pm (depending on TV coverage), tickets at 866-IUSPORTS or [www.iuhoosiers.com](http://www.iuhoosiers.com).

**Ryder Film Series** – Root Cellar Lounge of FARMbloomington, 108 E. Kirkwood, 7:30 pm, \$5 per person. The Ryder Film Series shows the best foreign, independent and classic American films. All ages are welcome and you can also enjoy fresh, local food & drinks.

## **RESOURCES**

**Olcott Center for Cancer Education** – Located at 619 W. First Street, this local resource offers a clearinghouse of materials about all types of cancer. Support groups are offered several times a week and are open to anyone. The Olcott Center also provides one **free massage to anyone undergoing treatment**. If you wish to be scheduled, I would suggest that you contact them soon as there are a limited number of appointments available for massages. You can reach them at 812-353-5669.

The Olcott Center also has several support groups:

Mondays – 3:00 – 5:00 pm – all cancer support group for patients and families

Third Tuesday/month – 6:30 – 8:30 – all cancer group for patients and families

Wednesdays – 7:00 – 8:30 pm – for women with breast cancer

## **THINGS TO DO**

**Showplace Theater 12** – 2929 W. Third Street, for movie listings call 812-323-0796.

**Showplace Theater 11** – 1351 S. College Mall Road, for movie listings call 888-262-4386.

**IMAX Theater at the Indiana State Museum** - 650 W. Washington Street, in downtown Indy, Tickets can be purchased by telephone at 317-233-IMAX. For schedule information, visit [www.imax.com/indy](http://www.imax.com/indy).

**French Lick, Indiana** – French Lick is located in southern Indiana, a little over an hour's drive from Bloomington. There's a lot to see here including two beautifully restored hotels, West Baden Hotel and the French Lick Springs Resort Hotel and Casino. There's also an indoor water park, indoor go-kart racing, restaurants and it is also the boy-hood home of Larry Bird. For more information about activities, visit [www.frenchlick.com](http://www.frenchlick.com).

**Indiana Railway Museum** – located in French Lick, IN your family can enjoy a ride on the French Lick Scenic Railway. This 1 ¾ hour, 20 mile train ride takes you through the Hoosier National Forest, past limestone rock-cuts and into the 2200-foot Burton tunnel, the second longest railroad tunnel in the state. The trips are powered by diesel locomotives. For more info, visit [www.indianarailwaymuseum.org](http://www.indianarailwaymuseum.org).

## The Restaurant Review

The Restaurant Review is a compilation of great finds by our former patients. They have been rated according to a "Balloon Rating System" (per the prostate patients who attend Meet & Greet). The ratings are 1 – 5 balloons, with 5 being the best. Check them out!

Another great source of area restaurant information is [www.Btownmenus.com](http://www.Btownmenus.com).

### **RESTAURANT REVIEW** (Call Nancy at 349-2153 to add your favorite to the list.)

- **German Café** – Paoli, IN (about an hour south of Bloomington on Highway 37), the Café is Located just past the entrance to Walmart in Paoli on the left side of the road. They serve Authentic German food that is excellent and offer very reasonable prices. They are open Tuesday – Friday 11:00 – 2:00 and 5:00 – 8:30 and Saturday 5:00 – 8:30 pm. – **5 balloons**
- **Wee Willies West Restaurant** – 4618 W. Richland Plaza, - Highway 46 West to Union Valley Road (about 5 miles from MPRI) turn right, restaurant on left - **5 balloons**
- **Chambers Smorgasbord**, 72 W. Market, Spencer (about 15 miles west on Highway 46), Open Mon – Sat – 5:30 am – 8:00 pm, Sun, 7:00 – 2:30 pm, breakfast bar Sat/Sun – **5 balloons**
- **Five Guys** - 1199 S. College Mall Road - Five Guys serves burgers, hot dogs, grilled cheese, veggie sandwiches and French fries. The restaurant uses only freshly ground beef and all items are available with an extensive list of toppings, which are added free of charge. The menu can be viewed at [www.fiveguys.com/menu.aspx](http://www.fiveguys.com/menu.aspx) - **5 balloons**
- **The Overlook** - Leavenworth, IN - Positioned uniquely on a bluff, the Overlook Restaurant offers a 20 mile panoramic vista of the Ohio River - **5 balloons**
- **The Farmhouse Café & Tea Room** – I have received word that the Farmhouse is closed for the winter months. It will re-open April 15- 812-988-2004 - **5 balloons**  
Highway 46 East to Nashville, 135 North about 5 miles to Bean Blossom, turn right on Gatesville Road (go 3 miles), turn left on Bean Blossom Road, Café is on right.  
Open for lunch every day from 11:00 - 4:00, dinner Tuesday - Saturday, 5:00 - 8:00 pm. Homemade soups, sandwiches, fresh salads, fruit salads, scrumptious desserts, flavored iced teas, fruit fizzes, kiwi & mango coolers, sassafras tea, iced creamy mochas, homemade cheesecake, steaks, chops and salmon and chicken. Check us out! It's worth the drive.
- **Artists Colony Inn** – 105 S. Van Buren Street, Nashville, breakfast, lunch and dinner served daily in an early Colonial setting, nice variety of foods – **4.5 balloons**
- **Bubs Burgers and Ice Cream** – 480 N. Morton Street (corner of 9<sup>th</sup> & Morton) – **4.5 balloons**  
Check out menu options at [www.bubsburgersandicecream.com](http://www.bubsburgersandicecream.com) – the menu is the same for the Carmel and Bloomington locations.
- **Feast** - 581 E. Hillside, Suite #104, 812-822-0222 - Great Sunday Brunch, out-of-this-world Crème Brulee cheesecake. **4.5 balloons**
- **Spring Mill State Park, Millstone Dining Room** – Mitchell, Highway 37 South to 60 East (about an hour drive), breakfast, buffet style lunch and dinner, inexpensive, lots of variety – **4.5 balloons**
- **Smokin' Jacks Rib Shack** - 505 W. 17th - **4.5 balloons**
- **Hobnob Restaurant** - 17 W. Main Street, Nashville - **4.5 balloons**
- **Siam House** - 430 E. 4th Street - **4 balloons**
- **Bobbie's Pub & Grill** - 101 W. Kirkwood - **4 balloons**
- **Scenic View Restaurant** - 4600 S. St. Rd. 446 - **3.5 balloons**
- **Basil Leaf** - 404 E. 4th - **3.5 balloons**
- **Anatolia** - 405 E. 4th - **3.5 balloons**
- **Lennies** - 1795 E. 10th
- **Sweet Grass** - 405 W. Patterson Drive
- **Soups On** - 108 S. Rogers
- **Irish Lion** - 212 W. Kirkwood
- **FarmBloomington** - 108 E. Kirkwood
- **Eagle Pointe/Talons Restaurant** - 2250 E. Pointe Road - 812-824-4040 for menu options.  
Casual dining, daily specials, soups, salads, wraps, pizza, & full dinner entrees.