



## Proton Therapy Center

COMMUNITY CALENDAR  
Oct 28 – Nov 3, 2011

**Important scheduling information – We will begin using a new scheduling software system next week. Some important information from our old system may not get transferred to the new system. If you had specific scheduling needs for your treatment due to work, transportation, other doctor appointments, etc. OR if you requested a time for a specific date, please give that information to the staff at the front desk or the therapist so we can do our best to accommodate you.**

**Meet & Greet** – Tuesdays, 4:00 – 5:15 pm, at the Patient Resource Center– For all patients and their families – this is an opportunity to get to know others who are receiving similar treatment and share your experiences. Guest speaker 11/1 will be Nursing Supervisor, Jen Bratton.

**Proton Therapy Systems Tour** – Sunday, Nov 13, 10:00 – Noon. This tour is open to all patients, their families, friends and staff. Participants must be at least 13 years of age, may not be pregnant and those who require the use of a pacemaker are not eligible. Close-toed shoes are required. RSVP to Nancy at 812-349-2153. Next scheduled tour will be December 4.

**Machine Shop Tour** – Wednesday, Nov 16, 11:00 – 11:30 am – This tour is open to all patients and their families, along with staff. Participants must be at least 13. Please RSVP to Nancy.

**Dietician Available** - Do you need suggestions or assistance related to nutrition, diet, or problematic symptoms from treatment that affect eating? **Registered Dietician, Melissa Mercer** is now available to you at the Proton Center on Mondays from 10:00 am to 4:00 pm. If you have questions, need some suggestions or advice or would like to schedule a time to meet with Melissa individually, please contact the Proton Center Nursing staff.

**Free haircut for pediatric patients** – A local salon has offered a free haircut to all pediatric patients. To schedule a haircut, contact Nancy at 812-349-2153.

**Logo Wear** – A limited number of shirts with the IU Health Proton Therapy Center logo are now available for purchase online. There are also items available at this website with the IU Health or Riley Hospital logos. If you would like to purchase Proton Center logoed items, visit <http://www.iuhealthstore.com/featured.php/>. Payment is required at the time of purchase and orders will be shipped directly to you. **NOTE: When completing your order, if there isn't a drill down menu to select the logo, then it will have the IU Health system logo.** IU Health Proton Therapy Center baseball hats are available for \$15 each – see Nancy at the Patient Resource Center or ask for Amanda Burnham at the reception desk.

**Nancy Slough  
Patient Concierge  
812.349.2153**

## **FRIDAY, October 28, 2011**

**IU Homecoming Light Parade** – All entries in the parade are encouraged to use lighting in a variety of ways. Parade route is along E. Third Street at Jordan Avenue, traveling west to Indiana and on to 7<sup>th</sup> Street. A pep rally will follow at 8:00 pm at the Sample Gates at the intersection of Kirkwood and Indiana. Musician Todd Rundgren will be the Grand Marshal.

**Make-it Take-it Halloween Clay Pot** – Michaels, 120 N. Gates Drive, 6:00 – 8:00 pm, all supplies free with purchase of clay pot. For all ages, especially children.

**Kid-Friendly Halloween Festival** – Ben Jammin’s Family Fun Center, corner of Smith Pike and Highway 46 next to Orschelin’s, 5:00 – 7:00 pm, check out the website for coupons at [www.benjamminsfuncenter.com](http://www.benjamminsfuncenter.com). Mini-golf, bounce castle, cannon blaster, food and more.

**Freeman Family Farms & Pumpkin Patch** – 6220 S. Victor Pike, 4:00 – 7:00 pm, \$3 admission. Hayrides, petting zoo, a fun filled mini-train with 7 cars made just for the little pumpkin pickers! Great, family fun!

**Festival of Ghost Stories** – Bryan Park, 1001 S. Henderson Street, 7:00 – 8:30 pm, free and open to the public. An ink-black night with leering jack-o-lanterns and crisp cider set the stage for an evening of live storytelling beneath the stars. Bring a lawn chair or blanket and dress warmly. This is not appropriate for younger children.

**Pipes Spooktacular** – IU Auer Hall in the Simon Building, 200 S. Jordan, 7:00 pm, free and open to the public. This is a recital by Jacobs School of Music Faculty and students.

**Music with Booker T** – Buskirk-Chumley Theater, 114 E. Kirkwood, 8:00 pm, \$26 - \$30. At the intersection of Rock and Roll, R & B and Soul, one legendary band leader and producer stands out among others. A graduate of IU, Booker T has been recognized as a driving force behind the development of many artists and was awarded a Grammy Lifetime Achievement Award.

**IU Opera Theater presents “A View from the Bridge”** – IU Musical Arts Center, 101 N. Jordan, 8:00 pm, tickets \$10 - \$25 at [www.music.indiana.edu/opera](http://www.music.indiana.edu/opera).

**Upland’s B-Line Shindig** – Upland Brewing Co., 350 W. 11<sup>th</sup>, 6:30 pm, \$10, food and drink available along with live music.

**“The Marvelous Wonderettes”** – Brown County Playhouse, 70 S. Van Buren Street, Nashville, 7:30 pm, \$15 - \$26, tickets at 812-988-6555 or [www.browncountyplayhouse.org](http://www.browncountyplayhouse.org). This musical trip down memory lane is set in a 1950’s high school.

**Dave Schwandt, Piano** – Grazie! Italian Eatery, 106 W. Sixth, 6:00 pm.

**Musical Theater, “Forever Vegas”** – The Palace Theatre, 227 S. Van Buren, Nashville (about 15 miles east of Bloomington on Highway 46), 1:30 pm, \$18 adults, \$16 seniors and military discount, \$10 12 and under, tickets at 812-988-2101 or [www.coachlightmusicals.com](http://www.coachlightmusicals.com). Remember those great Vegas shows with songs like “Viva Las Vegas”? “Forever Vegas” brings back music and memories that have entertained us in many different ways. You’ll hear barbershop harmonies and old favorites, all sung by four talented men from the heartland of America.

**Movie, *Scream 4*** – IU Memorial Union, Whittenberger Auditorium, 900 E. 7<sup>th</sup> Street, 8:00 and 11:00 pm, \$2. The auditorium has new theater-style seats, new acoustics and a new screen. Ten years have passed, and Sidney Prescott, who has put herself back together thanks in part to her writing, is visited by the Ghostface Killer.

**Euchre** - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 – 3:00 pm, free, no admission fee to the Center for those participating in this program.

**Comedian, Nikki Glaser** - Comedy Attic, 4<sup>th</sup> & Walnut, 8:00 and 10:30 pm, \$12, tickets at 812-336-LAFF or [www.comedyattic.com](http://www.comedyattic.com).

**BINGO** – AMVets Post 2000, 4227 Airport Road, doors open at 5:00, bingo at 7:00 pm, open to the public.

**BINGO** – Moose Lodge, 1580 W. Bloomfield Road, 12:30 pm, open to the public.

## **SATURDAY, October 29, 2011**

**Bloomington Community Farmer's Market** – 401 N. Morton Street, 8:00 – Noon. Entertainment, food, demonstrations, and much more.

**IU Football vs. Northwestern** – IU Memorial Stadium, 1001 E. 17<sup>th</sup> Street, noon, tickets available at the gate, children's admission is only \$5. This is Homecoming Week so you can expect heavier traffic and back-ups at local restaurants throughout the weekend.

**The Rocky Horror Picture Show** – Buskirk-Chumley Theater, 114 E. Kirkwood, 8:00 pm and midnight, \$15 at the door. Enjoy the show along with a pre-show costume contest.

**Trick or Treat with City Church** – City Church, 1200 N. Russell Road, 3:00 – 5:00 pm, free food and activities for children, including a bouncy castle, free candy, face painting, pumpkin roll, basketball games and contests. Please bring a nonperishable food item that will be donated to the Hoosier Hills Food Bank.

**Halloween fun for the family – Make-it Take-it Duct Tape Pail or Tote** – Michaels, 120 S. Gates Drive, 11:00 – Noon, all supplies free with purchase of pail or tote. Face painting noon – 1:30. Halloween parade with free candy 1:30 – 2:00 pm.

**Halloween at Lake Monroe** – Paynetown Campground, 4850 S. State Road 446, 2:00 – 9:00 pm, \$5 per in-state vehicle, \$7 per out-of-state vehicle. Creepy crafts 2:00 – 4:00 pm, drop by anytime during this period to make some fun, seasonal crafts.

**Halloween Costume Party at Evil Pointe** – Eagle Pointe Clubhouse, 2250 E. Pointe Road, 9:00 – 1:00 am. Everyone welcome.

**Safe Trick or Treat** – At participating retailers in the College Mall, 2894 E. Third, 6:00 – 8:00 pm, please bring a canned food item to benefit the Hoosiers Hills Food Bank. Buddy the Dinosaur will be available for visits and photographs.

**Faculty Chamber Recital** – IU Auer Hall in the Simon Building, 200 S. Jordan, 8:00 pm, free and open to the public.

**Musical, *West Side Story*** – Bloomington High School South, 1965 S. Walnut, 8:00 pm, tickets \$10 - \$15 at the door. Presented by Bloomington South's Sounds of South musical theater group.

**Musical Theater, "Dream Lover: A Salute to the Music of Bobby Darin"** – The Palace Theatre, 227 S. Van Buren, Nashville (about 15 miles east of Bloomington on Highway 46), 1:00 pm, \$18 adults, \$16 seniors and military discount, \$10 12 and under, tickets at 812-988-2101 or [www.coachlightmusicals.com](http://www.coachlightmusicals.com).

**Musical Theater, "Heartbreak Hotel: A Salute to Young Elvis"** – The Palace Theatre, 227 S. Van Buren, Nashville (about 15 miles east of Bloomington on Highway 46), 5:00 pm, \$18 adults, \$16 seniors and military discount, \$10 12 and under, tickets at 812-988-2101 or [www.coachlightmusicals.com](http://www.coachlightmusicals.com). The program features a live band comprised of the country's finest musicians, authentic costumes, and state-of-the-art sound and lighting.

**Musical Theater, "Man in Black: The Music of Johnny Cash"** – The Palace Theatre, 227 S. Van Buren, Nashville (about 15 miles east of Bloomington on Highway 46), 8:00 pm, \$18 adults, \$16 seniors and military discount, \$10 12 and under, tickets at 812-988-2101 or [www.coachlightmusicals.com](http://www.coachlightmusicals.com). Celebrate the life and music of Johnny Cash with this brand new concert production featuring the most popular songs from his nearly 50 year career.

**Skate & Scare** – Frank Southern Ice Arena, 1965 S. Henderson, 7:00 – 9:00 pm, \$5 + \$2.50 skate rental. Skeletons. . . on skates? Kids and adults can skate to spooky tunes, enjoy warm cider, and skate through our haunted house on ice. There's also a happy house to skate through for the youngsters with trick-or-treat stations throughout. Prizes awarded for costumes.

**Freeman Family Farms & Pumpkin Patch** – 6220 S. Victor Pike, 10:00 - 8:00 pm, \$3 admission. Hayrides, petting zoo, a fun filled mini-train with 7 cars made just for the little pumpkin pickers! Great, family fun!

**Melchior Marionette Theater presents "The *slightly* Haunted Puppet Theater"** – Downtown Nashville, west side of S. Van Buren Street, 1:00 and 3:00 pm, \$5, under 2 free, tickets sold 15 minutes before show time.

**IU Opera Theater presents "A View from the Bridge"** – IU Musical Arts Center, 101 N. Jordan, 8:00 pm, tickets \$10 - \$25 at [www.music.indiana.edu/opera](http://www.music.indiana.edu/opera).

**Movie, *Scream 4***– IU Memorial Union, Whittenberger Auditorium, 900 E. 7<sup>th</sup> Street, 8:00 and 11:00 pm, \$2. The auditorium has new theater-style seats, new acoustics and a new screen. Ten years have passed, and Sidney Prescott, who has put herself back together thanks in part to her writing, is visited by the Ghostface Killer.

**Illusionist Dennis Alm "Theatre of Dreams"** – Brown County Playhouse, 70 S. Van Buren street, 2:00 & 5:00 pm, \$12 adults, \$11 seniors & active military, \$8 children 12 and under, tickets at 812-988-6555 or <http://www.browncountyplayhouse.org>.

**"The Marvelous Wonderettes"** – Brown County Playhouse, 70 S. Van Buren Street, Nashville, 7:30 pm, \$15 - \$26, tickets at 812-988-6555 or [www.browncountyplayhouse.org](http://www.browncountyplayhouse.org). This musical trip down memory lane is set in a 1950's high school.

**The Back Roads of Brown County 10<sup>th</sup> Annual Driving Tour of Artists' and Craftsmen's Studios – October 1 – 31.** You can pick up a map at the Brown County Visitor's Center or the Monroe County Visitor's Center. The map is clearly marked, along with signs along the roadways to assist you in your travels. Drive scenic back roads on this free, self-guided tour, winding your way through woods decked out in their finest fall colors, stopping along the way to visit artists and craftsmen working in their home studios. Visit [www.BrownCountyStudioTour.com](http://www.BrownCountyStudioTour.com) for more information.

**Comedian, Nikki Glaser - Comedy Attic, 4<sup>th</sup> & Walnut, 8:00 and 10:30 pm, \$12, tickets at 812-336-LAFF or [www.comedyattic.com](http://www.comedyattic.com).**

**Comedy Caravan - Bear's Place, 1316 E. Third Street, 8:00 and 10:30, \$7.**

**Oliver Winery Tour and Tasting – Oliver Winery, 8024 N. Highway 37, Noon – 4:30 pm, tours are every half hour, free. Visit Indiana's oldest and largest winery and enjoy free tasting.**

**Dave Schwandt, jazz piano – Grazie! Italian Eatery, 106 W. Sixth Street, 6:00 pm.**

### **Sunday, October 30, 2011**

**Freeman Family Farms & Pumpkin Patch – 6220 S. Victor Pike, Noon - 5:00 pm, \$3 admission. Hayrides, petting zoo, a fun filled mini-train with 7 cars made just for the little pumpkin pickers! Great, family fun!**

**Free Movie – *Altered States (1980)* - IU Cinema, 1213 E. 7<sup>th</sup> Street, 3:00 pm, free event, but tickets are required from the IU Auditorium Box Office at the same location. This is a psychedelic sci-fi horror film about a psychologist's obsessive aspiration to discover all levels of human consciousness.**

**Musical Theater, "How Great Thou Art: The Gospel Music of Elvis Presley" – The Palace Theatre, 227 S. Van Buren, Nashville (about 15 miles east of Bloomington on Highway 46), 3:00 pm, \$18 adults, \$16 seniors and military discount, \$10 12 and under, tickets at 812-988-2101 or [www.coachlightmusicals.com](http://www.coachlightmusicals.com).**

**Melchior Marionette Theater presents "The *slightly* Haunted Puppet Theater" – Downtown Nashville, west side of S. Van Buren Street, 1:00 and 3:00 pm, \$5, under 2 free, tickets sold 15 minutes before show time.**

**Oliver Winery Tour and Tasting – Oliver Winery, 8024 N. Highway 37, 1:00 – 4:30 pm, tours are every half hour, free. Visit Indiana's oldest and largest winery and enjoy free tasting.**

**BINGO – American Legion, 1800 W. 3<sup>rd</sup>, Early Bird at 2:00, bingo at 3:00, open to the public.**

### **MONDAY, October 31, 2011 - Happy Halloween!**

**Trick or Treat hours in Bloomington are 5:30 – 8:30 pm.**

**Halloween Family Fun Fest – Mathers Museum of World Cultures/Glenn Black Laboratory of Archaeology, 416 N. Indiana, 4:00 – 6:00 pm, free and open to the public. Explore folk and fairy tales at the museum's annual, free family Halloween celebration.**

**Free Movie –Psycho (1960)** - IU Cinema, 1213 E. 7<sup>th</sup> Street, 7:00 pm, free event, but tickets are required from the IU Auditorium Box Office at the same location. A young woman steals a client's deposit and makes a run for it. This is the classic Alfred Hitchcock film with Janet Leigh.

**Free Movie –Carrle (1976)** - IU Cinema, 1213 E. 7<sup>th</sup> Street, 7:00 pm, free event, but tickets are required from the IU Auditorium Box Office at the same location. Sissy Spacek stars as a social outcast at her high school who finds no respite in the abusive hands of her mentally and spiritually unstable mother.

**Jazz Ensemble** – IU Musical Arts Center, 101 N. Jordan, 8:00 pm, free and open to the public.

**BINGO** - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:00 pm, free, no admission fee to the Center for those participating in this program.

**BINGO** – Moose Lodge, 1580 W. Bloomfield Road, 6:30 pm, open to the public.

## **TUESDAY, November 1, 2011**

**Meet & Greet – Patient Resource Center, 4:00 – 5:15 pm, guest speaker will be Jen Bratton, Nursing Supervisor.**

**IU School of Journalism Speaker Series presents David Brooks** – Buskirk-Chumley Theater, 114 E. Kirkwood, 7:00 pm, free and open to the public. Mr. Brooks is a frequent commentator in NPR, CNN's Late Edition and the "Diane Rehm Show".

**Schola Cantorum de Venezuela** – IU Auditorium, 1221 E. 7<sup>th</sup> Street, 8:00 pm, tickets \$23 - \$28 at the auditorium box office or [www.iuauditorium.com](http://www.iuauditorium.com). This Grammy Award-winning ensemble is Latin America's premiere touring chorus, with a diverse program that features a repertoire of sacred hymns, motets and popular Latin American tunes.

**Bedtime Stories** - Monroe County Public Library, 303 E. Kirkwood, 7:00 pm, free, drop in, no registration needed. This summer tradition features stories, songs, finger plays and short films.

**Talk Antiques** – Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:00 pm, free, no admission fee to the Center for those participating in this program.

**Aerobic Exercise** – Twin Lakes Recreation Center Fitness Room, 1700 W. Bloomfield Road, 2:00 – 2:45 pm, free, no admission fee to the Center for those participating in this program.

**Euchre** - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 – 3:00 pm, free, no admission fee to the Center for those participating in this program.

**BINGO** – American Legion, 1800 W. 3<sup>rd</sup>, 7:00 pm, open to the public, food available for purchase.

## **WEDNESDAY, November 2, 2011**

**Celebration Dinner** – Sherwood Oaks Christian Church, 2700 E. Rogers Road, 5:15 – 6:00 pm, \$5 for patients and their families, \$3 children, **RSVP by Monday at 812-334-0206**. This weekly dinner offers a nice, home-cooked meal prepared by the women of the church. Church members, patients and the public are invited. Immediately following the dinner, there are a variety of workshops and discussion groups that you are welcome to attend. These are optional.

**Lecture, Madeleine Albright** – IU Auditorium, 1221 E. 7<sup>th</sup> Street, 7:00 pm, free, but tickets are required and can be picked up at Auditorium Box Office. Ms. Albright is the first woman to serve as secretary of state of the United States and she will present a public lecture “Making War, Making Peace.”

**Philharmonic Orchestra** – IU Musical Arts Center, 8:00 pm, free and open to the public.

**Musical Theater, “Platinum Girls”** - The Palace, 227 S. Van Buren, Nashville (about 15 miles east of Bloomington on Highway 46), 3:30 and 8:00 pm, \$18 adults, \$16 seniors and military discount, \$10 12 and under, tickets at 812-988-2101 or [www.coachlightmusicals.com](http://www.coachlightmusicals.com). “Way back when” these three gals had a hit record on the charts, but fame was fleeting. They were not able to sustain the same level of success over the years, and they had to be satisfied with singing at benefit concerts. Now, they want to reclaim the limelight, and they are planning a concert on their own. You will roar with laughter and thoroughly enjoy the music as you share their journey.

**BINGO** - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:00 pm, free, no admission fee to the Center for those participating in this program.

**Euchre** - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 – 3:00 pm, free, no admission fee to the Center for those participating in this program.

**BINGO** – AMVets Post 2000, 4227 Airport Road, doors open at 5:00, bingo at 7:00 pm, open to the public.

**Telescope Viewing** - IU Kirkwood Observatory, just off Indiana Avenue at the east end of 4<sup>th</sup> Street, 9:30 – 11:00 pm (The late hours are due to daylight savings time and the amount of darkness necessary to have a good sky-watching experience.), free and open to the public. The observatory contains a 12-inch refractor telescope and a second, solar scope. These tools are great for viewing the planets and on a good night, you can see the ring around the moon. For more information, visit [www.astro.indiana.edu/kirkwood.shtml](http://www.astro.indiana.edu/kirkwood.shtml).

## **THURSDAY, November 3, 2011**

**Musical Theater, “It’s only Temporary”** – The Palace, 227 S. Van Buren, Nashville (about 15 miles east of Bloomington on Highway 46), 8:00 pm, \$18 adults, \$16 seniors and military discount, \$10 12 and under, tickets at 812-988-2101 or [www.coachlightmusicals.com](http://www.coachlightmusicals.com). In this show you’ll meet two temp workers who befriend each other and realize they have a lot in common – temp jobs are a necessary evil while they pursue their REAL dreams of fame and fortune. Showcasing musical classics from Broadway, Classic Rock and some of today’s chart-toppers, these quirky gals will sing and dance their way into your hearts.

**Evening Family Story Time** – Ellettsville branch of the Monroe County Public Library, 200 E. Temperance, 6:30 pm, free and open to the public.

**“The Marvelous Wonderettes”** – Brown County Playhouse, 70 S. Van Buren Street, Nashville, 7:30 pm, \$15 - \$26, tickets at 812-988-6555 or [www.browncountyplayhouse.org](http://www.browncountyplayhouse.org). This musical trip down memory lane is set in a 1950’s high school.

**Ryder Film Series** – Root Cellar Lounge of FARMbloomington, 108 E. Kirkwood, 7:30 pm, \$5 per person. The Ryder Film Series shows the best foreign, independent and classic American films. All ages are welcome and you can also enjoy fresh, local food & drinks.

**Movie – *The Dark Knight (2008)*** – IU Cinema, 1213 E. 7<sup>th</sup> Street, 7:00 pm, free event, but tickets are required from the IU Auditorium Box Office at the same location. This was actor, Heath Ledger's last role as the Joker. In an escalation of increasingly dangerous situations, the Joker forces Batman and others to make ethical decisions that threaten the entire Batman legend.

## **THINGS TO DO**

**Indianapolis Motor Speedway – The Hall of Fame Museum** is open 10:00 – 5:00 pm, adult admission \$5, children 6 – 15 \$3, under 6 free. Grounds Tours are also available March – November, adults \$25, children 6 – 15 \$10. For more information about the Speedway, visit [www.indianapolismotorspeedway.com](http://www.indianapolismotorspeedway.com).

**Shrek the Musical** – IU Auditorium, 1221 E. 7<sup>th</sup> Street, Nov 15 – 17, 7:30 pm, tickets \$38 - \$60 at auditorium box office or [www.iuauditorium.com](http://www.iuauditorium.com).

**62<sup>nd</sup> Annual Christmas Gift and Hobby Show** – Indiana State Fairgrounds, Indianapolis, November 9 – 13, for more information visit [www.christmasgiftandhobbyshow.com](http://www.christmasgiftandhobbyshow.com).

**Cook Hall/Legacy Court** – 1001 E. 17<sup>th</sup> Street, next to Assembly Hall, open Mon – Fri, 8:00 – 5:00, free. This is an opportunity to view the museum and exhibits that chronicle the history of IU basketball including photos, trophies and memorabilia.

**B-Line Trail** – This is a paved trail located one block off of College Avenue between 2<sup>nd</sup> and 9<sup>th</sup> Street. You can park anywhere in the downtown area and have easy access to the trail. It is about 5 miles long. It's great for biking, walking, and strollers/wheelchairs. There are several sculptures along the trail and benches for resting.

**Bloomington Rail Trail** - This gravel trail is located on West Country Club Drive between S. Rogers and S. Walnut Street. The trail is 2.0 miles long and connects to the Clear Creek Trail. This trail is not accessible.

**Clear Creek Trail** - This is a paved trail with trailheads located off Tapp Road, That Road and Church Lane. The southernmost part of the trail features the historic Harris Ford Bridge from Warren County. This trail and the parking lots are accessible. The Clear Creek Trail is 2.4 miles long.

**Latimer Woods Trail** - This trail is located on the east side of Bloomington at 3200 E. Buick Cadillac Blvd. A .4-mile interpretive trail describing the area and its history is located on the 10-acre property. The trail can be accessed down the dirt road toward the woods. The trail surface is woodchips and is not accessible.

**Winslow Trail** - This natural trail winds through the Winslow Sports Complex grounds and is .9 miles long. This trail is not accessible.

**Twin Lakes Trail** - This trail is located at 2350 W. Bloomfield Road (2nd Street). This is a wood chip and natural trail and is .7 miles long. This trail is not accessible.

**Karst Farm Park Trails** - There are three trails located at this park at 2450 S. Endwright Road. There is a paved walking path that is .3 miles long. There is also a woodchip walking trail that is approximately 1 mile long. A woodchip nature trail is also available and is approximately .5 miles long. The paved path is accessible, the trails are not.

