



Proton Therapy Center

COMMUNITY CALENDAR

Jan 6 - 12, 2012

Meet & Greet – Tuesdays, 4:00 – 5:15 pm, at the Patient Resource Center– For all patients and their families – this is an opportunity to get to know others who are receiving similar treatment and share your experiences. Guest speaker 1/10 will be Jen Bratton, Nursing Supervisor.

Machine Shop Tour – Wednesday, January 25, 11:00 – 11:30 am, RSVP to Nancy at 812-349-2153.

Proton Therapy Systems Tour – Sunday, February 5, 10:00 – Noon. This tour is open to staff and patients, their friends and family, Participants must be at least 13 years of age, may not be pregnant and those who require the use of a pacemaker are not eligible. Close-toed, flat shoes are required. RSVP to Nancy at 812-349-2153.

Free haircut for pediatric patients – A local salon has offered a free haircut to all pediatric patients. To schedule a haircut, contact Nancy at 812-349-2153.

Dietician Available - Do you need suggestions or assistance related to nutrition, diet, or problematic symptoms from treatment that affect eating? **Registered Dietician, Melissa Mercer** is now available to you at the Proton Center on Mondays from 10:00 am to 4:00 pm. If you have questions, need some suggestions or advice or would like to schedule a time to meet with Melissa individually, please contact the Proton Center Nursing staff.

Logo Wear – A limited number of shirts with the IU Health Proton Therapy Center logo are now available for purchase online. There are also items available at this website with the IU Health or Riley Hospital logos. If you would like to purchase Proton Center logoed items, visit <http://www.iuhealthstore.com/featured.php/>. Payment is required at the time of purchase and orders will be shipped directly to you. **NOTE: When completing your order, if there isn't a drill down menu to select the logo, then it will have the IU Health system logo.** IU Health Proton Therapy Center baseball hats are available for \$15 each – see Nancy at the Patient Resource Center or ask for Amanda Burnham at the reception desk.

Some special accommodations have been made to enhance your stay in Bloomington. All patients and their families have free access at the YMCA, can get a temporary library card at the public library, and can receive children's admission tickets to Wonderlab Science Museum. For more information or for other non-medical information you will need during your stay, call or stop by the Patient Resource Center Monday – Friday between 8:00 – 5:00 pm. I will be happy to assist you and look forward to meeting each of you.

Nancy Slough
Patient Concierge
812.349.2153

FRIDAY, January 6, 2012

Wonderlab First Friday – Science of Art – Wonderlab Science Museum, 308 W. 4th Street, 5:00 – 8:30 pm, all admission is reduced to \$3 (patients and their families can receive free children’s admission tickets, see Nancy or call 812-349-2153). This evenings activities will help children to discover the connections between art and science. There will also be an ice sculpting demonstration.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 – 3:00 pm, free, no admission fee to the Center for those participating in this program.

Comedian, Henry Phillips - Comedy Attic, 4th & Walnut, 8:00 and 10:30 pm, \$12, tickets at 812-336-LAFF or www.comedyattic.com. Cy is a former winner of CMT’s Next Big Comic.

BINGO – AMVets Post 2000, 4227 Airport Road, doors open at 5:00, bingo at 7:00 pm, open to the public.

BINGO – Moose Lodge, 1580 W. Bloomfield Road, 12:30 pm, open to the public.

SATURDAY, January 7, 2012

Comedian, Henry Phillips - Comedy Attic, 4th & Walnut, 8:00 and 10:30 pm, \$12, tickets at 812-336-LAFF or www.comedyattic.com. Cy is a former winner of CMT’s Next Big Comic.

Oliver Winery Tour and Tasting – Oliver Winery, 8024 N. Highway 37, Noon – 4:30 pm, tours are every half hour, free. Visit Indiana’s oldest and largest winery and enjoy free tasting.

Sunday, January 8, 2012

Wonderlab’s National Ham Radio Kids’ Day – Wonderlab Science Museum, 308 W. 4th Street, 1:00 pm, adults \$7 (free children’s admission for patients and their children, see Nancy or call 812-349-2153). Talk with kids across the country via ham radio, fill out a “QSL” postcard to mail, try Morse code and go on a radio-related museum exhibit scavenger hunt.

IU Women’s Basketball vs. Northwestern – IU Assembly Hall, 1001 E. 17th Street, tickets at the door \$5 adult, \$3 children (four free tickets available on a first-come, first-served basis, call Nancy at 812-349-2153).

Oliver Winery Tour and Tasting – Oliver Winery, 8024 N. Highway 37, 1:00 – 4:30 pm, tours are every half hour, free. Visit Indiana’s oldest and largest winery and enjoy free tasting.

BINGO – American Legion, 1800 W. 3rd, Early Bird at 2:00, bingo at 3:00, open to the public.

MONDAY, January 9, 2012

New Movie Monday – *Cowboys and Aliens* – Monroe County Public Library, 303 E. Kirkwood, 6:30 pm, free, just stop by.

IU Basketball Coaches Show – Holiday Inn, 1710 N. Kinser Pike, 6:30 pm, free and open to the public. Join in on the live broadcast of the IU men’s and women’s basketball coach’s show as they review their team’s progress and game plans.

BINGO - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:00 pm, free, no admission fee to the Center for those participating in this program.

BINGO - Moose Lodge, 1580 W. Bloomfield Road, 6:30 pm, open to the public.

TUESDAY, January 10, 2012

Meet & Greet - Patient Resource Center, 4:00 - 5:15 pm, our guest speaker will be Jen Bratton, Nursing Supervisor.

The Art of Joe LaMantia - Venue Fine Art & Gifts, 114 S. Grant, 5:30 pm, free and open to the public. Joe produced large-scale interior and exterior collaborative sculptures.

Bedtime Stories - Monroe County Public Library, 303 E. Kirkwood, 7:00 pm, free, drop in, no registration needed. This summer tradition features stories, songs, finger plays and short films.

Aerobic Exercise - Twin Lakes Recreation Center Fitness Room, 1700 W. Bloomfield Road, 2:00 - 2:45 pm, free, no admission fee to the Center for those participating in this program.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, no admission fee to the Center for those participating in this program.

BINGO - American Legion, 1800 W. 3rd, 7:00 pm, open to the public, food available for purchase.

WEDNESDAY, January 11, 2012

BINGO - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:00 pm, free, no admission fee to the Center for those participating in this program.

BINGO - AMVets Post 2000, 4227 Airport Road, doors open at 5:00, bingo at 7:00 pm, open to the public.

Stardusters Swing Band - Players' Pub, 424 S. Walnut, 7:30 pm, \$7.

Telescope Viewing - IU Kirkwood Observatory, just off Indiana Avenue at the east end of 4th Street, 9:00 - 10:30 pm (The late hours are due to daylight savings time and the amount of darkness necessary to have a good sky-watching experience.), free and open to the public. The observatory contains a 12-inch refractor telescope and a second, solar scope. These tools are great for viewing the planets and on a good night, you can see the ring around the moon. For more information, visit www.astro.indiana.edu/kirkwood.shtml.

THURSDAY, January 12, 2012

IU Men's Basketball vs Minnesota - IU Assembly Hall, 1001 E. 17th Street, 8:00 pm, for tickets call 866-IUSPORTS.

Ryder Film Series - Root Cellar Lounge of FARMbloomington, 108 E. Kirkwood, 7:30 pm, \$5 per person. The Ryder Film Series shows the best foreign, independent and classic American films. All ages are welcome and you can also enjoy fresh, local food & drinks.

RESOURCES

Olcott Center for Cancer Education – Located at 619 W. First Street, this local resource offers a clearinghouse of materials about all types of cancer. Support groups are offered several times a week and are open to anyone. The Olcott Center also provides one **free massage to anyone undergoing treatment**. If you wish to be scheduled, I would suggest that you contact them soon as there are a limited number of appointments available for massages. You can reach them at 812-353-5669.

The Olcott Center also has several support groups:

Mondays – 3:00 – 5:00 pm – all cancer support group for patients and families

Third Tuesday/month – 6:30 – 8:30 – all cancer group for patients and families

Wednesdays – 7:00 – 8:30 pm – for women with breast cancer

Support group for those with brain tumors – Marion County (Indianapolis) Public Library, Lawrence Branch, 7898 N. Hague Road, 6:00 – 8:00 pm, last Monday of each month. Next meeting will be Jan. 30. For more information, contact John Groves at 317-872-6674

THINGS TO DO

STOMP – IU Auditorium, 1211 E. 7th Street, Jan 27 – 28, 7:30 pm, tickets \$38 - \$60 at www.iuauditorium.com. *STOMP* is set in a fenced-in junkyard where construction workers fill the stage, sweeping in rhythm as everyday objects – lighters, garbage can lids, wooden poles – are transformed into musical instruments. The *New York Times* calls it “Irresistable”.

Showplace Theater 12 – 2929 W. Third Street, for movie listings call 812-323-0796.

Showplace Theater 11 – 1351 S. College Mall Road, for movie listings call 888-262-4386.

IMAX Theater at the Indiana State Museum - 650 W. Washington Street, in downtown Indy, Tickets can be purchased by telephone at 317-233-IMAX. For schedule information, visit www.imax.com/indy.

French Lick, Indiana – French Lick is located in southern Indiana, a little over an hour’s drive from Bloomington. There’s a lot to see here including two beautifully restored hotels, West Baden Hotel and the French Lick Springs Resort Hotel and Casino. There’s also an indoor water park, indoor go-kart racing, restaurants and it is also the boy-hood home of Larry Bird. For more information about activities, visit www.frenchlick.com.

Indiana Railway Museum – located in French Lick, IN your family can enjoy a ride on the French Lick Scenic Railway. This 1 ¾ hour, 20 mile train ride takes you through the Hoosier National Forest, past limestone rock-cuts and into the 2200-foot Burton tunnel, the second longest railroad tunnel in the state. The trips are powered by diesel locomotives. For more info, visit www.indianarailwaymuseum.org.

Latest Glaze - College Mall Road next to Hobby Lobby - paint your own pottery

