



COMMUNITY CALENDAR

Jan 29 - Feb 4, 2010

This week on **Wednesday, February 3 at 1:00 pm at the Patient Resource Center**, we will begin a monthly **Nutrition Group for MPRI guests and their family and caregivers**. A registered dietician from Bloomington Hospital will be here to give valuable information that will help you with your nutritional needs during treatment and beyond. Monthly topics may include poor appetite, swallowing difficulties, fatigue, fluid intake, nausea, nutrition tips for improving well being, etc. You will also have an opportunity to ask questions about your specific situation and needs.

Our Meet & Greet speaker this week will be **Victor Simoneaux, Chief Radiation Therapist**. Victor will give a brief overview of his role at MPRI and some more specific information about how the equipment operates. Please join us to learn more about your treatment at MPRI.

Beginning Saturday, January 30, Bloomington will hold its annual community wide celebration titled, "*The Week of Chocolate*". The weeklong schedule of chocolate covered events will benefit each of the host agencies. These fun and unique activities are included in this week's calendar.

The Indiana Memorial Union Whittenberger Auditorium at 900 E. Seventh Street offers a film series that is open to the general public. The auditorium has 404 new comfortable theater-style seats, new acoustics and a new screen. Parking is available in the lot just east of the Union building. Admission to the film series is free for students with their ID and just \$2 for non-students. Movies times are 8:00 pm and 11:00 pm Thursday through Sunday. Concessions are sold from 7:45 - 11:15. This week's movie title is included in the calendar.

Activities at the Patient Resource Center this week:

Playgroup - Tuesdays at 12:30 - Playgroup is a designated time for families with young children to come together to socialize and play. We have air hockey, Wii, WiiFit, games, puzzles, books, crafts, and much more to keep you entertained. This is a great way for caregivers to get a bit of respite time while the children are at play.

Meet & Greet - Tuesdays, 4:00 - 5:15 pm, all patients and their families are invited to attend. This is an opportunity for sharing, socializing and supporting one another. Special guest speakers attend each week to give you further information about your treatment, the staffing, equipment, etc. The guest speaker this week will be **Victor Simoneaux, Chief Radiation Therapist**. Please join us!

Massages - Wednesdays, 11:00 - 1:00 pm, by appointment. Karen Marshall, Massage Therapist, comes to the Patient Resource Center and offers massages from 15 minutes to an hour long. Reduced rates from \$10 - \$40. To schedule an appointment for Wednesday, January 27, call Nancy at 349-2153.

Nutrition Group - Wednesday, 1:00 - 2:00 pm - Join Bloomington Hospital dietician, Melissa Mercer for a discussion on nutrition and symptoms related to your treatment that affect how and what you eat. All MPRI patients, family members and caregivers are encouraged to attend.

Nancy Slough, Patient Concierge

812-349-2153 (or #2153 from the Clinic Lobby), nslough@mpri.org

FRIDAY, January 29, 2010

BINGO – Moose Lodge, 1580 W. Bloomfield Road, 12:30 pm, open to the public.

Comedian, Iliza Shlesinger - Funny Bone Comedy Club, 4th and Walnut, 8:00 and 10:30 pm, \$15. Iliza is NBC's Last Comic Standing 2008 winner.

Robert Stright/Ron Kadish Duo - Malibu Grill, 106 N. Walnut, 6:00 pm. This duo plays and sings jazz standards, stop by for a drink and some cool sounds.

Scenic View with Jeff Foster - Scenic View Restaurant, five miles south of East Third Street on Ind. 446, 6:00 - 9:00 pm. Enjoy a scenic view of Lake Monroe, acoustic music by guitarist, Jeff Foster and a cali-style menu.

87th Annual Indianapolis Home Show - Indiana State Fairgrounds, 1202 E. 38th Street, Indianapolis, January 29 - February 7, \$12 at the door, \$9 online at www.indianapolishomeshow.com. The website also lists the hundreds of vendors who will be at this year's show.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

Student Art Exhibit and Reception - IU School of Fine Art (SoFA) Gallery, 1201 E. 7th Street, 7:00 - 9:00 pm, free and open to the public. Art work displayed by Bachelor of Fine Art and Master of Fine Art students in Sculpture, Photography, Printmaking and Digital Art.

“Project K: The Josef K Files” - Waldron Arts Center, 122 S. Walnut, 8:00 pm, \$10 general admission. This full length piece tells the story of a man who finds himself on trial for an unknown crime and accused by an unknown witness. While he jumps through various legal hoops in his quest to discover what is happening, he finds that nothing is quite as it seems.

Jenn Christy Band - Players' Pub, 424 S. Walnut, 8:00 pm, \$5. Jen's piano-driven melodies are supported by a dynamic voice and stage presence that gets audiences on their feet and wanting more. She is know for her rock/soul/pop selections.

“It's All About Green” - 2010 Home Show, Bloomington Convention Center, 302 S. College, 4:00 - 8:00 pm, adults \$5, children 6 - 12 \$1, under 5 free.

“Where the Wild Things Are” - Indiana Memorial Union Whittenberger Auditorium, 900 E. 7th Street, 8:00 and 11:00 pm, \$2 admission, open to the public. An adaptation of Maurice Sendak's classic children's story, where Max, a disobedient little boy sent to bed without his supper, creates his own world -- a forest inhabited by ferocious wild creatures that crown Max as their ruler.

SATURDAY, January 30, 2010

Comedian, Iliza Shlesinger - Funny Bone Comedy Club, 4th and Walnut, 8:00 and 10:30 pm, \$15. Iliza is NBC's Last Comic Standing 2008 winner.

Lunar public skating - Frank Southern Ice Arena, 1964 S. Henderson, 7:00 - 9:00 pm, \$5 admission, \$2.50 skate rental.

Senior Recital, Violin - IU Ford-Crawford Hall in the Simon Building at 3rd & Jordan, 1:00 pm, free and open to the public.

Doctoral Recital, Voice - IU Ford-Crawford Hall in the Simon Building at 3rd & Jordan, 3:00 pm, free and open to the public.

Faculty Recital (violin and piano) - IU Auer Hall in the Simon Building at 3rd & Jordan, 4:00 pm, free and open to the public.

Soul Street - R & B favorites of the '60s, '70s and '80s - Players' Pub, 424 S. Walnut, 8:00 pm, \$6. This group has a great brass section with tight rhythm and scorching vocals.

"Where the Wild Things Are" - Indiana Memorial Union Whittenberger Auditorium, 900 E. 7th Street, 8:00 and 11:00 pm, \$2 admission, open to the public. An adaptation of Maurice Sendak's classic children's story, where Max, a disobedient little boy sent to bed without his supper, creates his own world -- a forest inhabited by ferocious wild creatures that crown Max as their ruler.

"It's All About Green" - 2010 Home Show, Bloomington Convention Center, 302 S. College, 4:00 - 8:00 pm, adults \$5, children 6 - 12 \$1, under 5 free. There will be many demonstrations and seminars today.

Sao Paulo String Quartet - IU Ford-Crawford Hall in the Simon Building at 3rd & Jordan, 8:30 pm, free and open to the public.

Sundaes on Saturday - Monroe County History Center, 202 E. Sixth Street, \$2 adults \$1 children. This ice cream experience is for the whole family with proceeds benefitting the Monroe County History Center. Design your own sundaes with Bruster's Ice Cream and lots of chocolate toppings. Learn the history of ice cream making and enjoy old-time music. The museum will be abound with activity from Monroe County's past. Be a part of the 1880s living history interpretations in the museum's log cabin and one-room school. Enjoy the exhibits and let Monroe County history come alive!

Bloomington Winter Farmer's Market - Harmony School Gym, 909 E. Second Street, 9:00 am. Vendors will sell fresh produce, pasture products and other specialty items from tofu to tamales. Music will be provided by Hoosier Hotcakes (9-10:00 am) and Hot Carls (11 - Noon). The chef's demonstration will feature Sweet Grass Restaurant (10 - 11:00 am).

Puck Players Puppet Show, "Beauty and the Beast" - Monroe County Public Library, 303 E. Kirkwood, 11:00 am and 1:00 pm, free and open to the public, call 349-3100 to reserve seats. Children in the audience will help Beauty Mouse understand the Beastie Cat.

Wonka's Chocolate Carnival - Boys & Girls Club of Bloomington, 311 S. Lincoln, \$5 per person or \$15 per family. Come visit the chocolate carnival family fun night! There will be carnival games, activities and contests based on the hit movie, "Willy Wonka and the Chocolate Factory." There will also be loads of chocolate delicacies including the chocolate river! Each child will have a chance to win one of the golden tickets with a special prize. The host for this event is Amethyst House Inc., a Bloomington based not-for-profit United Way agency that provides residential and outpatient services for people with drug and alcohol addiction.

"Project K: The Josef K Files" - Waldron Arts Center, 122 S. Walnut, 2:00 pm and 8:00 pm, \$10 general admission. This full length piece tells the story of a man who finds himself on trial for an unknown crime and accused by an unknown witness. While he jumps through various legal hoops in his quest to discover what is happening, he finds that nothing is quite as it seems.

Inspired Vegan Cooking - Bloomington Cooking School, 115 N. College, 11:00 - 1:00 pm, \$45. Chef Goodman focuses on healthy cooking by proving that vegan is more than a fad. Using Pat Crocker's latest cookbook, [The Vegan Cook's Bible](#), as inspiration, he brings his culinary skills and true passion for healthy cooking to our kitchen to help you create a lunch that will please your palate.

SUNDAY, January 31, 2010

BINGO – American Legion, 1800 W. 3rd, 1:00 pm, open to the public.

Final Round of the 13th Annual Latin American Music Challenge - IU Auer Hall in Simon Building at 3rd & Jordan, 4:00 pm, free and open to the public. This is the final round of competition in the performance of music from Spain and Latin America.

Faculty Recital, Clarinet & Piano - IU Auer Hall in Simon Building at 3rd & Jordan, 8:00 pm, free and open to the public.

StoriTime - Monroe County Public Library, 303 E. Kirkwood, 3:00 pm, free, no registration needed. Children's librarian Stori Snyder will share stories and rhymes that make reading and words come alive. Along the way she'll share information and ideas to get your preschooler ready to read and have fun too!

"It's All About Green" - 2010 Home Show, Bloomington Convention Center, 302 S. College, 4:00 - 8:00 pm, adults \$5, children 6 - 12 \$1, under 5 free. Sunday is Family Day! Caricature artist Karin Kovich will be on hand in addition to other family activities.

IU Women's Basketball vs. Ohio State - IU Assembly Hall, 1001 E. 17th Street, Noon, **2 free tickets, call Nancy at 349-2153.**

"Where the Wild Things Are" - Indiana Memorial Union Whittenberger Auditorium, 900 E. 7th Street, 8:00 and 11:00 pm, \$2 admission, open to the public. An adaptation of Maurice Sendak's classic children's story, where Max, a disobedient little boy sent to bed without his supper, creates his own world -- a forest inhabited by ferocious wild creatures that crown Max as their ruler.

MONDAY, February 1, 2010

BINGO - Moose Lodge, 1580 W. Bloomfield Road, 6:30 pm, open to the public.

BINGO - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:00 pm, free.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

Master's Recital, Viola - IU Ford-Crawford Hall I the Simon Building at 3rd & Jordan, 5:00 pm, free and open to the public.

Film Noir Film Series, "The Maltese Falcon" - Monroe County Public Library, 303 E. Kirkwood, 6:30 pm, free, no registration needed. The term Film Noir refers to a unique time period in American Cinema between the early 1940's and late 1950's. The term means "black film" and focuses specifically on American crime films with everyday people led astray by greed or corruption. This is the first in a series of four films to be shown.

Chocolate Bingo - Bloomington Moose Lodge, 1580 W. Bloomfield Road, 6:00 - 10:00 pm, \$20 admission. Come join us at the Moose Lodge for a special night of bingo, with a chocolate theme! With each winning bingo, the lucky players will be rewarded with cash and a delicious chocolate treat. As always, Bingo players can enjoy a scrumptious meal with drinks made to order.

TUESDAY, February 2, 2010

Play Group at the MPRI Patient Resource Center - Join us for organized play at 12:30 each Tuesday. This is an opportunity for parents to catch up on their relaxing and kids to catch up on their playing! Lots of toys including train set, Wii, air hockey, games, crafts and more. Wii Fit is now available, too. Come on over and check it out.

Meet & Greet for all patients and their families - MPRI Patient Resource Center, 4:00 - 5:00 pm. This is an opportunity to get to know others who are receiving treatment, ask questions, and share experiences. Guest speaker this week will be **Victor Simoneaux, Chief Radiation Therapist**.

BINGO – American Legion, 1800 W. 3rd, 7:00 pm, open to the public, food available for purchase.

Ebony and Ivory: Night of Delicious Music and Sweet Confections - Indiana Memorial Union Tudor Room, 900 E. Seventh Street, \$25 per person, \$45 per couple, tickets at 332-7292. This event is hosted by the Monroe County Chapter of the American Red Cross. The evening will feature handmade chocolate creations, chocolate fountain, delectable music and special chocolate surprises!

Celebrate Black History! - Monroe County Public Library, 303 E. Kirkwood, 6:30 pm, free, please register at 349-3100. Young Audiences Indiana present a character vignette from a resident of Freetown Village, USA circa 1870. Mother Endura, the root woman, will offer her first person account of life in Freetown Village while interacting with the audience. This performance is presented in the costuming, dialect and mannerisms of the period.

HeartFelt Art - Venue Fine Art & Gifts, 114 S. Grant, 5:30 pm, free and open to the public. Fiber artist, Ruth Rives, will demonstrate feltmaking and the fabrication of purses and other objects.

WEDNESDAY, February 3, 2010

Massage therapist, Karen Marshall - Patient Resource Center, 11:00 - 1:00 pm, call Nancy at 349-2153 to schedule an appointment. Karen offers massages from 15 minutes to an hour, rates \$10 - \$40. What better way to pamper yourself or a caregiver!

Nutrition Group Meeting - Patient Resource Center, 1:00 pm, all MPRI patients, family members and caregivers encouraged to attend.

Celebration Meal - Sherwood Oaks Christian Church, 2700 E. Rogers Road, 5:15 pm, adults \$5, \$4 seniors, \$3 children. Please RSVP at 334-0206. All MPRI patients and their families are invited to attend.

BINGO - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:30 pm, free.

Chamber Orchestra - IU Auer Hall in the Simon Building at 3rd & Jordan, 8:00 pm, free and open to the public.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 - 3:00 pm, free, drop-in.

Chocolate Olympics - Girls Inc., 1108 W. 8th, 5:30 - 7:00 pm, \$5 per person or \$15 per family. Please join us for family-friendly athletic competitions and chocolate prizes. All events are designed to inspire family team spirit and include ever-popular games such as scooter obstacle course, hoop shoot contest, jump rope, cookie decorating and much more!

THURSDAY, February 4, 2010

BINGO – Eagles Lodge, 3100 S. Walnut Street, doors open at 5:30 pm. Open to the public, food will be available for purchase.

“Cadillac” - Bloomington Playwrights Project, 107 W. 9th Street, general admission \$18, seniors \$15, tickets can be purchased at Sunrise Box Office, 114 E. Kirkwood. This story is about a used car salesman whose principals of treating every customer as if they’re special, is challenged when he must choose between his own career and a customer’s lifelong dream.

Sao Paulo State University Percussion Ensemble Guest Recital - IU Auer Hall in the Simon Building at 3rd & Jordan, 8:00 pm, free and open to the public.

IU Men’s Basketball vs. Purdue - IU Assembly Hall, 1001 E. 17th Street, 7:00 pm, tickets available at 866-IUSPORTS or www.iuhoosiers.com.

Chocolate, Chocolate, Chocolate - Bloomington Cooking School, 115 N. College, 6:00 - 8:00 pm, \$45. Need we say more? Just in time for Valentine’s Day, come to a chocolate class to learn how to create chocolate wonders such as Chocolate Cobbler, Frozen Chocolate Truffle Cake and Chocolate Cups to fill, and of course, we’ll do at least one chocolate truffle recipe. We’ll even have a light dinner that’s, of course, made with chocolate.

Death by Chocolate: “Cruising for Murder” - St. Mark’s Methodist Church, 100 N. State Road 46, 7:00 pm, \$17 per person or two for \$30. You’re invited to attend the Captain’s “Night of Chocolate”, reception on the high seas! A fantastic cruise, but does danger await on the wake? Trapped at sea, no one is safe; all are suspect. Enjoy an evening of thrilling, Bloomington Playwrights Project entertainment and a delicious Lennie’s decadent Death by Chocolate dessert with tea or coffee.

COMING SOON

“Jesus Christ Superstar” - IU Auditorium, February 10 - 11, tickets \$37 - \$59 at www.iuauditorium.com.

“Lucia di Lammermoor” - Presented by the IU Opera Theater, Musical Arts Center, 3rd & Jordan, February 5 & 6 and 12 & 13, 8:00 pm, tickets at 812-855-7433 or www.music.indiana.edu/opera.

A Dazzling Murder Mystery - T.C. Steele State Historic Site, 4220 TC Steele Road (Highway 46 East toward Nashville, at approximately 9 miles from Bloomington you will see a sign for Belmont, just after this sign will be a right turn onto T.C. Steele Road, go 2 miles, turn right into the site). Test your sleuthing skills Mardi Gras style! The T.C. Steele State Historic Site is having a murder mystery on Saturday, February 13 at 6:30 pm. A group of jewel thieves meet at the TC Steele Art Gallery masquerade ball to sell their loot to a prestigious buyer. Knowing each other only by the colors they are wearing, the drop goes very wrong with the jewels gone and someone dead. Try to solve the mystery while enjoying scrumptious appetizers and decadent desserts. Sign up to be a character in the mystery with either a speaking or non-speaking role. Cost is \$30 per person and is for those 21 and over. Please register by February 9. For more information or to register call 812-988-2785 or contact tcsteeleshs@dnr.in.gov.



THINGS TO DO

Wonderlab Museum - 308 W. Fourth Street, open Tuesday - Saturday, **free children's admission tickets for MPRI guests, see Nancy.**

Movie Theaters - There are several movie theaters in Bloomington:

Showplace West 12 - 2929 W. 3rd Street - www.kerasotes.com

Showplace East 11 - College Mall Road and Moores Pike - www.kerasotes.com

Walking in the College Mall - The College Mall is open for those who would like to walk inside during the cold winter months. Hours are Monday - Saturday, 8:00 am - 9:00 pm, Sunday, 10:00 - 6:00 pm.

Autobiographical talk with bestselling author, Michael Pollan - IU Auditorium, 1200 E. 7th Street, February 26, 7:30 pm, free tickets available beginning February 1 at the IU Auditorium Box Office, 812-855-1103, limit of four tickets per person. Michael's talk is a signature event of IU's 26th annual ArtsWeek which is themed "Arts and the Environment." Entitled "Out of the Garden and onto the Plate: One Writer's Path," he tells the story of the path his writing has taken since he first planted a vegetable garden under the influence of Henry David Thoreau and Ralph Waldo Emerson.

RESOURCES

Olcott Center for Cancer Education - 619 W. First Street, open 8:00 - 5:00 pm, Monday - Friday, 353-5669. The Olcott Center has a large lending library of materials available on all types of cancer, diet and nutrition, medical terminology, inspirational testimonials, as well as literature for children with cancer or for dealing with a parent's diagnosis. Don't forget -- the Olcott Center offers **two free massages to anyone undergoing treatment.** To schedule, call 353-5669.

Lance Armstrong *Now I Live Strong* - *Survivorship Notebook*- **"Cancer is a personal journey.** The experience is yours and is different from other survivors, even those with the same kind of cancer. This notebook is here to help you be smart and **Live Strong** through the **physical, emotional and practical** challenges of your survivorship. Make it yours by filling it with anything and everything that makes it **your "Survivorship Notebook."**

These notebooks are available, **FREE**, at the Patient Resource Center. You are welcome to come by to pick one up anytime.

