



COMMUNITY CALENDAR Jan 15 - Jan 21, 2010

Our goal at the Patient Resource Center is to help to make you as comfortable as possible during your stay here in Bloomington. The services of the Patient Resource Center are available to all MPRI patients. Normal business hours are 8:00 - 5:00 pm each weekday. The PRC offers guests a place to relax, work on the computer, and gather information about area activities, directions, local shopping and more.

Children especially love to come to the PRC to work on crafts and play with the many toys, games, Wii, and air hockey. We also have a nice collection of children's DVD's and books that can be loaned out. Adults like the quiet, relaxing home-like environment. It's a great distraction from your regular schedule.

We have recently obtained a Wii Fit and it is available for all patients and staff to use at your leisure. It will take about a half hour to get programmed into the system the first time you use it and after that it can be used at your discretion. Exercise is a great way to help with those winter doldrums and it helps to pass the time.

Activities at the Patient Resource Center this week include:

Playgroup - Tuesdays at 12:30 - Playgroup is a designated time for families with young children to come together to socialize and play. We have air hockey, Wii, WiiFit, games, puzzles, books, crafts, and much more to keep you entertained. This is a great way for caregivers to get a bit of respite time while the children are at play.

Meet & Greet - Tuesdays, 4:00 - 5:15 pm, all patients and their families are invited to attend. This is an opportunity for sharing, socializing and supporting one another. Special guest speakers attend each week to give you further information about your treatment, the staffing, equipment, etc. The guest speaker for Tuesday, January 19 is Janice Ross, Olcott Center for Cancer Education which is located here in Bloomington. Please join us!

Massages - Wednesdays, 11:00 - 1:00 pm, by appointment. Karen Marshall, Massage Therapist, comes to the Patient Resource Center and offers massages from 15 minutes to an hour long. Reduced rates are \$10 - \$40. To schedule an appointment for Wednesday, January 13, call Nancy at 349-2153.

Nancy Slough, Patient Concierge

812-349-2153 (or #2153 from the Clinic Lobby), nslough@mpri.org

FRIDAY, January 15, 2010

BINGO – Moose Lodge, 1580 W. Bloomfield Road, 12:30 pm, open to the public.

Comedian, Mike MacRae - Funny Bone Comedy Club, 4th and Walnut, 8:00 and 10:30 pm, \$12.

Opening reception - Chain Maille Jewelry - The Venue Fine Arts & Gifts, 114 S. Grant, 6:00 pm, free. Copper, aluminum, sterling silver and other metals in one-of-a-kind bracelets, necklaces and earrings.

Bloomington Idol - Buskirk-Chumley Theater, 114 E. Kirkwood, 6:00 pm, \$5 admission. Contestants have auditioned and been awarded golden tickets to perform live at the Buskirk-Chumley Theater. The winner receives cash prizes and an opportunity to perform elsewhere locally.

Faculty Recital, Trombone - IU Auer Hall, 3rd & Jordan in the Simon Building, 7:00 pm, free and open to the public.

Robert Stright/Ron Kadish Duo - Malibu Grill, 106 N. Walnut, 6:00 pm. Drop in for some good food and great music as this piano/bass duo plays and sings jazz standards to welcome the weekend.

IU School of Fine Arts Student Shows Master of Fine Arts Painting, Metals, Graphic Design, Ceramics and Textiles - IU SoFA Gallery, 1201 E. Seventh Street, 7:00 - 9:00 pm. IU art students share what they've been working on in this two-week exhibit. Meet the artists and hear them talk about their work and the exhibit process during this opening reception.

LottaBLUESah! - Players' Pub, 424 S. Walnut, 7:30 pm, \$6. This marks the fourth anniversary of the wildly popular LottaBLUESah! Great music and dancing is available.

SideShow Karaoke - The Midwest Bash4Cash - Mike's Music and Dance Barn, 2277 E. Highway 46 between Bloomington and Nashville, 8:00 pm, \$2 admission, \$5 contest entry fee.

SATURDAY, January 16, 2010

Comedian, Mike MacRae - Funny Bone Comedy Club, 4th and Walnut, 8:00 and 10:30 pm, \$12.

Puck Players Puppet Show - "Noisy Nora" and "The Crows of Pearblossom" - Monroe County Public Library, 303 E. Kirkwood, 11:00 and 1:00 pm, call 349-3100 to reserve a spot at this free family event.

Bigfoot: Myth or Reality? - Monroe County Public Library, 303 E. Kirkwood, 2:00 pm, advance registration at 349-3100, free. Larry Battson has traveled the country for 30 years researching Bigfoot sightings. In his travels Battson has taken molds of footprints, has audiotapes of the sounds the creatures make, and has read journals of families that had close encounters with them.

"A Night in Tuscany" - Bloomington Cooking School, 115 N. College, Suite 014, 6:00 - 9:00 pm, \$54, register at www.bloomington.in.gov/parks. Chef Gower's will explore the simple and delicious country dishes of Tuscany. From simple peasant salads to light canapés to spectacular desserts, his many dishes will give you a taste of Italy's best and a feel for true al fresco dining. The menu includes Pappa Pomadora, Braesola Parmesan Rolls, Crostini with chicken liver, Brushetta with tomatoes, homemade Pinci with breadcrumbs and anchovies, Salsicce e fagioli (sausage with beans and sage) and strawberry white chocolate Tiramisu for dessert. Come hungry and enjoy!

"The Legacy of Graham" - IU Lee Norvelle Theater & Drama Center, 275 N. Jordan, \$5 - \$10. This is a family-oriented matinee performance by IU contemporary dance students and faculty.

Stone Cutters, Coffee & Wine Café Tapas Nights & More - Stone Cutters Coffee, 3297 Covenanter Drive, 6:00 - 9:00 pm. Wine, music and tapas transform the coffee shop into a midcentury lounge.

WonderLab's Ben Franklin Fest - Wonderlab Museum, 308 W. Fourth Street, noon - 3:30 pm, **free children's admission tickets available, call Nancy at 349-2153**). Celebrate Ben Franklin's contributions as a scientist through hands-on activities highlighting his most famous discoveries.

Lunar public skating - Frank Southern Ice Arena, 1964 S. Henderson, 7:00 - 9:00 pm, \$5 admission, \$2.50 skate rental.

SUNDAY, January 17, 2010

BINGO – American Legion, 1800 W. 3rd, 1:00 pm, open to the public.

IU Men's Basketball vs. Minnesota - IU Assembly Hall, 2:15, tickets available at 866-IUSPORTS or online at www.iuhoosiers.com.

Ensemble Voltaire - IU Ford-Crawford Hall, Simon Building, 3rd & Jordan, 1:00 pm, free and open to the public. This ensemble features violin, oboe, flute, harpsichord and cello.

Dubinski Memorial Concert - IU Auer Hall in the Simon Building at 3rd & Jordan, 4:00 pm featuring piano, clarinet, bassoon, horn, viola, violin, oboe and cello.

WonderLab's Ben Franklin Fest - Wonderlab Museum, 308 W. Fourth Street, noon - 3:30 pm, **free children's admission tickets available, call Nancy at 349-2153**). Celebrate Ben Franklin's contributions as a scientist through hands-on activities highlighting his most famous discoveries.

MONDAY, January 18, 2010 (MPRI Closed for Martin Luther King Day)

BINGO - Moose Lodge, 1580 W. Bloomfield Road, 6:30 pm, open to the public.

Dr. Martin Luther King Jr. Birthday Celebration with Rev. Jesse Jackson, Keynote Speaker - Buskirk-Chumley Theater, 7:00 pm. All tickets for this event have been distributed. However, the public is invited to a free simulcast of the event that will be held in City Hall Council Chambers, 401 N. Morton Street. The celebration includes musical performances by the IU African American Choral Ensemble, a cappella group Kaia, and Margaret Chun.

Monroe County Public Library special events for Martin Luther King, Jr. Day:

Readings - 10:00 - 10:45 am and 11:00 - 11:45 am, free, no registration. Readers from Alpha Kappa Alpha Sorority will be reading aloud to children.

A Day On, Not a Day Off Games and Crafts - 10:00 - 12:30. This free event requires no registration. Films in the Library auditorium from 10:00 -12:00.

IU School of Education Seventh Annual King Activity Day for Elementary-Age Children - School of Education

The Cleveland Orchestra Chamber Ensemble - IU Auer Hall in the Simon Building, 3rd & Jordan, 8:00 pm, free and open to the public.

TUESDAY, January 19, 2010

Play Group at the MPRI Patient Resource Center - Join us for organized play at 12:30 each Tuesday. This is an opportunity for parents to catch up on their relaxing and kids to catch up on their playing! Lots of toys including train set, Wii, air hockey, games, crafts and more. Wii Fit is now available, too. Come on over and check it out.

Meet & Greet for all patients and their families - MPRI Patient Resource Center, 4:00 - 5:00 pm. This is an opportunity to get to know others who are receiving treatment, ask questions, and share experiences. Guest speaker this week will be Janice Ross, Olcott Center for Cancer Education.

BINGO – American Legion, 1800 W. 3rd, 7:00 pm, open to the public, food available for purchase.

DEW Designs Demonstration - Venue Fine Art & Gifts, 114 S. Grant, 5:30 pm, free. This mother-daughter design team creates one-of-a-kind greeting cards, refrigerator magnets and needle felt figures. The demonstration begins at 5:30 pm.

Doctoral Recital, Piano - IU Auer Hall in the Simon Building, 3rd & Jordan, 8:00 pm, free and open to the public.

Blues Jam hosted by Cliff & The Guardrails - Players' Pub, 424 S. Walnut, 8:00 pm, no cover.

WEDNESDAY, January 20, 2010

Massage therapist, Karen Marshall - Patient Resource Center, 11:00 - 1:00 pm, call Nancy at 349-2153 to schedule an appointment. Karen offers massages from 15 minutes to an hour at reduced rates ranging from \$5 - \$40. What better way to pamper yourself or a caregiver!

Celebration Meal - Sherwood Oaks Christian Church, 2700 E. Rogers Road, 5:15 pm, adults \$5, \$4 seniors, \$3 children. Please RSVP at 334-0206. All MPRI patients and their families are invited to attend.

The Cleveland Orchestra - IU Auditorium, 1000 E. 7th Street, 8:00 pm, tickets available from the IU Auditorium Box Office at 812-855-7433.

The Postmodern Jazz Quartet - Players' Pub, 424 S. Walnut, 8:00 pm, \$4. This is one of Bloomington's most popular jazz acts. The PMJQ is a "horn band" with sax and trombone backed up by piano, bass and drums.

THURSDAY, January 21, 2010

BINGO – Eagles Lodge, 3100 S. Walnut Street, doors open at 5:30 pm. Open to the public, food will be available for purchase.

IU Women's Basketball vs. Northwestern - IU Assembly Hall, 7:00 pm, (free tickets available include 3 adult and 1 youth - call Nancy at 349-2153 if interested).

"Winter Soups to Warm the Heart" - Bloomington Cooking School, 115 N. College, Suite 014, 6:00 - 8:00 pm, \$54, register at www.bloomington.ivytech.edu/CLL. Warm up winter by learning how to make hearty soups that satisfy the appetite and the eye. Chef O'Neill, with a few powerful techniques, helps you prepare a variety of soups and chowders to please the whole family.

COMING SOON

Dinner & Wine Tasting at Homewood Suites, Monday, January 25, 5:00 - 7:00 pm - Located at 1399 Liberty Drive, Homewood Suites invites all MPRI patients and their families to join in a meal of ricotta stuffed shells, breadsticks and a full salad bar. Oliver Winery will be on hand with several of their wines for sampling. The cost is a minimal \$5 per person. If you are interested, please RSVP to Nancy at 349-2153.

AREA RESOURCES

American Cancer Society - www.cancer.org - 2201 W. Sudbury Drive, Suite C, open 8:30 - 5:00 pm, Monday - Friday - The ACS office has a number of free informational pamphlets and brochures available on a number of topics. They also have a Personal Health Manager kit available for anyone who has had cancer in the past or is currently being treated. The Personal Health Manager kit contains information specific to your diagnosis. Call 1-800-227-2345 (24 hours a day) to request your kit or get further information.

Olcott Center for Cancer Education - 619 W. First Street, open 8:00 - 5:00 pm, Monday - Friday, 353-5669. The Olcott Center has a large lending library of materials available on all types of cancer, diet and nutrition, medical terminology, inspirational testimonials, as well as literature for children with cancer or for dealing with a parent's diagnosis. Don't forget -- the Olcott Center offers **two free massages to anyone undergoing treatment**. To schedule, call 353-5669.

Bloomington Visitors Center - 2855 N. Walnut - You will find a great deal of information about Bloomington and surrounding areas at the Visitor's Center. If you like to explore state parks, attractions, antique stores, historical sites, etc., you should plan to stop by the center and see what they have to offer. It's easy to plan a day-trip for yourself or to plan some activities for family or friends that are coming to Bloomington to visit.

The Center for Lifelong Learning - This is a program within Ivy Tech Community College and offers a wide variety of non-credit courses at very reasonable rates. Classes are held at a variety of venues throughout Bloomington. The spring schedule is just out and classes will begin soon. A wide variety of classes are offered including personal enrichment, health, wellness and cooking, art and photography, computers and workplace skills. To see a complete list of classes go to <http://cll.bloomington.ivytech.edu>.

Commuters - For patients **and** staff who commute to Bloomington on a daily basis, **Jill's House** is a great back-up plan for overnight accommodations in the case of bad weather. With winter weather upon us, it's a good idea to be prepared with the information, just in case. Rates are extremely reasonable. Call Susan at 339-5455 for details.

**MPRI will be open for treatment
Saturday, January 23**