



Proton Therapy Center

COMMUNITY CALENDAR
Feb 4 to Feb 10, 2011

Hello, and welcome to the Indiana University Health Proton Therapy Center. I am excited to return to my position as Patient Concierge after a one month leave due to my husband's medical emergency. I am happy to report that surgery to repair a brain aneurysm was successful and he is resting comfortably at home and doing extremely well. We are very thankful.

I am anxious to meet those of you who have begun treatment in January, as well as catch up with those I met before I left. My office is in the Patient Resource Center, which is located on Milo B. Sampson Lane, just up the road from the clinic. Please stop by

The Patient Resource Center is a place for patients and their families to gather non-medical information such as housing, places to visit, restaurants, public library and YMCA access, school information and any other non-medical information that you need to help you during your stay in Bloomington. We have a nice playroom for the children along with books, toys, crafts, and Wii games. Adults are welcome to stop in and enjoy the peace and quiet with a book, use the computer/printer or use the laundry facilities. The center is a great place for commuters to relax if you arrive early, if there is a delay with the schedule or if you need to rest before returning home.

All patients and their families are eligible for temporary library cards at the public library. You also have free access to the YMCA facilities while in Bloomington. For the children, we have free admission tickets to Wonderlab Science Museum which is located downtown and is a great place for kids of all ages. If you'd like more information, please feel free to contact me. I am generally at the Patient Center Monday – Friday from 8:00 – 5:00 pm. You can reach me by phone or email, both of which are listed below. Please stop by the Patient Center at your convenience. I look forward to meeting you and am happy to assist you.

Nancy Slough
Patient Concierge
812.349.2153
nslough@mpri.org

Food in the Lobby – We are currently treating several pediatric patients who require anesthesia. They are not permitted to eat before their treatment. Please be sensitive to the needs of these patients and discreet with food and drinks in the lobby.

Meet & Greet – The meeting is informal and offers patients and their families an opportunity to meet one another in a social setting. In addition, we have a rotation of speakers which allows you to learn more about your treatment, the facility, staff and their training and much more. Please join us on Tuesdays from 4:00 – 5:15 pm at the Patient Resource Center.

Dietician Available - Do you need suggestions or assistance related to nutrition, diet, or problematic symptoms from treatment that affect eating? **Registered Dietician, Melissa Mercer** is now available to you at the Proton Center on Mondays from 10:00 am to 4:00 pm. If you have questions, need some suggestions or advice or would like to schedule a time to meet with Melissa individually, please contact the Proton Center Nursing staff.

Hats for Patients – Allison, a former MPRI pediatric patient, is a talented young lady who has made several women's and children's hats to be given to patients. She wanted to do something special for those undergoing treatment and has been making these hats for about a year. They are nice, knitted and woven hats that will be great for this cold weather! There's a great selection of colors and patterns. If you are interested, see Nancy (812-349-2153).

Massage Therapist Available -Therapeutic massages are available in January to patients, caregivers and family members of patients, and staff members. **Lydie Robsham** is a licensed massage therapist and is offering her services for \$40 per hour. Lydie has 15 years of experience and offers the following treatments: *Relaxing Swedish Massage, Deep Tissue Massage, Neuromuscular Therapy for Injuries, Active Isolated Stretching, Lymph Drainage.*

To schedule an appointment contact: Nancy Slough, or you may text Lydie at 561.856.0131 or contact her at Jill House, 812.339.5455 ext. 134.

FRIDAY, February 4, 2011

Aerobic Exercise – Twin Lakes Recreation Center Fitness Room, 1700 W. Bloomfield Road, 2:00 – 2:45 pm, free, no admission fee to the Center for those participating in this program.

Senior Volleyball - Twin Lakes Recreation Center Court, 1700 W. Bloomfield Road, Monday – Friday, 9:30 – 11:30 am, free, no admission fee to the Center for those participating in this program.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 – 3:00 pm, free, no admission fee to the Center for those participating in this program.

Movie, "The Social Network" (PG-13) – IU Memorial Union, Whittenberger Auditorium, 900 E. 7th Street, 8:00 and 11:00 pm, \$2. A chronicle of the founding of Facebook, the social-networking Web site.

"Suor Angelica" and "Gianni Schicchi" – IU Opera Theater, Musical Arts Center, 101 N. Jordan Avenue, 8:00 pm, tickets at the MAC Box Office, 812-855-7433 or www.music.indiana.edu/opera.

Singer, Keb 'Mo' – Buskirk Chumley Theater, 114 E. Kirkwood, 8:00 pm, \$36, tickets available at www.buskirkchumley.org. Singer-songwriter and guitarist Keb' Mo's music is a living link to the Delta blues that traveled the expanse of America. He has received three Grammy Awards for Best Contemporary Album and Acoustic Blues Artist of the Year.

Movie, "Mantrap" – IU Cinema, 1201 E. 7th Street, 6:30 pm, free event, but tickets required from the IU Auditorium Box Office. This 1926 silent film features Clara Bow as a young woman living it up in the big city and will feature live piano accompaniment.

Movie "And Everything is Going Fine" – IU Cinema, 1201 E. 7th Street, 9:30 pm, free event, but tickets required from the IU Auditorium Box Office.

Jorgensen Lecture Series presents Accompanist/Composer Philip Carli – IU Cinema, 1201 E. 7th Street, 3:00 pm, free and open to the public. Dr. Carli has accompanied hundreds of films on piano and organ, and recorded piano accompaniments to over seventy films. He will present a lecture on early film adaptations of literary works.

Gallery Walk – First Friday of each month, 5:00 – 8:00 pm in nine downtown art galleries, conveniently located within walking distance of one another, invite you to stroll this month's Downtown GalleryWalk. You'll find a wealth of artwork in nine distinct galleries whose atmospheres range from sophisticated to funky. Whatever your taste in fine art and craft, you're sure to find something you love during the Gallery Walk. To download a map of the participating galleries, go to www.gallerywalkbloomington.com. Or you can begin the walk at Gallery North on the Square, 116 W. Sixth and pick up a map there to the other locations. There are also many restaurants in the downtown area that you can visit.

Cash Cab's host and Comedian, Ben Bailey – Comedy Attic, 4th & Walnut, 8:00 and 10:30 pm, \$20, tickets at 812-336-LAFF or www.comedyattic.com.

"Kissing Frogs" – Bloomington Playwrights Project, 107 W. Ninth Street, 8:00 pm, pay-what-you-can-preview. The BPP debuts their first musical collaboration with IU. "Kissing Frogs" was created by two IU alumni and is made up entirely of IU student actors.

First Friday at Wonderlab – Forged by Fire: Kinetic Fire – Wonderlab Science Museum, 308 W. 4th, 5:00 – 8:30 pm, free children's admission tickets for patients and their families, First Friday admission is reduced to \$3 per person. Explore how fire and heat change certain materials used in the creation of art. The Kali-Ma Fire Troupe will perform with their swirling rings of fire, and artists Matt Meers will display "Fire Dancers", a kinetic sculpture powered by fire.

BINGO – Moose Lodge, 1580 W. Bloomfield Road, 12:30 pm, open to the public.

BINGO – AMVets Post 2000, 4227 Airport Road, doors open at 5:00, bingo at 7:00 pm, open to the public.

"Angels in America Part One: Millennium Approaches" – IU Dept. of Theater & Drama, Wells-Metz Theater, 275 N. Jordan, 7:30 pm, \$15 - \$22 (tickets call 812-855-1103 or www.theatre.indiana.edu). This production presents a portrait of American life in the 1980s when Reagan was president, AIDS was terrifying and little-understood and modern conveniences that we take for granted today didn't exist.

SATURDAY, February 5, 2011

Movie, "The Social Network" (PG-13) – IU Memorial Union, Whittenberger Auditorium, 900 E. 7th Street, 8:00 and 11:00 pm, \$2. A chronicle of the founding of Facebook, the social-networking Web site.

Cash Cab's host and Comedian, Ben Bailey – Comedy Attic, 4th & Walnut, 8:00 and 10:30 pm, \$20, tickets at 812-336-LAFF or www.comedyattic.com.

IU Men's Basketball vs. Iowa - IU Assembly Hall, 1001 E. 17th Street, 4:00 pm, \$15 - \$37, tickets at tickets office in Assembly Hall, www.iuhoosiers.com or at 866-487-7678.

New Music Ensemble – IU Auer Hall in the Simon Building, 200 S. Jordan Avenue, 8:00 pm, free and open to the public.

“Suor Angelica” and “Gianni Schicchi” – IU Opera Theater, Musical Arts Center, 300 S. Jordan Avenue, 8:00 pm, tickets at the MAC Box Office, 812-855-7433 or www.music.indiana.edu/opera.

Presentation by Iditarod Racer Karen Land – Monroe County Public Library, 303 E. Kirkwood, 10:30 am, Ellettsville branch of the Monroe County Public Library, 200 E. Temperance, 3:00 pm, please pre-register at 812-349-3100. Join Karen Land and her Alaskan Husky, Borage, for an inspirational and exciting talk and presentation on the dog sled race, the Iditarod. Karen will show slides of her past races, mushing clothing, and an actual Iditarod sled and gear. But the Husky, Borage, is the star of the show. They have presented this award-winning show over 1,000 times all across the nation.

Oliver Winery Tour and Tasting – Oliver Winery, 8024 N. Highway 37, Noon – 4:30 pm, tours are every half hour, free. Visit Indiana's oldest and largest winery and enjoy free tasting.

Wonka's Chocolate Carnival – Boys & Girls Club of Bloomington, 311 S. Lincoln, 3:00 – 6:00 pm, \$5 per person or \$15 per family. Come visit the Chocolate Carnival! Inspired by the movie “Willy Wonka and the Chocolate Factory”. Booths themed according to personalities of the movie characters will offer games, activities, and contests. Loads of chocolate delicacies including the chocolate river! Each child will have a chance to win one of the golden tickets, with a special prize.

Movie, “Sign of Four” – IU Cinema, 1201 E. 7th Street, 3:00 pm, free event, but tickets required from the IU Auditorium Box Office. This 1923 film is, arguably, the best of the surviving Sherlock Holmes silent features and will be presented with live piano accompaniment.

Movie, “A Woman, A Gun and a Noodle Shop” (Rated R) – IU Cinema, 1201 E. 7th Street, 9:30 pm, free event, but tickets required from the IU Auditorium Box Office. This black comedy thriller is an expose' of how intense desires can consume humanity, and the irony that life never submits to our calculations.

“Kissing Frogs” – Bloomington Playwrights Project, 107 W. Ninth Street, 8:00 pm, pay-what-you-can-preview. The BPP debuts their first musical collaboration with IU. “Kissing Frogs” was created by two IU alumni and is made up entirely of IU student actors.

Special reading with Author, Michael Koryta – Barnes and Noble Booksellers, 2813 E. Third, 1:00 pm, free and open to the public. Koryta will read from his new suspense novel, “The Cypress House”.

Wonderlab's Forged by Fire: Burning Wood – Wonderlab Science Museum, 308 W. 4th Street, 1:30 – 4:30 pm, free children's admission tickets for patients and their families, adults \$7. Artists Sue Westhues will demonstrate her use of a wood-burning pen to draw beautiful designs on gourds. Visitor activities include using a wood-burning pen on a slice of timber and also drawing with charcoal.

"Angels in America Part One: Millenium Approaches" – IU Dept. of Theater & Drama, Wells-Metz Theater, 275 N. Jordan, 7:30 pm, \$15 - \$22 (tickets call 812-855-1103 or www.theatre.indiana.edu). This production presents a portrait of American life in the 1980s when Reagan was president, AIDS was terrifying and little-understood and modern conveniences that we take for granted today didn't exist.

SUNDAY, February 6, 2011

Proton Therapy Systems Tour – Sunday, February 6, 10:00 – Noon, open to patients, friends and family, participants must be at least 13 years of age, may not be pregnant and those who require the use of a pacemaker are not eligible. Cameras are welcome. To reserve a spot, call Nancy at 812-349-2153 by 2:00 pm, Friday, Feb. 4.

IU Women's basketball vs Wisconsin – IU Assembly Hall, 1001 E. 17th Street, 2:00 pm, adults \$5, children \$3.

Senior Recital, Voice – IU Ford-Crawford Hall in the Simon Building, 200 S. Jordan Avenue, 3:00 pm, free and open to the public.

Oliver Winery Tour and Tasting – Oliver Winery, 8024 N. Highway 37, 1:00 – 4:30 pm, tours are every half hour, free. Visit Indiana's oldest and largest winery and enjoy free tasting.

BINGO – American Legion, 1800 W. 3rd, Early Bird at 2:00, bingo at 3:00, open to the public.

Baroque Orchestra – IU Auer Hall in the Simon Building, 200 S. Jordan Avenue, 2:00 pm, free and open to the public.

Concert Orchestra – IU Musical Arts Center, 101 N. Jordan Avenue, 8:00 pm, free and open to the public.

Movie, "Who the #\$&% is Jackson Pollock?" – IU Cinema, 1201 E. 7th Street, 3:00 pm, free event, but tickets required from the IU Auditorium Box Office. This 2006 film, which won an Emmy and Peabody Award, explores the world of art authentication through the experiences of a 73 year old former truck driver who buys a \$5 painting that she learns may be a \$50 million Jackson Pollock.

Movie, "And Everything is Going Fine" – IU Cinema, 1201 E. 7th Street, 6:30 pm, free event, but tickets required from the IU Auditorium Box Office. This 2009 film was directed by Steven Soderbergh and offers a portrait of Spalding Gray.

MONDAY, February 7, 2011

BINGO - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:00 pm, free, no admission fee to the Center for those participating in this program.

All Cancer Support Group – Olcott Center for Cancer Education, 619 W. First Street, 3:00 – 5:00 pm, for patients and families, for more information, call 812-353-5348.

BINGO – Moose Lodge, 1580 W. Bloomfield Road, 6:30 pm, open to the public.

Annual Brass Showcase – IU Auer Hall in the Simon Building, 200 S. Jordan, 6:30 pm, free and open to the public.

Jazz Ensemble – IU Musical Arts Center, 101 N. Jordan Avenue, 8:00 pm, free and open to the public.

Movie, “Reign of Terror” (Rated NR) – IU Cinema, 1201 E. 7th Street, 7:00 pm, free event, but tickets required from the IU Auditorium Box Office. This film is Anthony Mann’s film noir tale of treachery set during the French Revolution.

TUESDAY, February 8, 2011

Meet & Greet – Patient Resource Center, 4:00 – 5:15 pm, all patients and their families welcome. **Guest speaker will be Dawn Wallace, Medical Dosimetrist** (rescheduled from an earlier date).

“Fiddler on the Roof” – February 8 – 9 at the IU Auditorium, tickets \$38 - \$60 at the auditorium box office, 1200 E. 7th street or www.iuauditorium.com.

Talk Antiques – Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:00 pm, free, no admission fee to the Center for those participating in this program.

Aerobic Exercise – Twin Lakes Recreation Center Fitness Room, 1700 W. Bloomfield Road, 2:00 – 2:45 pm, free, no admission fee to the Center for those participating in this program.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 – 3:00 pm, free, no admission fee to the Center for those participating in this program.

All Cancer Support Group – Olcott Center for Cancer Education, 619 W. First Street, 6:30 – 8:30 pm, for patients and families, for more information, call 812-353-5348.

BINGO – American Legion, 1800 W. 3rd, 7:00 pm, open to the public, food available for purchase.

“Fiddler on the Roof” – IU Auditorium, 1200 E. 7th Street, 8:00 pm, tickets \$38 - \$60 at auditorium box office, 1200 E. 7th Street, 812-855-1583 or www.iuauditorium.com.

Mary's Musical Moments – Ellettsville Branch of the Monroe County Public Library, 200 E. Temperance Street, 10:30 am, free and open to the public. Join Children's Librarian Mary Frasier for a fun and active first music experience. Children will tap, clap, sing, move, dance and explore instruments in this tuneful time at the library.

The Art of the Valentine – Venue Fine Art & Gifts, 114 S. Grant, 5:30 pm, free, child-friendly. Create your very own Valentines at this event where some materials and tools will be provided.

Wind Ensemble – IU Musical Arts Center, 101 N. Jordan, 8:00 pm, free and open to the public.

WEDNESDAY, February 9, 2011

Celebration Dinner – Sherwood Oaks Christian Church, 2700 E. Rogers Road, 5:15 – 6:00 pm, \$5 for patients and their families, \$3 children, **RSVP by Monday at 812-334-0206.** This is a nice, home-cooked meal prepared by the women of the church. Church members, patients and the public are invited. Immediately following the dinner, there are a variety of workshops and discussion groups that you are welcome to attend. These are optional.

"Fiddler on the Roof" – February 8 – 9 at the IU Auditorium, tickets \$38 - \$60 at the auditorium box office, 1200 E. 7th Street, 812-855-1583 or www.iuauditorium.com.

Evening Story Time and Craft – Ellettsville Branch of the Monroe County Public Library, 200 E. Temperance, 7:00 pm, free and open to the public. Stories and puppets and music fill the story section of the program and a short craft will follow.

BINGO - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 1:00 pm, free, no admission fee to the Center for those participating in this program.

Euchre - Twin Lakes Recreation Center, 1700 W. Bloomfield Road, 10:30 – 3:00 pm, free, no admission fee to the Center for those participating in this program.

International Folk Dance - Twin Lakes Recreation Center Fitness Room, 1700 W. Bloomfield Road, 1:30 – 3:00 pm, free, no admission fee to the Center for those participating in this program.

University Orchestra – IU Musical Arts Center, 101 N. Jordan, 8:00 pm, free and open to the public.

BINGO – AMVets Post 2000, 4227 Airport Road, doors open at 5:00, bingo at 7:00 pm, open to the public.

"Project Hh: The Hoosier Short-Play Showcase" – Ivy Tech Waldron Arts Center Rose Firebay, 122 S. Walnut, 7:30 pm, \$5 - \$8 admission. This program features eight 10-minute plays and eight short monologues, all world premieres, and all have been developed by Theatre of the People.

THURSDAY, February 10, 2011

Renovation + Recycle = Art! – Monroe County Public Library, 303 E. Kirkwood, 7:00 pm, free, please register at 812-349-3100. We are recycling tile scraps from the recent library remodel and creating linoleum block prints. This is for beginning artists through those more accomplished. All supplies are provided – just bring y our creative spirit.

Preschool Story Time – Ellettsville Branch of the Monroe County Public Library, 200 E. Temperance Street, 10:15 am, free and open to the public.

Evening Family Story Time – Monroe County Public Library, 303 E. Kirkwood, 6:30 pm, free and open to the public. Join us for stories and more, just before bedtime. Please register your family at 812-349-3100.

Teen Movie Night: “Scott Pilgrim vs the World” (PG-13) – Ellettsville Branch of the Monroe County Public Library, 200 E. Temperance Street, 7:00 pm, free. Catch a flick and enjoy a snack. In this film, Ramona’s seven exes stand between Scott and true happiness. Can Scott beat the bad guys and get the girl without turning his precious little life upside-down?

Jorgensen Lecture Series presents Director Jill Godmilow – IU Cinema, 1201 E. 7th Street, 3:00 pm, free and open to the public.

Doctoral Recital, Piano – IU Recital Hall, 1201 E. 3rd, 7:00 and 8:30 pm, free and open to the public.

AREA RESOURCES

Monroe County YMCA – All patients and their families are offered free access to the YMCA facility. We are fortunate to have a great facility here which includes a nice indoor track and indoor pool. For information about how to access the Y, see Nancy or call 349-2153.

A great program at the Y is the W.I.S.E program (Working Out to Improve Strength and Endurance). This program specifically targets those undergoing treatment for cancer, however, family members can also participate. There is a minimal \$15 per person cost for a month. A YMCA staff person will work directly with you to set up a program that will help you build your strength and endurance. This is like having a personal trainer working directly with you on your goals. You can attend up to six times per week. For more information about this program, contact Margie Kobow at the YMCA – 332-5555, ext. 121

AREA MUSEUMS

Elizabeth Sage Historic Costume Collection – 1021 E. 3rd, 812-855-04627, www.indiana.edu/~sagecoll.

Indiana Geological Survey – Geology Building, 611 N. Walnut Grove, 812-855-7636, igs.indiana.edu.

Indiana University Art Museum – Fine Arts Plaza, 1000 E. 7th Street, 812-855-5445, open Tuesday – Saturday 10:00 – 5:00, Sunday 12:00 – 5:00, free admission.

Kinsey Institute – Morrison Hall, Room 313, 1165 E. 3rd Street, 812-855-7686, open Monday – Friday, 2:00 – 4:00.

Lilly Library – Fine Arts Plaza, 1000 E. 7th Street, 812-855-2452, www.indiana.edu/~liblilly.

Mathers Museum of World Cultures – 416 N. Indiana Avenue, 812-855-6873, www.indiana.edu/~mathers – Tuesday – Friday 9:00 – 4:30, Saturday – Sunday 1:00 – 4:30, free admission.

Monroe County History Center – 202 E. 6th Street, 812-332-2517, www.monroehistory.org, Tuesday – Saturday 10:00 – 4:00, adults \$2, children 6 – 17 \$1, under 6 free.

WonderLab Museum of Science, Health and Technology – 308 W. 4th Street, 812-337-1337, www.wonderlab.org – Tuesday – Saturday 9:30 – 5:00, Sunday 1:00 – 5:00, closed Monday and some major holidays – **free children's admission tickets for patients and their families** (see Nancy) children 1 – 17 \$6, adults \$7.

Wylie House Museum – 307 E. 2nd Street, 812-855-6224, www.indiana.edu/~libwylie, Tuesday – Saturday 10:00 – 2:00, free admission, donations welcome.

AREA WINERIES

Brown County Winery – 4520 E. St. Rd. 46, Nashville – 812-988-6144, www.browncountywinery.com.

Butler Winery – 6200 E. Robinson Road, Bloomington, 812-332-6660, www.butlerwinery.com.

Chateau Thomas – 225 S. Van Buren Street, Nashville – 812-988-8500, www.chateauthomas.com.

Oliver Winery – 8024 N. St. Road 37, Bloomington, 812-876-5800, www.oliverwinery.com.

Simmons Winery – 8222 E. 450 N, Columbus – 812-546-0091, www.simmonswinery.com.

